

2019 Full Series 5K

Lakeland Trails 2019 5K Series' Results: Female

Pos	Name	Club	CAR	STA	KES	HEL	Total
Lakeland Trails 2019 5K Series' Results: Female							
1.	Parry, Ella	U/A Carlisle,	1000	999	1000	1000	3999
2.	Quan-Soon, Karen	U/A Preston , Lancashire	952	963	955	973	3843
3.	Hale, Jennifer	U/A Ulverston, Cumbria	923	935	944	956	3758
4.	Pearson, Claire	U/A Grange Over Sands, Cumbria	920	934	943	950	3747
5.	Inman, Lisa	U/A Grange-Over-Sands, Cumbria	987	987	989		2963
6.	Rex, Sara	U/A Shifnal, Shropshire	991	975	992		2958
7.	Wilding, Victoria	U/A Dalton in furness , Cumbria	980	984	991		2955
8.	Newsham, Isla	Chester Tri Club	974	983	988		2945
9.	Briffett, Georgina	Lancaster Runners	967	973		978	2918
10.	Robinson, Heather	U/A Grange-Over-Sands, Cumbria	944	952	982		2878
11.	Hill, Sharon	Parkside Panthers	938	940		962	2840
12.	Turner, Niamh	U/A Leeds,	995	992			1987
13.	Hockenhull, Isabel	Radcliffe AC	994			990	1984
14.	Baines, Carly	U/A Darwen , Lancs	988		995		1983
15.	Harrison, Susan	U/A Carlisle, Cumbria		993		989	1982
16.	O'Boyle, Betty	St Gregory's Catholic High School		989		993	1982
17.	Wilding, Olivia	U/A Dalton in furness , Cumbria		982	987		1969
18.	Irving, Kate	U/A Carlisle, Cumberland	977			985	1962
19.	Saxby, Sian	U/A			979	971	1950
20.	Gall, Hannah	U/A Manchester,	968	980			1948
21.	Patel, Kim	U/A Preston, Lancashire	973		973		1946
22.	Servante Haddow, Maf	Furness Fell Runners			967	979	1946
23.	Gall, Lauren	U/A Manchester,	965	974			1939
24.	Handley, Jenny	U/A Edinburgh, Midlothian			966	972	1938
25.	Goulding, Natalie	U/A Morecambe, Lancs	950		978		1928
26.	Glover, Bethany	U/A Chorley,		966	960		1926
27.	Turner, Helen	U/A Leeds,	947	976			1923
28.	Stokes, Harriet	U/A Ormskirk, Lancashire			959	961	1920
29.	Servante-Haddow, Maf	U/A ULVERSTON, Cumbria	956	962			1918
30.	Patel, Jane	COLT	922			958	1880
31.	Cannon, Tilly	U/A Neston, South Wirral	931	948			1879
32.	Sanders, Wendy	U/A Glossop, Derbyshire	936	941			1877

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Pos	Name	Club	CAR	STA	KES	HEL	Total
33.	Cannon, Catherine	Wirral Vikings TRC	929	945			1874
34.	Islam, Ruby	Sabden	935	937			1872
35.	Lindsey, Emily	U/A Clitheroe, 3563	934	938			1872
36.	Moore, Tira	U/A Durham, Durham	919			952	1871
37.	Islam, Elizabeth	U/A Sabden,	932	936			1868
38.	Muir, Becca	U/A Cockermouth, Cumbria	921	932			1853
39.	Pigford, Anna	Houghton Harriers				1001	1001
40.	Keeler-Clarke, Erin	U/A Durham		1000			1000
41.	Satterly, Holly	Lancaster & Morecambe AC	999				999
42.	Wilson, Sarah	Darlington Harriers AC			999		999
43.	Clayson, Lara	Brighton and Hove Athletics				999	999
44.	Cunliffe, Ali	Ribby Hall Tri Club		998			998
45.	Wilkinson, Katie	U/A	998				998
46.	Smith, Amelia	U/A Warrington,			998		998
47.	Wright, Emilia	Calder Valley fell runners				998	998
48.	Lowery, Kathryn	U/A Crewe, Cheshire		997			997
49.	williams, joy	U/A CHESTERFIELD, Derbyshlre	997				997
50.	Bond, Grace	Buxton AC			997		997
51.	Booth, Jessica	U/A				997	997
52.	White, Angela	U/A Carlisle, Cumbria		996			996
53.	Blundell, Bernice	U/A Ormskirk, Lancashire	996				996
54.	Harper, Ciara	U/A Malton, North Yorkshire			996		996
55.	Phillips, Jackie	Gateshead Harriers				996	996
56.	Gleghorn, Emma	U/A cheadle,		995			995
57.	Drummond, Amy	Birtley ac				995	995
58.	Mellor, Kate	U/A Wetherby, West Yorkshire		994			994
59.	Rudd, Cherie	Wrekin road runners			994		994
60.	Wrennall, Emily	U/A Carnforth, Lancs				994	994
61.	Thompson, Amelia	Glaxo Hoad Hill Harriers	993				993
62.	Hassall, Jessica	3C Tri			993		993
63.	Whyte-Earl, Susan	U/A Carlisle, Cumbria	992				992
64.	Oxtoby, Michelle	Kenilworth Runners				992	992
65.	Cope, Billie	U/A Solihull, West mids		991			991

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Pos	Name	Club	CAR	STA	KES	HEL	Total
66.	Dilworth, Jennifer	U/A Saltdean,				991	991
67.	Cansfield, Judith	U/A Carnforth, Cumbria		990			990
68.	Marshall, Katie	N/a	990				990
69.	Walsh, Sally	U/A KENDAL, County (optional)			990		990
70.	Scarfe, Judith	Lytchett Manor Striders	989				989
71.	Irish, Catherine	None		988			988
72.	grimes, jeanette	U/A prescot, merseyside				988	988
73.	Rouse, Jo-Anne	U/A Olney, Bucks				987	987
74.	Laybourn, Molly	U/A Edinburgh,		986			986
75.	McCann, Dawn	Run DMC	986				986
76.	Frost, Carole	Orchard Eagles Running club			986		986
77.	Sudds, Natasha	Olney running club				986	986
78.	Rollison, Karen	U/A Newcastle, TYNE AND WEAR		985			985
79.	O'Hare, Amanda	RunDMC	985				985
80.	Otway, Faye	Helm			985		985
81.	O'Boyle, Betty	St Gregory's Catholic High School	984				984
82.	Patch, Sarah	U/A Poole, Dorset			984		984
83.	Cameron, Kitty	U/A Newark , Nottinghamshire				984	984
84.	Fox, Joanna	U/A Altrincham,	983				983
85.	Wilson, Jeanette	U/A Poole, Dorset			983		983
86.	Sammut, Rebecca	U/A Liverpool ,				983	983
87.	Earley, Alex	Lakeland Orienteering	982				982
88.	Cameron, Sarah	U/A Newark, Nottinghamshire				982	982
89.	Stephens, Amy	U/A Grange-Over-Sands ,		981			981
90.	McCaffery, Jo	Wesham Road Runners	981				981
91.	Walmsley, Rebecca	U/A Preston, England			981		981
92.	Mead, Elly	U/A Manchester ,				981	981
93.	Beadle, Jen	U/A Windermere,			980		980
94.	Lee, Rachael	U/A Stoke-On-Trent,				980	980
95.	Aitken, Catherine	U/A Congleton , Cheshire		979			979
96.	Young, Juliet	U/A Manchester,	979				979
97.	Morrey, Claire	Unattached		978			978
98.	Moses, Ashleigh	U/A Ulverston, Cumbria	978				978

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Pos	Name	Club	CAR	STA	KES	HEL	Total
99.	scott, ele	U/A workington, Cumbria		977			977
100.	Quickfall, Sarah	U/A Doncastsr, South Yorkshire			977		977
101.	Genoves, Susan	U/A Huddersfield, West Yorkshire				977	977
102.	Smythe, Grace	Aks	976				976
103.	Marshall, Sarah	U/A Morecambe, Lancs			976		976
104.	Moore, Joanna	U/A Salford, Greater Manchester				976	976
105.	Swann, Louise	U/A Leeds, West Yorkshire	975				975
106.	Forster, Phoebe	U/A Whitehaven , Cumbria			975		975
107.	Ngan, Pui	U/A Newcastle-under-Lyme, Staffs				975	975
108.	Patel, Abi				974		974
109.	Owens, Emma	U/A Burnley , Lancashire				974	974
110.	Chick, Caroline	U/A Grantham, Lincolnshire		972			972
111.	Patel, Abigail	U/A Preston,	972				972
112.	Joyce, Isabel	U/A Preston , Lancashire			972		972
113.	STERRY, LUCY	U/A RICHMOND, NORTH YORKSHIRE		971			971
114.	Hind, Rachel	U/A Stalmine, Lancashire	971				971
115.	Thompson, Sue	U/A Stoke on Trent, Staffordshire			971		971
116.	Milburn, Michelle	U/A Askam-in-Furness, Cumbria		970			970
117.	De Graeve, Maud	U/A london,	970				970
118.	Bloye, Sophie	U/A Preston , Lancashire			970		970
119.	Whettlock, Karol	Athletes with Altitude				970	970
120.	frost, janet	Hyde Village Striders		969			969
121.	Capstick, Naomi	Glaxo Hoad Hill Harriers	969				969
122.	Sutherland, Christine	U/A Penrith, Cumbria			969		969
123.	Diston, Fiona	U/A Olney, Bucks				969	969
124.	Vale, Helen	U/A Cannock, Staffordshire		968			968
125.	Hore, Kate	U/A Wolverhampton, Staffordshire			968		968
126.	Blueitt, Jessica	Saltburn				968	968
127.	Berman, Zoe	U/A Bristol, Avon		967			967
128.	Fox, Anne	U/A Barrow-in-Furness , Cumbria				967	967
129.	newnham, Julie	Glaxo Hoad Hill Harriers	966				966
130.	Oldcorn, Karen	U/A Wantage, Oxon				966	966
131.	Ashton, Linda	U/A Oldham, Lancashire		965			965

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Pos	Name	Club	CAR	STA	KES	HEL	Total
132.	Rowbottom, Nicola	U/A KNUTSFORD, Cheshire			965		965
133.	Dodd, Bev	Millom Striders				965	965
134.	Gorman, Libby	U/A Sutton, Surrey		964			964
135.	Ward, Jacqueline	U/A Kendal, Cumbria	964				964
136.	kelly, julie	St Bees Triers			964		964
137.	McCloskey, Lisa	U/A Olney , Buckinghamshire				964	964
138.	Smith, Eleni	Didsbury ladies	963				963
139.	Murray, Maria	U/A Penrith , Cumbria			963		963
140.	Lester, Roisin	Olney Runners				963	963
141.	Duesbury, Liz	U/A Grange Over Sands, Cumbria	962				962
142.	Dodgson, Hannah	U/A Preston,			962		962
143.	Chick, Anna	U/A Grantham, Lincs		961			961
144.	Kilner, Jennifer	U/A Lindale, Cumbria	961				961
145.	Shaw, Claire	U/A Ilkley ,			961		961
146.	Gilligan, Claire	U/A Wilmslow,		960			960
147.	Nicholl, Jane Marie	U/A Newcastle upon Tyne ,	960				960
148.	MacInnes, Catriona	U/A Glasgow,				960	960
149.	millar, sue	U/A Brigham, Cumbria		959			959
150.	Harbour, Tia	U/A Rochdale, Lancs	959				959
151.	Nottingham, Sarah	Team inov-8				959	959
152.	Hicks, Helen	U/A Newcastle upon Tyne,		958			958
153.	Winder, Christine	Glaxo Hoad Hill Harriers	958				958
154.	Carruthers, Rachel	U/A Penrith , Cumbria			958		958
155.	Murray, Adele	U/A Newcastle upon Tyne,		957			957
156.	Lawton, Nancy	St Bees Triers	957				957
157.	Robinson, Nicola	U/A Preston, Lancs			957		957
158.	Moore, Marilyn	U/A Ulverston, Cumbria				957	957
159.	Wright, Esmay	Thorp Academy		956			956
160.	Spriggs, Julie	Wrekin Road Runners			956		956
161.	harrison, elizabeth	U/A Wigan,		955			955
162.	Bamber, Charlie	U/A Lancaster, Lancashire	955				955
163.	Marron, Ellena	U/A Wigan, Lancashire				955	955
164.	Rodman, Sue	U/A Stoke on Trent, Staffordshire		954			954

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Pos	Name	Club	CAR	STA	KES	HEL	Total
165.	Watts, Caroline	Wray women's running club	954				954
166.	Kaye, Nancy	U/A Sheffield, South Yorkshire			954		954
167.	Bennett, Charlotte	U/A Wigan, Lancashire				954	954
168.	Wright, Gilly	Thorp Academy		953			953
169.	Mounsey, Liz	U/A Preston	953				953
170.	Cleary, Jo	none			953		953
171.	Wilkinson, Rhoda	U/A Liverpool,				953	953
172.	Jeffrey, Helen	U/A Carlisle, Cumbria			952		952
173.	Jardine, Abigail	U/A Penrith, Cumbria		951			951
174.	Robinson, Sarah	U/A Lancaster, Lancashire	951				951
175.	Smith, Alison	U/A Warrington,			951		951
176.	Gribbin, Steph	Cumberland AC				951	951
177.	McDonough, Jenn	U/A Bamber Bridge,		950			950
178.	Lewis, Julie	U/A Leigh, Greater Manchester			950		950
179.	Maher, Alison	U/A Derby,		949			949
180.	Wright, Sally	U/A Milnthorpe, Cumbria	949				949
181.	Leaver, Alice	U/A Newcastle upon Tyne,			949		949
182.	Barker, Mary	U/A Ashford, kent	948				948
183.	Beardsworth, Susan	Red rose road runners			948		948
184.	Joyce, Nicola	U/A PRESTON, Lancashire		947			947
185.	Margerison, Rowan	U/A Castle Douglas, Dumfries and Galloway			947		947
186.	Bloye, Mary	U/A PRESTON, Lancashire		946			946
187.	Thompson, Louise	Glaxo Hoad Hill Harriers	946				946
188.	Margerison, Wendy	U/A Castle Douglas, Dumfries and Galloway			946		946
189.	Langhorn, Jenny	U/A Grange over sands, Cumbria	945				945
190.	Alderson, Lyndsey	U/A Newcastle upon Tyne,			945		945
191.	Sutcliffe, Susan	U/A Sedbergh, Cumbria		944			944
192.	Mair, Catherine	U/A Prudhoe, Northumberland	943				943
193.	Fox, Lauren	U/A Lancaster,		943			943
194.	Howard, Sophie	U/A Bury,		942			942
195.	Williams, Jeanette	U/A Bolton ,	942				942
196.	Leighton, Sarah	U/A York, Yorkshire			942		942
197.	Butt, Nabeela	U/A Beaconsfield, Bucks	941				941

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Pos	Name	Club	CAR	STA	KES	HEL	Total
198.	Johnson, Michelle	Walney Wind Cheetahs			941		941
199.	HELME, KELLIE	WESHAM ROAD RUNNERS	940				940
200.	Eve, Julie	Not got one		939			939
201.	Mayer, Beverley	U/A Rossendale , Lancashire	939				939
202.	Chambers, Lynne	U/A Dalton in Furness, Cumbria	937				937
203.	Zergi, Sue	U/A Scunthorpe , North Lincolnshire		933			933
204.	Lindsey, Laraine	U/A Clitheroe,	933				933
205.	Holmes, Gillian	U/A Carlisle, Cumbria		931			931
206.	Grundy, Pam	U/A Manchester, Greater Manchester	930				930
207.	Harrison-Wright, Bethan	U/A Harrogate, North Yorkshire	928				928
208.	Curley, Judith	U/A Pateley Bridge	927				927
209.	Brignall, Matisse	U/A Lancashire,	926				926
210.	Hitchin, Julia	Warrington Running Club	925				925
211.	Reid, Olivia	U/A Netherton, Merseyside	924				924
212.	Catling, Helen	U/A Manchester ,	918				918
213.	Marshall, Anna	U/A Warrington,	917				917
214.	Gowlett, Samantha	U/A Poulton Le Fylde , Lancashire	916				916
215.	Buttayotee, Veronica	U/A Whitstable, kent	915				915

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