



Lakeland Trails 2024 Series Championships - 10k Trail Run Spring Series



Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
1	Mark Wilson	m	MV 50	No Drama Llamas Running	957	964	958	2879
2	James Bartholomew	m	MV 50		927	955	941	2823
3	Korinne Shaw	f			920	940	956	2816
4	Lee Barlow	m	MV 40		900	947	954	2801
5	Katie Palmer	f	FV 40		923	925	945	2793
6	Alan Wilson	m	MV 60	Glaxo Hoad Hill Harriers	930	924	932	2786
7	Peter Jones	m	MV 50		909	937	922	2768
8	Margaret Lupton	f	FV 50	Red Rose Road Runners	871	875	911	2657
9	Jimmy Hark	m	MV 40	Nob end run club	835	880	914	2629
10	Nicola Stanley	f	FV 50		833	866	921	2620
11	Alison Thorburn	f	FV 50	Eden Runners	870	861	882	2613
12	Stuart Edwards	m	MV 60	Lonely Goat	862	863	888	2613
13	Belinda Schofield	f	FV 50		842	874	889	2605
14	Sarah Douthwaite	f	FV 40		848	860	870	2578
15	Richard Clements	m	MV 50	Hip Replacement Runners	838	864	871	2573
16	Andy Glen	m	MV 40	Nob End Run Club	834	846	829	2509
17	Jayne Dore	f	FV 50		769	856	884	2509
18	Deborah Thorneycroft	f	FV 50		830	828	841	2499
19	Robert Myatt	m	MV 60		789	836	855	2480
20	Andrea Lancaster	f	FV 40		817	802	851	2470
21	Mark Shaw	m	MV 50		779	805	886	2470
22	Peter Burlingham	m	MV 40		806	800	820	2426
23	Martin Bates	m	MV 60	Wesham Road Runners	827	787	798	2412
24	Danielle Brockley	f			752	814	824	2390
25	Mark Aldam	m	MV 60		750	768	850	2368
26	Lesley Nixon	f	FV 50	Red Rose Road Runners	770	757	822	2349

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
27	Jayne Batt	f	FV 60		756	729	808	2293
28	Danny Thompson	m	MV 60		737	743	804	2284
29	Sian Saxby	f	U21	DCH Run Club	718	720	780	2218
30	Dawn Saxby	f	FV 50	DCH Run Club	717	723	778	2218
31	Brian Winder	m	MV 70	Trailblazers	705	725	782	2212
32	Melissa Grocock	f	FV 40		689	735	787	2211
33	Helen Jones	f	FV 40		726	692	770	2188
34	Helen Bowerman	f	FV 50		733	689	748	2170
35	John Melling	m	MV 60		680	698	763	2141
36	Tracey Brocklehurst	f	FV 60		695	684	745	2124
37	Edward Melling	m	MV 60		669	666	737	2072
38	Helen Patten	f	FV 50	Red Rose Runners	668	644	733	2045
39	Ann Kisluk	f	FV 50	Eccleshill Road Runners	646	641	718	2005
40	James Barsby	m			999	0	994	1993
41	Charlie Barnes	m	U21		991	996	0	1987
42	Ben Taylor	m	U21		987	991	0	1978
43	Ross Whitaker	m	U25		0	989	987	1976
44	Stuart Chandler	m			975	974	0	1949
45	Andrew Fairweather	m	MV 40	Red rose road runner	968	958	0	1926
46	Molly Hale	f	U25		0	959	965	1924
47	Matty Brown	m			947	968	0	1915
48	Rachel Crow	f			970	0	944	1914
49	Martin Dick	m	MV 50		952	962	0	1914
50	Phil Blakey	m	MV 60		945	953	0	1898
51	Alan Parker	m	MV 50		0	946	948	1894
52	Lucy Zaboklicka	f	FV 40	Furness Fell Runners	944	943	0	1887
53	Stephen Jolly	m	MV 60	Allithwaite Running Club	0	939	939	1878
54	Calum Cook	m			908	952	0	1860
55	Ralph Liddell	m	MV 70	Eden Runners	926	0	933	1859
56	Alan Boyd	m	MV 50		898	938	0	1836
57	Jen Henry	f			895	930	0	1825
58	Alison Gill	f	FV 50		0	894	925	1819
59	david hill	m			915	0	896	1811
60	Sally Barton	f	FV 60	Glaxo Hoad Hill Harriers	891	0	917	1808

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
61	John Sinclair	m	MV 50	Craven Energy	872	915	0	1787
62	Alison Mcgregor	f			876	0	903	1779
63	Richard Cross	m	MV 60		0	868	898	1766
64	Simon Barton	m	MV 60	Glaxo Hoad Hill Harriers	875	0	890	1765
65	Diane Carson	f	FV 60	Park View 4U Run Group	869	0	892	1761
66	Graeme Atkinson	m	MV 50		866	886	0	1752
67	Simon Cowling	m	MV 40		0	855	885	1740
68	Tim Smith	m	MV 50		878	0	835	1713
69	Ian Walker	m	MV 60	Glaxo Hoad Hill Harriers	832	0	881	1713
70	Josh Snalam	m			847	858	0	1705
71	Nicky Owen	f	FV 60	Cheshire Hash House Harriers	849	0	848	1697
72	Felicity Cross	f	FV 60	Preston Harriers	844	843	0	1687
73	Caitlin Fawkes	f	U25		807	0	874	1681
74	Shirley Spratt	f	FV 60		818	0	854	1672
75	Wendy Birkett	f	FV 60	Ambleside Athletic Club	810	862	0	1672
76	Rebecca Hilton	f		St Bees Triers	822	849	0	1671
77	Mal Smith	m	MV 50	Ashington Hirst running club	0	816	852	1668
78	Matthew Almond	m	MV 40	Lancaster Runners	0	833	831	1664
79	Chloe Almond	f		Lancaster Runners	0	832	830	1662
80	Karyn Harper	f	FV 50		825	834	0	1659
81	Iain Peacock	m	MV 40		0	827	821	1648
82	Michael Lawton	m	MV 50		865	782	0	1647
83	Helen Taylor	f	FV 50		0	793	838	1631
84	Sarah Longstaff	f			788	838	0	1626
85	Fiona Jackson	f	FV 40		766	0	846	1612
86	Lucy Johnson	f	FV 40		765	0	845	1610
87	Claerwen Snell	f	FV 40	Didsbury Runners	794	807	0	1601
88	Michael McCann	m			0	878	719	1597
89	Gemma Garcia	f	U25		0	744	840	1584
90	Joyce Hill	f	FV 60		760	0	823	1583
91	Carol Cox	f	FV 50		764	0	809	1573
92	Fiona Richardson	f	FV 50	Batala	846	713	0	1559
93	Chelsea Scanlon	f		FFR	768	784	0	1552
94	Ben Higginson	m	MV 60	Preston Harriers	0	727	825	1552

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
95	Dan Scanlon	m		FFR	772	772	0	1544
96	Simon Whelan	m	MV 50		747	791	0	1538
97	Tessa Tracey	f	FV 60		721	0	810	1531
98	Shaun Mccullough	m	MV 50		0	732	799	1531
99	Felicity Cunningham	f	FV 60	Parkview Lytham	700	0	827	1527
100	Alison Hodges	f	FV 50	Blackhill Bounders	741	783	0	1524
101	Laura Leitch	f			690	0	833	1523
102	Brian Richardson	m	MV 60	blackhill bounders	738	781	0	1519
103	Phil Jones	m	MV 50		748	767	0	1515
104	Wolfgang Altenau	m	MV 70		745	762	0	1507
105	Catherine Cooper	f	FV 60	Lyme Runners	742	764	0	1506
106	Fiona Dridge	f	FV 50	Thornton Cleveleys Running Club	753	748	0	1501
107	Natasha Cruickshank	f	FV 40		724	0	777	1501
108	Alison Leach	f	FV 70		707	0	788	1495
109	Rosalie Liddell	f	FV 60	Eden Runners	725	0	768	1493
110	Judith Barker	f	FV 50		719	0	759	1478
111	Katie Welch	f	FV 60		751	0	726	1477
112	Samantha Sunderland	f	FV 50		711	0	765	1476
113	Beth Sunderland	f			710	0	766	1476
114	Susan Averill	f	FV 50	Watnall Warriors	723	750	0	1473
115	Joan Carlsson	f	FV 70		699	0	773	1472
116	Jessica Collins	f			762	706	0	1468
117	Dan Horton	m			761	705	0	1466
118	Audrey Gresty	f	FV 60	Thornton Cleveleys Running Club	0	716	738	1454
119	Abigail Jardine	f	FV 40	Eden Runners	0	696	758	1454
120	Jenny Coupland	f	FV 40		713	728	0	1441
121	Nicky Graves	f	FV 50	Batala Drummers	729	710	0	1439
122	Gail Richards	f	FV 40	Evenwood Road Runners	692	0	724	1416
123	Mark Taylor	m	MV 60	Audenshaw Asthmatics	703	712	0	1415
124	Julie Spencer	f	FV 50		0	665	747	1412
125	Kathryn Atkinson	f	FV 40	Trawden Athletic Club	0	654	751	1405
126	Giselle Collins	f	FV 50		694	708	0	1402
127	Dale Collins	m	MV 50		693	707	0	1400
128	Ruth Wood	f	FV 40		653	0	729	1382

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
129	Amanda Cirelli	f	FV 50		650	717	0	1367
130	Kay Standing	f	FV 60	Mikeller Running Club Liverpool	688	676	0	1364
131	Richard Macfarlane	m	MV 40		645	0	715	1360
132	Lynne Evans	f	FV 60		682	668	0	1350
133	Christina Davies	f	FV 40		673	658	0	1331
134	Edwina Rickards Collinson	f	FV 60	Crocwalkers	0	625	703	1328
135	Sally Wilkinson	f	FV 50	Get Over Yourself	0	624	704	1328
136	Jane Malcolm	f	FV 50	Jogscotland	672	630	0	1302
137	Fiona Gutteridge	f	FV 40	Red Rose Road Runners	657	645	0	1302
138	Alison Dick	f	FV 50	Red Rose Road Runners	658	643	0	1301
139	Craig Blakey	m		Bowland Fell Runners	1000	0	0	1000
140	Adam Sciacca	m		Preston Harriers	0	1000	0	1000
141	Joe Kenny	m		Helm Hill	0	0	1000	1000
142	Charlie Player	m			0	999	0	999
143	David Parkin	m	MV 50	Leeds City AC	0	0	999	999
144	Tim Chadwick	m		Wharfedale Harriers	998	0	0	998
145	Bethan Lowe	f			0	998	0	998
146	Simon Whittaker	m	MV 40	Helm Hill	0	0	998	998
147	Christopher Nattress	m	MV 40		997	0	0	997
148	Javier Cabrero Blanco	m			0	997	0	997
149	Christopher Pell	m		Cambridge And Coleridge Ac	0	0	997	997
150	Jake Higham	m			996	0	0	996
151	Karl Dickenson	m		Lonely Goat Rc	0	0	996	996
152	Michael Gaddas	m			995	0	0	995
153	Daniel McDonagh	m			0	995	0	995
154	Macauley Bond	m			0	0	995	995
155	Ian Bilton	m		Hartlepool Burn Road Harriers	994	0	0	994
156	Adrian Filipek	m			0	994	0	994
157	Shaun Malone	m	MV 40		993	0	0	993
158	Tony Mills	m	MV 50	Valley Striders AC	0	993	0	993
159	Andrew Maltman	m			0	0	993	993
160	Sam Liddell	m			992	0	0	992
161	Owen Ford	m	U21		0	992	0	992
162	Matt Lowther	m			0	0	992	992

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
163	Daniel Dickinson	m		North Bolton Runners	0	0	991	991
164	Daniel Holmes	m	MV 40		990	0	0	990
165	Riley Knight	m			0	990	0	990
166	Eleanor Ashcroft	f		Denbigh Harriers	0	0	990	990
167	Rosie De Laune	f			989	0	0	989
168	Ken Montgomery	m	MV 40	Halifax Harrier	0	0	989	989
169	Ben Holland	m			988	0	0	988
170	Jim Andrews	m	MV 50	Ambleside	0	988	0	988
171	Simon Barnes	m		COLT	0	0	988	988
172	MISS MHAIRI WATRET	f	U25		0	987	0	987
173	Matthew Ashton	m	MV 40	Bad Boy Running Club	986	0	0	986
174	John Reardon	m			0	986	0	986
175	Suzie Freer	f			0	0	986	986
176	Alex Parry	m	U21		985	0	0	985
177	Matt Marshall	m	MV 40		0	985	0	985
178	Sophie Hunt	f			0	0	985	985
179	Neil Mistry	m			984	0	0	984
180	Mark Wilson	m	MV 40	Holmfirth harriers	0	984	0	984
181	Toby Carway	m			0	0	984	984
182	Dave Park	m		Red Rose Road Runners	983	0	0	983
183	Tom Buckley	m			0	983	0	983
184	Dan Lowthorpe	m	MV 40		0	0	983	983
185	Sasha Oldham	f	U21		982	0	0	982
186	Anna Hoogkamer	f			0	982	0	982
187	Ewen Turner	m	MV 40		0	0	982	982
188	Sally Braithwaite	f	U25	Eden runners	981	0	0	981
189	Anthony Irving	m	MV 40		0	981	0	981
190	Harry J Vaneris	m	MV 40		0	0	981	981
191	John Cull	m	U21		980	0	0	980
192	kevin Berry	m			0	980	0	980
193	Matt Allen	m			0	0	980	980
194	Jack Wilson	m			979	0	0	979
195	Daniel Leonard	m			0	979	0	979
196	Carl Wild	m	MV 40		0	0	979	979

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
197	Tom Oldham	m	MV 50		978	0	0	978
198	Josh Crowther	m			0	978	0	978
199	Steve Jones	m	MV 40		0	0	978	978
200	Neil Croskery	m	MV 50		977	0	0	977
201	Sophie Lawton	f	U25		0	977	0	977
202	Alan Huggon	m	MV 50	Border Reiver Runners	0	0	977	977
203	Josh Holland	m			976	0	0	976
204	Emm Cassidy	f			0	976	0	976
205	ADAM TASKER	m	MV 40		0	0	976	976
206	Amy Pickworth	f	FV 40	Darlington harriers	0	975	0	975
207	Paula Pilling	f	FV 40	Bolton Triathlon Club	0	0	975	975
208	James Wadsworth	m			974	0	0	974
209	Eilidh Wagstaff	f			0	0	974	974
210	Freya Billingham	f	U25	Netherhall AC	973	0	0	973
211	Martyn Cottiss	m	MV 50	Ashington Hirst Running Club	0	973	0	973
212	Tanya Lambert	f	FV 50	Eden Runners	0	0	973	973
213	Luke Bell	m			972	0	0	972
214	Alfie Smith	m	U21		0	972	0	972
215	Peter Maguire	m	MV 40	Derwent Valley Running Club	0	0	972	972
216	David Lea	m	MV 50	Eden Runners	971	0	0	971
217	George Wrona	m			0	971	0	971
218	Jose Gonzalez	m			0	0	971	971
219	Jonny Borg	m			0	970	0	970
220	William wagstaff	m	MV 60		0	0	970	970
221	Ben de Laune	m	MV 40		969	0	0	969
222	Joe Wilcox	m			0	969	0	969
223	Robbie Jones	m	MV 50		0	0	969	969
224	Matt Fairhurst	m			0	0	968	968
225	Jason Halliwell	m			967	0	0	967
226	Julia Gray Carnaffin	f	FV 60	Jog On The Tyne	0	967	0	967
227	Carl Joynson	m	MV 40		0	0	967	967
228	Dorota Fish	f			966	0	0	966
229	Matthew MADDOCK	m	MV 40		0	966	0	966
230	Nick Brookes	m	MV 50		0	0	966	966

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
231	Francesca Kearney	f		U/a	965	0	0	965
232	Matt Roche	m			0	965	0	965
233	Simon Mccarthy	m		U/a	964	0	0	964
234	Debbie Howard	f	FV 50	Furness Fell Runners	0	0	964	964
235	Gavin Holmes	m			963	0	0	963
236	Tom Halliwell	m	MV 40	Nob End Run club	0	963	0	963
237	Shane Mcquillan	m			0	0	963	963
238	Emma Lawton	f	U25		962	0	0	962
239	david whitley	m	MV 50		0	0	962	962
240	Cameron Ives	m	U21		961	0	0	961
241	Steven Livingstone	m		Derwent Valley Running Club	0	961	0	961
242	Paul Myers	m	MV 50	Billinge running club	0	0	961	961
243	Steve Wilkinson	m	MV 40		960	0	0	960
244	Jim Bowman	m	MV 40		0	960	0	960
245	Ian Davenport	m	MV 50		0	0	960	960
246	Josh Comley	m	MV 40		959	0	0	959
247	Amy Ball	f	FV 40	RRC	0	0	959	959
248	Graham Pickering	m			958	0	0	958
249	Daniel Ford	m	MV 40	Bunfit	0	957	0	957
250	Richard Lambert	m	MV 50	Eden Runners	0	0	957	957
251	Laura Leslie	f	FV 40	BRAT	956	0	0	956
252	James Jardine	m	MV 40	Eden Runners	0	956	0	956
253	Alison Oldham	f	FV 50		955	0	0	955
254	Jane Thomas	f		Sale Harriers	0	0	955	955
255	Joe Taylforth	m			954	0	0	954
256	Liam Hall	m			0	954	0	954
257	Mark Foden	m	MV 40		953	0	0	953
258	Paul Smith	m	MV 40		0	0	953	953
259	Jessica Cocker	f		Cambridge And Coleridge Ac	0	0	952	952
260	Richard Brown	m	MV 40	Belper Harriers	951	0	0	951
261	Craig Tett	m			0	951	0	951
262	Joseph Peate	m	MV 50		0	0	951	951
263	Darrel White	m			950	0	0	950
264	Richard Hunter	m			0	950	0	950

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
265	Russell Thompson	m	MV 60		0	0	950	950
266	Andrew Backhouse	m	MV 50		949	0	0	949
267	ANDREW NALBORCZYK	m	MV 40		0	949	0	949
268	Michael Devlin	m	MV 40		0	0	949	949
269	Chris Dunn	m	MV 40	Nob End running club	948	0	0	948
270	Phil Anderson	m	MV 40	Riversway Roadrunners	0	948	0	948
271	Christopher Rowland	m	MV 40		0	0	947	947
272	Mark Wilding	m	MV 50		946	0	0	946
273	David Hull	m	MV 60		0	0	946	946
274	Jeff Conabere	m	MV 50		0	945	0	945
275	Lewis Mcintyre	m	MV 60		0	944	0	944
276	Jack Liddell	m			943	0	0	943
277	William Burgess	m	MV 60	Cheshire Hash House Harriers	0	0	943	943
278	Ian Williamson	m	MV 50	Chorlton Runners	942	0	0	942
279	Alison Piron	f	FV 40		0	942	0	942
280	Erin Crompton	f	U25	Nob End	0	0	942	942
281	Elsie Roberts	f	FV 40	Glaxo Hoad Hill Harriers	941	0	0	941
282	Anthony Mclaughlan	m	MV 50	Altrincham Old Fellers	0	941	0	941
283	Graham Pinder	m	MV 60	Hoadhill Harriers	940	0	0	940
284	Connor Harris	m			0	0	940	940
285	Daniel Robinson	m			939	0	0	939
286	Andrew Baker	m			938	0	0	938
287	Simon Cocker	m	MV 60		0	0	938	938
288	Ashleigh Atkinson	f			937	0	0	937
289	Michal Wozniak	m	MV 40		0	0	937	937
290	Olivia Wiggans	f			936	0	0	936
291	Joel Stanier	m		Red Rose Road Runners	0	936	0	936
292	Kayleigh Webster	f			0	0	936	936
293	Lee Holman	m	MV 50		935	0	0	935
294	Jo Andrews	f	FV 50		0	935	0	935
295	Christina Marechal	f			0	0	935	935
296	Holly Radcliffe	f			934	0	0	934
297	Barbara Ford	f	FV 40	Warriors PAC	0	934	0	934
298	Sandra Myers	f	FV 50	Billinge running club	0	0	934	934

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299	Tim Brion	m	MV 40		933	0	0	933
300	Tim Cullimore	m	MV 50		0	933	0	933
301	Tom Prescott	m	U21	Billinge Running Club	932	0	0	932
302	Allison Pilling	f			0	932	0	932
303	Peter Gibb	m	MV 40		931	0	0	931
304	Des Cannon	m	MV 60	Kendal Tri Club	0	931	0	931
305	David Goodier	m	MV 40		0	0	931	931
306	fiona mashiter	f	FV 50	Ulverston Tri Club	0	0	930	930
307	Dawn Bennett	f	FV 40	Vale of York Athletic Community	929	0	0	929
308	Brenda Rutter	f	FV 60		0	929	0	929
309	Peter Foster	m	U21		0	0	929	929
310	Jonathan Booth	m			928	0	0	928
311	David Mccluskey	m	MV 40		0	928	0	928
312	Sarah Weston	f	FV 40		0	0	928	928
313	Gary Cattermole	m	MV 60		0	927	0	927
314	Yvonne Hung	f	FV 40		0	0	927	927
315	Heather Taylor	f	FV 40		0	926	0	926
316	Jeroen van Vuuren	m	MV 40		0	0	926	926
317	Laura Hewitson	f	FV 40	St Bees Triers	925	0	0	925
318	Jenny Jacques	f		St Bees Triers	924	0	0	924
319	Kate Formstone	f	FV 40		0	0	924	924
320	Aaron Smith	m			0	923	0	923
321	CLIFF ETHERDEN	m	MV 70		0	0	923	923
322	Alice Bradshaw	f			922	0	0	922
323	Daniel Stevens	m			0	922	0	922
324	KEVIN SIM	m	MV 40		921	0	0	921
325	Duncan Ford	m	MV 50		0	921	0	921
326	Lee Hughes	m			0	920	0	920
327	Glenn Morris	m	MV 50	Running Bear	0	0	920	920
328	Hazel Cottam	f			919	0	0	919
329	Hannah Blundell	f		Rivington Run Club	0	919	0	919
330	David Webster	m	MV 40		0	0	919	919
331	Diane Hopper	f	FV 40		918	0	0	918
332	Darran Hull	m	MV 50	Springfield Striders	0	918	0	918

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
333	Rory Crone	m	MV 50		0	0	918	918
334	Calum Bickerton	m	U25	Backworth Cricket Club	917	0	0	917
335	Helen Blunt	f	FV 40		0	917	0	917
336	Amy Bradley	f			916	0	0	916
337	Sarah Sims	f	FV 50		0	916	0	916
338	Joanna Popiela	f			0	0	916	916
339	Martin Fu	m			0	0	915	915
340	Laura Ashton	f	FV 40	Bad Boy Running Club	914	0	0	914
341	Michael Bellwood	m		N/a	0	914	0	914
342	Laura Hindle	f		FVO	913	0	0	913
343	Cora Bryan	f			0	913	0	913
344	Lisa Hall	f	FV 40		0	0	913	913
345	Rebecca Willmott	f		Vegan Runners	912	0	0	912
346	Karen Smith	f	FV 50	Ashington Hirst Running Club	0	912	0	912
347	Al Houghton	m	MV 40	Trawden Athletic Club	0	0	912	912
348	Tanya Blake Miller	f	FV 50		911	0	0	911
349	Nigel Forster	m	MV 50		0	911	0	911
350	Sally Caton	f	FV 50	Stainland Lions Running Club	910	0	0	910
351	Rosina Merrett	f	FV 40		0	910	0	910
352	Dan McCandlish	m			0	0	910	910
353	Katherine France	f	FV 40		0	909	0	909
354	Emma Findlay	f			0	0	909	909
355	Sandra Connell	f	FV 60		0	908	0	908
356	Matthew Slater	m	U21		0	0	908	908
357	George Thompson	m			907	0	0	907
358	Pete Lashley	m	MV 50		0	907	0	907
359	Anthony Slater	m	MV 50		0	0	907	907
360	Helen Lawrenson	f	FV 50	Blackpool Wyre & fylde AC	906	0	0	906
361	Steve Roe	m	MV 50		0	906	0	906
362	Philip Whitfield	m	MV 50	Eden Runners	0	0	906	906
363	Jonathan Davis	m	MV 40		905	0	0	905
364	Justine Roe	f	FV 50		0	905	0	905
365	Stef Williams	f	FV 50		0	0	905	905
366	Chris Dixon	m	MV 40		904	0	0	904

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
367	ELIZABETH HUNTER	f	FV 40		0	904	0	904
368	Ellie Coates	f	U25		0	0	904	904
369	anna kirk	f			903	0	0	903
370	Nick Doy	m			0	903	0	903
371	Howard Rand	m	MV 50		902	0	0	902
372	Dan Jackson	m	MV 40		0	902	0	902
373	Julie Gate	f	FV 50	Eden Runners	0	0	902	902
374	Jason Doggett	m			901	0	0	901
375	Lucy Bowman	f	U21		0	901	0	901
376	Jennifer Coates	m			0	0	901	901
377	Malcolm Alderton	m	MV 60	Chorley Runners	0	900	0	900
378	Kieran Waller	m			0	0	900	900
379	James Skivington	m			899	0	0	899
380	Chris Hughes	m	MV 40		0	899	0	899
381	Clare Cotton	f			0	0	899	899
382	Chris Sloan	m	MV 40		0	898	0	898
383	Lauren Morris	f			897	0	0	897
384	Richard Dawson	m	MV 40		0	897	0	897
385	Patrick Richardson	m			0	0	897	897
386	Alice Marsden	f			896	0	0	896
387	Chris Price	m	MV 60	Kendal AAC	0	896	0	896
388	Paul Senior	m			0	895	0	895
389	Alecia Johnstone	f	FV 40		0	0	895	895
390	Stuart Anderson	m	MV 40		894	0	0	894
391	Simon Tomlinson	m	MV 50		0	0	894	894
392	Sophie Newbould	f		Skipton Ac	893	0	0	893
393	Shirley Buckley	f	FV 60	The Stragglers	0	893	0	893
394	Hannah Greenwood	f			0	0	893	893
395	Rebecca Brigg	f	FV 40		892	0	0	892
396	Fliss Milner	f	FV 60	Dark Peak Fell Runners	0	892	0	892
397	Stephanie Bond	f			0	891	0	891
398	Tim Farron	m	MV 50	Dallam Runners	0	0	891	891
399	Katie Wilkinson	f	FV 50		890	0	0	890
400	Andy Counce	m			0	890	0	890

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
401	Ben Jackson	m			889	0	0	889
402	Ian Lockhart	m	MV 40		0	889	0	889
403	Marie Stolbrink	f			888	0	0	888
404	Christopher Cox	m	MV 60		0	888	0	888
405	Jack Croskery	m	U21		887	0	0	887
406	David Leech	m			0	887	0	887
407	Julie Muggleton	f	FV 50		0	0	887	887
408	curtis rutter	m			886	0	0	886
409	Ruth Jack	f			885	0	0	885
410	Dawn Wicks	f	FV 50		0	885	0	885
411	Simon Williams	m	MV 50		884	0	0	884
412	Jonathan Hughes	m		NARC	0	884	0	884
413	Hannah Croskery	f	U25		883	0	0	883
414	Dawn Jones	f	FV 50	Harlow Athletic Club	0	883	0	883
415	Jackie Watts	f	FV 40		0	0	883	883
416	David Stephens	m	MV 60	Clwydian Range Runners	882	0	0	882
417	Gemma Kenny	f			0	882	0	882
418	Matt McCormack	m			881	0	0	881
419	Martin Ashcroft	m	MV 40		0	881	0	881
420	Katie McCormack	f			880	0	0	880
421	Ellie Brown	f			0	0	880	880
422	lucy barnes	f	U25	Keele University	879	0	0	879
423	Helen Dyche	f	FV 40	Washland Women Runners	0	879	0	879
424	James Buckingham	m	MV 60	Penarth and Dinas Runners	0	0	879	879
425	Samuel Wroe	m			0	0	878	878
426	Paul Amiss	m	MV 50		877	0	0	877
427	Jacq Charles	f	FV 40	Wirral Vikings Trc	0	877	0	877
428	Sally Gardner	f	FV 50		0	0	877	877
429	Gemma Lodge	f			0	876	0	876
430	Carrie Pearson	f	FV 40		0	0	876	876
431	Lucie MacArthur	f	FV 40		0	0	875	875
432	Nick Bell	m	MV 60	Savvy Park Runrz	874	0	0	874
433	lucinda stone	f	FV 40	Staffs moorlands	873	0	0	873
434	Kate Peers	f	FV 40		0	873	0	873

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
435	Jason Copper	m	MV 50		0	0	873	873
436	Lesley Wallace	f	FV 50	Women on the Run	0	872	0	872
437	Carla Benaron	f	FV 40		0	0	872	872
438	Robbie Shuttleworth	f			0	871	0	871
439	michael johnson	m	MV 60		0	870	0	870
440	Gary Thacker	m	MV 60		0	869	0	869
441	Matthew Swann	m			0	0	869	869
442	Luke Kenealy	m	MV 40		868	0	0	868
443	Sian Mccamon	f			0	0	868	868
444	Claire Doffegnies	f			867	0	0	867
445	Sarah McGrath	f	FV 40	Ramsbottom Running Club	0	867	0	867
446	Rosie Egan	f	FV 60	Cheshire Hash House Harriers	0	0	867	867
447	Glyn Mcgovern	m	MV 60		0	0	866	866
448	Gill Leigh	f	FV 50		0	865	0	865
449	James Murphy	m			0	0	865	865
450	Helen Jones	f	FV 40		864	0	0	864
451	Michael Quigley	m	MV 50	Ashington Hirst Running Club	0	0	864	864
452	Daniel Hatton	m			863	0	0	863
453	David Williams	m	MV 50		0	0	863	863
454	Isobel Williamson	f	FV 70		0	0	862	862
455	Nicole Patterson	f			861	0	0	861
456	Vinny Hulton	m	MV 40	Nob End Running Club	0	0	861	861
457	Elaine Prescott	f	FV 40	Billing Running Club	860	0	0	860
458	Amy Cook	f	U25		0	0	860	860
459	Samuel Peacock	m	U21		859	0	0	859
460	Paul Scally	m	MV 50		0	859	0	859
461	Dave Thompson	m	MV 60		0	0	859	859
462	Tom Stowell	m			858	0	0	858
463	Rebecca Meeten	f	FV 50		0	0	858	858
464	Amanda Deane	f		Furness Fell Runners	857	0	0	857
465	Rosie Cole	f			0	857	0	857
466	Anthony Marechal	m	MV 60		0	0	857	857
467	Alex Gault	f			856	0	0	856
468	Simon Forshaw	m	MV 50		0	0	856	856

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
469	Richard Toller	m	MV 60	Dundee Road Runners Ac	855	0	0	855
470	Philip Loftus	m	MV 60		854	0	0	854
471	Collette Eames	f	FV 60	JogOnTheTYne	0	854	0	854
472	Ian Woodgate	m	MV 50	Middleton Harriers	853	0	0	853
473	Rebecca Crellin	f		Cumberland Fell Runners	0	853	0	853
474	Chloe Taylor	f			0	0	853	853
475	Kate Barras	f	FV 40		852	0	0	852
476	Kirsty Martindale	f	FV 50	Women On The Run	0	852	0	852
477	Anton Inckle	m	MV 40		851	0	0	851
478	Pete Holding	m	MV 60		0	851	0	851
479	Tessa Atkinson	f			850	0	0	850
480	Christian Oxley	m	MV 40		0	850	0	850
481	Joanna Kinrade	f			0	0	849	849
482	Alice Tolley	f	U21	City of Sheffield and Dearne	0	848	0	848
483	Ellie Mackay	f	FV 40		0	847	0	847
484	Shinade Creighton	f	U21		0	0	847	847
485	Mark Gean Hughes	m	MV 50	Jog Scotland Stirling Striders	845	0	0	845
486	Jill Reed	f	FV 50		0	845	0	845
487	Andy Brookes	m			0	844	0	844
488	Scott Youngman	m			0	0	844	844
489	Andrew Gillham	m	MV 70	Garstang	843	0	0	843
490	Andrew Kidger	m			0	0	843	843
491	Brodie Peers	m	MV 40		0	842	0	842
492	Michael Barwise	m			0	0	842	842
493	Joanne Beck	f	FV 50		841	0	0	841
494	Keith Tolley	m	MV 60	High Peak AC	0	841	0	841
495	Simon Forshaw	m	MV 50		840	0	0	840
496	Thomas Badger	m			0	840	0	840
497	Sam Stalker	m			839	0	0	839
498	Rebekah Doherty	f			0	839	0	839
499	Sue Heaps	f	FV 60	St Helens Strider	0	0	839	839
500	Graham Ibbetson	m	MV 50		837	0	0	837
501	Wayne Laird	m	MV 40		0	837	0	837
502	Elaine Morgan	f	FV 50	Oldham & Royton Harriers	0	0	837	837

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
503	Daisy Munn	f			836	0	0	836
504	Rachel Horsfield	f			0	0	836	836
505	Daniel Gaukrodger	m			0	835	0	835
506	Lizzy Ambrose	f	FV 50		0	0	834	834
507	Julie Hedley	f	FV 40		0	0	832	832
508	Anita Banerji	f	FV 50		831	0	0	831
509	Katie Longley	f			0	831	0	831
510	Amanda Denyer	f	FV 50		0	830	0	830
511	Jacqueline Jones	f	FV 50		829	0	0	829
512	Paul Denyer	m	MV 50	St Bees Triers	0	829	0	829
513	Karen Hopper	f	FV 40		828	0	0	828
514	Sam Nicholson	f	FV 50	Border Reiver Runners	0	0	828	828
515	Owen Peacock	m	MV 50		826	0	0	826
516	Hazel Ward	f	FV 70	Jog On The Tyne	0	826	0	826
517	Tim Harper	m			0	0	826	826
518	Jules McMahon	f	FV 40		0	825	0	825
519	Sara Williamson	f	FV 50	Chorlton Runners	824	0	0	824
520	Ruth Beesley	f	FV 40		0	824	0	824
521	Jennifer Lewis	f	FV 40	Roundhay Runners	823	0	0	823
522	Amanda Cutler	f	FV 50	Red Rose Road Runners	0	823	0	823
523	Emma Cafferty	f	FV 50	Lancaster Runners	0	822	0	822
524	Ben Scott	m	U21	Keele University	821	0	0	821
525	Andrew Salter	m			0	821	0	821
526	Cory Beaumont	m	U21	keele university	820	0	0	820
527	Rebecca Ash	f	FV 40		0	820	0	820
528	Jamie Hayton	m	MV 40		819	0	0	819
529	Holly Thacker	f			0	819	0	819
530	Yolande Clarke	f	FV 50	St Bees Triers	0	0	819	819
531	Aude Peltier	f	FV 40		0	818	0	818
532	Hannah Swift	f		N/a	0	0	818	818
533	Helen Tope	f			0	817	0	817
534	David Goodyear	m	MV 50	Eccleshill Road Runners	0	0	817	817
535	Charlotte Brady	f	FV 40	Sowerby Bridge Snails RC	816	0	0	816
536	Dawn Kaveney	f	FV 50		0	0	816	816

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
537	Des Brady	m	MV 40	Sowerby Bridge Snails RC	815	0	0	815
538	Andrew O'boyle	m	MV 50		0	815	0	815
539	Ewan Duncan	m	MV 50		0	0	815	815
540	Josie Sanderson	f			814	0	0	814
541	Peter Reed	m	MV 70	Northumberland Fell Runners	0	0	814	814
542	Andrew Spink	m	MV 50		813	0	0	813
543	Catherine Vaneris	f	FV 40		0	813	0	813
544	Linda Wilson	f	FV 50		0	0	813	813
545	Ruth Craxford	f			812	0	0	812
546	Lauren Docksey	f		Washlands Women Runners	0	812	0	812
547	Jenny Wilson	f	U25		0	0	812	812
548	Jim Lucas	m	MV 40		811	0	0	811
549	Samantha Higginson	f			0	811	0	811
550	Danielle Owen	f			0	0	811	811
551	Tim Bray	m	MV 40		0	810	0	810
552	Jennifer Lunn	f			809	0	0	809
553	Tracy Foreman	f	FV 40	Sedgefield Harriers	0	809	0	809
554	Shaun Teasdale	m	MV 60		808	0	0	808
555	Scott Curtis	m	MV 40		0	808	0	808
556	Megan McGarvey	m			0	0	807	807
557	Margaret Dixon	f	FV 50		0	806	0	806
558	Michael Vale	m	MV 40		0	0	806	806
559	Jade Lawson	f			805	0	0	805
560	Barry Bailey	m			0	0	805	805
561	Rebecca Shorrocks	f			804	0	0	804
562	Lorraine Thompson	f	FV 50	N/A	0	804	0	804
563	Mart Kissick	m	MV 40		803	0	0	803
564	Rebecca Day	f	FV 40		0	803	0	803
565	Amy de Nobriga	f		Sowerby Bridge Snails	0	0	803	803
566	Nicola Else	f	FV 40	Billinge Running Club	802	0	0	802
567	Ian Hanratty	m			0	0	802	802
568	Nigel McIntyre	m	MV 50		801	0	0	801
569	Philip Hamilton	m	MV 50	BUNFIT	0	801	0	801
570	Rebecca Hanratty	f			0	0	801	801

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
571	Anthony Gilchrist	m	MV 50		800	0	0	800
572	Heidi Atkins	f	FV 50		0	0	800	800
573	Paul Cobham	m	MV 40		799	0	0	799
574	Kirsty Dumelow	f		Washlands Women Runners	0	799	0	799
575	Barry Widdowson	m	MV 50		798	0	0	798
576	Chelsea King	f		Nobend Run Club	0	798	0	798
577	Cherry Collison	f	FV 50	Bolton united harriers	797	0	0	797
578	Kath Pennels	f			0	797	0	797
579	Chris Lee	m	MV 50		0	0	797	797
580	Paul Moss	m	MV 60	Garstang Running Club	796	0	0	796
581	Aphra Robinson-Balchin	f		N/A	0	796	0	796
582	Debi Lee	f	FV 50		0	0	796	796
583	Morgan Williams	m	MV 60	Upper Wharfedale Runners	795	0	0	795
584	Zena Cassels	f	FV 40	Women on the run	0	795	0	795
585	Clare Hambly	f	FV 50		0	0	795	795
586	Amanda Anderson	f	FV 50		0	794	0	794
587	Amy Fletcher	f	FV 40		0	0	794	794
588	Stephanie Thomson	f	FV 40		793	0	0	793
589	Martyn Precious	m	MV 50	City of Hull	0	0	793	793
590	James Thomson	m	MV 40		792	0	0	792
591	Helen Field	f	FV 40	Women on the run	0	792	0	792
592	Derek Ricketts	m	MV 70	City of Hull AC	0	0	792	792
593	Rachel Summers	f	FV 50		791	0	0	791
594	Tina Smith	f	FV 50		0	0	791	791
595	Mark Wardley	m	MV 50	Red rose	790	0	0	790
596	Hilary johnson	f	FV 60		0	790	0	790
597	Zoe Clarke	f	FV 60		0	0	790	790
598	Sandy McBride	f	FV 50		0	789	0	789
599	Dave Hill	m	MV 50		0	0	789	789
600	Rachel Tejera	f	FV 40		0	788	0	788
601	Bob Thomas	m			787	0	0	787
602	Giancarlo Rizzi	m	MV 60		786	0	0	786
603	Catherine Clennett	f	FV 50		0	786	0	786
604	Richard Turner	m	MV 70		0	0	786	786

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
605	Elizabeth Gaston	f			785	0	0	785
606	Tara Oxley	f	FV 40		0	785	0	785
607	Chris Bond	m			0	0	785	785
608	Scott Burrow	m	MV 50		784	0	0	784
609	Vicki Grimshaw	f	U25		0	0	784	784
610	Maisy Corless	f	U25		783	0	0	783
611	Jiten Makan	m	MV 40		0	0	783	783
612	Robyn Lees	f	U25	Lymm Runners	782	0	0	782
613	Edward Dowling	m	U25		781	0	0	781
614	Sarah Feng	f			0	0	781	781
615	Ruth Pavey	f			780	0	0	780
616	Laura Goldsworthy	f	FV 40		0	780	0	780
617	Kim Stockdale	f	FV 50		0	779	0	779
618	Tim Bettley	m	MV 50		0	0	779	779
619	Adrian Wicken	m	MV 70		778	0	0	778
620	Katy Lewis	f	FV 60		0	778	0	778
621	SARAH FLEMING	f			777	0	0	777
622	Tony Orr	m	MV 60		0	777	0	777
623	Nic Holmes	f	FV 50		776	0	0	776
624	Michelle donnelly	f	FV 50	Southport Strollers running club	0	776	0	776
625	Linda Coffey	f	FV 70	Darwen Dashers	0	0	776	776
626	Helen Hill	f	FV 40	Billingham Running Club	775	0	0	775
627	Lisa Holme	f			0	775	0	775
628	Sue France	f	FV 60	Wigan Harriers	0	0	775	775
629	Eleanor Rawling	f	FV 70		774	0	0	774
630	Neil Brannelly	m	MV 50		0	774	0	774
631	Tracey Dennett	f	FV 40	Wigan Harriers	0	0	774	774
632	Jack Lemmings	m	U21	Keele University	773	0	0	773
633	Ricky Molyneux	m			0	773	0	773
634	Jonathon Colman	m			0	0	772	772
635	Bryan Waters	m	MV 50		771	0	0	771
636	Rachel Bellwood	f		N/A	0	771	0	771
637	Emma Mason	f	FV 50	St Bees Triers	0	0	771	771
638	Bernice Edwards	f	FV 40		0	770	0	770

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
639	Gabriella Corbridge	f	U25	Revolution Running	0	769	0	769
640	Sarah Jones	f			0	0	769	769
641	Susanne Parry	f	FV 50		767	0	0	767
642	Miriam Rosen	f	FV 70	Lancaster & Morecambe AC	0	0	767	767
643	Charlotte Twigger	f	FV 40		0	766	0	766
644	Beth Irving	f	FV 50		0	765	0	765
645	Clair Bonner	f	FV 50		0	0	764	764
646	Andrew Reid	m	MV 40		763	0	0	763
647	Steve Longney	m	MV 50	Yorkshire Wolds Runners	0	763	0	763
648	Beth Billington	f	FV 40		0	0	762	762
649	Nicky Grace	f	FV 40		0	761	0	761
650	Colette Clarkson	f	FV 50		0	0	761	761
651	Laura McLean	f			0	760	0	760
652	Kevin Clarkson	m	MV 50		0	0	760	760
653	Anna Parsons	f			759	0	0	759
654	Alan Davidson	m	MV 70		0	759	0	759
655	Rosie Harrison	f			758	0	0	758
656	Melissa Gaukrodger	f			0	758	0	758
657	Dale Harrison	m			757	0	0	757
658	Rhia Abukhalil	f			0	0	757	757
659	Kat Custard	f	FV 40		0	756	0	756
660	Betty Stephenson	f			0	0	756	756
661	Kate Skivington	f			755	0	0	755
662	Joanne Heron	f	FV 50		0	755	0	755
663	Julie Kelly	f	FV 60	St Bees Triers	0	0	755	755
664	Kay Billingham	f	FV 50	WCOC	754	0	0	754
665	Amanda Walsh	f	FV 50		0	754	0	754
666	Jane Hill	f	FV 50		0	0	754	754
667	Amanda Delew	f	FV 50		0	753	0	753
668	Sue Buckingham	f	FV 60		0	0	753	753
669	Jane Hornby	f	FV 40	Yorkshire Wolds Runners	0	752	0	752
670	Vicki Buss	f	FV 50		0	0	752	752
671	Carol Sharpe	f	FV 40		0	751	0	751
672	Andy Doublett	m	MV 50	Red Rose Road Runners	0	0	750	750

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
673	Paul Heaton	m	MV 60		749	0	0	749
674	Fiona Alderton	f	FV 60	Chorley Runners	0	749	0	749
675	Julie Doublett	f	FV 60		0	0	749	749
676	Ella Bowman	f	U21		0	747	0	747
677	Emma Lomas	f			746	0	0	746
678	mark lee	m	MV 50		0	746	0	746
679	Jennifer Haworth	f			0	0	746	746
680	Catherine Bowman	f	FV 40	Smiley Paces	0	745	0	745
681	James Williams	m	MV 50		744	0	0	744
682	Jan Molyneux	f	FV 50		0	0	744	744
683	Peter Wallwork	m	MV 40		743	0	0	743
684	Hannah Cousins	f		Chorlton Runners	0	0	743	743
685	Sian Hamilton	f	FV 50	Washlands Women Runners	0	742	0	742
686	Tom Gathercole	m			0	0	742	742
687	Becci McKone	f			0	741	0	741
688	Pauline Taylor	f	FV 60	Wigan & District Harriers	0	0	741	741
689	Joanne Chard	f	FV 50	Women On The Run	740	0	0	740
690	Andrea Peak	f	FV 40		0	740	0	740
691	Alan Taylor	m	MV 60	Billinge Running Club	0	0	740	740
692	Keith Burlison	m	MV 50		739	0	0	739
693	Jayne Denney	f	FV 50		0	739	0	739
694	Angela Norris	f	FV 60	Garstang	0	0	739	739
695	Sinead Cannon	f	FV 50	Kendal Tri Club	0	738	0	738
696	Hannah Conlin	f			0	737	0	737
697	Benjamin Shenton	m			736	0	0	736
698	William Monk	m		Big dog pack	0	736	0	736
699	Angela Jones	f	FV 50	St Helens Striders	0	0	736	736
700	Russell Greenwood	m	MV 60		735	0	0	735
701	Anita Hall	f	FV 50	St Helens Striders	0	0	735	735
702	Caron Parkes	f	FV 50		734	0	0	734
703	Iain Melville	m	MV 60		0	734	0	734
704	Amanda Berry	f	FV 60	Red Rose Road Runners	0	0	734	734
705	Kerry Edwards	f	FV 50		0	733	0	733
706	Sam Hunter	f			732	0	0	732

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
707	Fiona Copper	f	FV 60	Barton and district athletic club	0	0	732	732
708	Pippa Lawson	f			731	0	0	731
709	Emma Brierley	f	FV 50		0	731	0	731
710	Jane Mooney	f	FV 40		0	0	731	731
711	Claire Gillham	f	FV 70	Garstang RC	730	0	0	730
712	Rachel Latham	f	FV 40		0	730	0	730
713	S Rollaston	f	FV 50		0	0	730	730
714	John Wiseman	m	MV 50		728	0	0	728
715	Wendy Hope	f	FV 50	Blackpool Fylde & Wyre AC	0	0	728	728
716	Anthony Traynor	m	MV 40	Mohicans	727	0	0	727
717	David Rosen	m	MV 70	Lancaster & Morecambe AC	0	0	727	727
718	Roberta Whyte	f	FV 60	Linlithgow Athletic Club	0	726	0	726
719	Clare Clarke	f	FV 50	Evenwood Road Runners	0	0	725	725
720	Claire Holme	f			0	724	0	724
721	Kate Shipton	f	FV 40		0	0	723	723
722	Susan Ridings	f	FV 60	Buckley Runners	722	0	0	722
723	Johnny Wild	m	MV 60	Lytham St Anne's Road Runners	0	722	0	722
724	Hannah Thompson	f			0	0	722	722
725	Suzanne Jones	f	FV 50		0	721	0	721
726	Ewan MacGillivray	m	MV 40		0	0	721	721
727	Richard Campbell	m	MV 40		720	0	0	720
728	Helen Hetherington	f	FV 70		0	0	720	720
729	Helen Lawrence	f	FV 50	Eden runners	0	719	0	719
730	Rebecca Steven	f		St Bees Triers	0	718	0	718
731	Linda Farquhar	f	FV 70		0	0	717	717
732	Paul Coldham	m	MV 60	DCH Run Club	716	0	0	716
733	Sue Thompson	f	FV 60		0	0	716	716
734	Nickie Long	f	FV 50		715	0	0	715
735	Gillian O'boyle	f	FV 50		0	715	0	715
736	Kathryn Tranter	f			714	0	0	714
737	Judith Weston	f	FV 50	Billingham Running Club	0	714	0	714
738	Nicola Joyce	f	FV 50		0	0	714	714
739	Mary Bloye	f	FV 60		0	0	713	713
740	Nicola Brown	f	FV 40		712	0	0	712

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
741	Emma Smith	f	FV 40		0	0	712	712
742	Kathryne Farkas	f	FV 60		0	711	0	711
743	Jennifer Hale	f			0	0	711	711
744	Caroline Bowsher	f	FV 60		0	0	710	710
745	Helen O'Donnell	f			709	0	0	709
746	Louise Rooney	f	FV 60		0	709	0	709
747	Claire Hougham	f	FV 40	Hyde Park Harriers	0	0	709	709
748	Mark Tomlinson	m	MV 60	12	708	0	0	708
749	Manesha Chauhan	f	FV 40	Green Heart Runners	0	0	708	708
750	Claire Leighton	f	FV 40	Ashington Hirst Running Club	0	0	707	707
751	Christine Rostron	f	FV 60	Red Rose Road Runners	706	0	0	706
752	Susie Foster	f	FV 50		0	0	706	706
753	Peter Jones	m	MV 60	Marsh Lane Harriers	0	0	705	705
754	Helen Craven	f	FV 50	Snaith & Cowick Running Club	704	0	0	704
755	Helen Tulloch	f			0	704	0	704
756	Rosie Meredith	f			0	703	0	703
757	Ruth Toller	f	FV 70	Dundee Road Runners	702	0	0	702
758	Claire Shepherd	f			0	702	0	702
759	Sara Summers	f	FV 50		701	0	0	701
760	Sarah Hopkins	f	FV 50		0	701	0	701
761	James Whiston	m	U21		0	700	0	700
762	Charlotte Murray	f		Ambleside AC	0	699	0	699
763	Jill Beadle	f	FV 40		698	0	0	698
764	Nadine Scaife	f	FV 50		697	0	0	697
765	Rachel Flentje	f	FV 40		0	697	0	697
766	Katharine Walshe	f	FV 50		696	0	0	696
767	Beth Thompson	f			0	695	0	695
768	Georgina Briffett	f	FV 50	Lancaster & Morecambe AC	0	694	0	694
769	Ian Wood	m	MV 50	Wildsoles	0	693	0	693
770	Emma Gee	f			691	0	0	691
771	Rachel Taylor	f			0	691	0	691
772	Kealey Johnson	f	FV 40		0	690	0	690
773	Angela Nicholson	f	FV 50		0	688	0	688
774	Hannah March	f			687	0	0	687

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
775	annie hurst	f	FV 50		0	687	0	687
776	Michael Halliwell	m	MV 60		686	0	0	686
777	Alison Scally	f	FV 60		0	686	0	686
778	Jade Shorrock	f			685	0	0	685
779	Sally Hislop	f	FV 50		0	685	0	685
780	Martin Creasor	m	MV 50		684	0	0	684
781	Nathan Bushell	m	U21		683	0	0	683
782	Kirsty Pettit	f	FV 50		0	683	0	683
783	Adam Curtis	m	MV 40		0	682	0	682
784	Ian Coote	m	MV 60		681	0	0	681
785	Catherine Gosson-Low	f	FV 50		0	681	0	681
786	Phil Dixon	m	MV 50		0	680	0	680
787	Row Spencer	m	MV 70	Milltown Milers	679	0	0	679
788	Christine Sutherland	f	FV 60		0	679	0	679
789	Lynda McIntyre	f	FV 50		678	0	0	678
790	Louise Jackson	f			0	678	0	678
791	Paula Marshall	f	FV 50	Bollington Harriers	677	0	0	677
792	Emma Cattermole	f	FV 50	Women On The Run	0	677	0	677
793	Jenny Mabbutt	f			676	0	0	676
794	Helen Eastham	f	FV 40		675	0	0	675
795	Jackie Frank	f	FV 40		0	675	0	675
796	Susan Walker	f	FV 50		674	0	0	674
797	Michael Thompson	m			0	674	0	674
798	Jocelyn Coppard	f	FV 60		0	673	0	673
799	Dawn Fahy	f	FV 60	Burgess Hill Runners	0	672	0	672
800	Jennifer Chambers	f	FV 40	Tattenhall Runners	671	0	0	671
801	Janice Chruscht	f	FV 40	Airecentre Pacers	0	671	0	671
802	Jessica Lesley Shipley-Burgess	f			670	0	0	670
803	Kaz Smith	f	FV 40		0	670	0	670
804	Heather Freeman-Dawson	f	FV 40		0	669	0	669
805	Nicola Machin	f	FV 50		667	0	0	667
806	Elinor Doherty	f	FV 40		0	667	0	667
807	Tony Seddon	m	MV 50	Team Caterpillar	666	0	0	666
808	Jonny Gilchrist	m			665	0	0	665

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
809	Abby Cornforth	f			664	0	0	664
810	Catherine Pattison	f	FV 40		0	664	0	664
811	Sarah Baird	f			663	0	0	663
812	David Pattison	m	MV 50		0	663	0	663
813	Caitlin Stokes	f	U25		662	0	0	662
814	Heather HILLIER	f			0	662	0	662
815	Emma Cull	f	U21		661	0	0	661
816	Chris Bagshaw	m	MV 50		0	661	0	661
817	Jane Cull	f	FV 50		660	0	0	660
818	Laura Sweeting	f	FV 40		0	660	0	660
819	Carol Rhodes	f	FV 50	Red Rose Runners	659	0	0	659
820	Edgar Buhl	m	MV 40		0	659	0	659
821	Philip Whiston	m	MV 40		0	657	0	657
822	Josh Bruney	m			656	0	0	656
823	Amy Barton	f			0	656	0	656
824	Hannah Bell	f			655	0	0	655
825	Darren Singleton	m			0	655	0	655
826	Carole Heaton	f	FV 60	Lions Running Community	654	0	0	654
827	Gemma Houghton	f	FV 40	Trawden Athletics Club	0	653	0	653
828	Sharon Little	f	FV 50		652	0	0	652
829	Tasha Pearson	f			0	652	0	652
830	Denise Smith	f	FV 50		651	0	0	651
831	Charlotte Pearson-Rolph	f	FV 40		0	651	0	651
832	Francesca Moulton	f			0	650	0	650
833	Adam WATSON	m	MV 50		649	0	0	649
834	Anna Sweet	f	FV 40		0	649	0	649
835	Lauren Dean-Ashton	f	FV 40		648	0	0	648
836	Laura Newsham	f	FV 40		0	648	0	648
837	Simon Mcknight	m	MV 60		647	0	0	647
838	Yvonne Chrystie	f			0	647	0	647
839	Lynne Anderson	f			0	646	0	646
840	Ursula Collie	f	FV 60		644	0	0	644
841	Lynn Wilson	f	FV 60		643	0	0	643
842	Wayne Lee	m	MV 50	Border Reiver Runners	642	0	0	642

Position	Name	Gender	Age Cat	Club	Hawkshead	Staveley	Coniston	Spring
843	Andrea Jones	f	FV 50		0	642	0	642
844	Chris Hutchinson	m	MV 60		0	640	0	640
845	Amanda Williams	f			0	639	0	639
846	Jude Bennett	f	FV 50	Fellside Ladies	0	638	0	638
847	Fiona Tidbury	f	FV 60	Eden Runners	0	637	0	637
848	Sam Bagshaw	f	FV 50	Fellside Ladies	0	636	0	636
849	Kathryn Hodson	f	FV 50		0	635	0	635
850	Sandra Robinson	f	FV 40	Manchester Ymca Harriers	0	634	0	634
851	Sarah Boyle	f	FV 50		0	633	0	633
852	Julie Dugdale	f	FV 50		0	632	0	632
853	Yvonne O'malley	f	FV 40	The Kilted Lassies	0	631	0	631
854	Christine Richards	f	FV 50	Border Reivers	0	629	0	629
855	Chris Harbord	m	MV 70	Great Yarmouth RR & Bungay Black Dog	0	628	0	628
856	Robyn Johnson	f		Hyde Park Harriers	0	627	0	627
857	Sarah Jackson	f	FV 50	Kendal AAC	0	626	0	626
858	Nicola Detheridge	f	FV 40		0	623	0	623
859	Jennie Eklund	f			0	622	0	622
860	Amy Derbyshire	f			0	621	0	621
861	Ellie Bailey	f			0	620	0	620