

Lakeland Trails at Helvellyn

Helvellyn Sport Trail 5K

Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
1.	1717	Thomas Pigford	m	Under 16	Houghton Harriers	0:22:42
2.	1732	Anna Pigford	f		Houghton Harriers	0:22:47
3.	1657	Ella Parry	f		U/A Carlisle,	0:22:57
4.	1720	Owain Clark	m	Under 16	Levens Valley AC	0:23:03
5.	1711	Oliver Willoughby	m	Under 16	Helm Hill Runners	0:24:20
6.	1712	Lara Clayson	f	Under 16 Girl	Brighton and Hove Athletics	0:25:37
7.	1721	Emilia Wright	f	Under 16 Girl	Calder Valley fell runners	0:25:46
8.	1733	Jessica Booth	f		U/A	0:26:59
9.	1716	Matthew Drummond	m	Under 16	Birtley ac	0:27:04
10.	1713	Alex Parry	m	Under 16	U/A Carlisle, Cumbria	0:27:11
11.	1701	Thomas Pearson	m		U/A Grange Over Sands, Cumbria	0:27:34
12.	1676	Jackie Phillips	f	Lady Veteran 40	Gateshead Harriers	0:27:41
13.	1727	Luke George	m	Under 16	U/A Redcar,	0:27:50
14.	1715	Amy Drummond	f	Under 16 Girl	Birtley ac	0:28:03
15.	1728	Jacob Oxtoby	m	Under 16	Kenilworth Runners	0:28:52
16.	1751	Sam Higgens	m	Under 16	U/A Wigan, Lancashire	0:28:57
17.	1759	Finley Grisedale	m	Under 16	Team inov-8	0:29:19
18.	1743	Alexander Brown	m		U/A Stoke-On-Trent,	0:29:23
19.	1724	Emily Wrennall	f	Under 16 Girl	U/A Carnforth, Lancs	0:29:55
20.	1726	Joe Allanson	m	Under 16	U/A Darwen , Lancs	0:30:16
21.	1739	phil jones	m	Veteran 40	U/A whitworth, lancashire	0:30:21
22.	1753	Harry Cameron	m	Under 16	U/A Newark , Nottinghamshire	0:30:25
23.	1725	Davey Allanson	m	Under 16	U/A Darwen,	0:30:41
24.	1710	Betty O'Boyle	f	Under 16 Girl	St Gregory's Catholic High School	0:31:01
25.	1705	Michelle Oxtoby	f	Lady Veteran 40	Kenilworth Runners	0:31:15
26.	1673	Jennifer Dilworth	f	Lady Veteran 50	U/A Saltdean,	0:32:13
27.	1706	Steve Archibald	m	Veteran 50	Dundee road runner	0:32:45
28.	1729	Lewis Oxtoby	m	Under 16	Kenilworth Runners	0:32:47
29.	1722	Isabel Hockenhill	f	Under 16 Girl	Radcliffe AC	0:33:16
30.	1714	Sam Ashton	m	Under 16	U/A Nottingham, Nottinghamshire	0:33:33
31.	1746	Susan Harrison	f	Lady Veteran 60	U/A Carlisle, Cumbria	0:33:36
32.	1692	Alex York	m		U/A Manchester,	0:34:13
33.	568	Joe Gray	m	Veteran 40	U/A Leeds, Select	0:35:05
34.	1666	jeanette grimes	f	Lady Veteran 60	U/A prescot, merseyside	0:35:06
35.	1755	Freddie Parslow	m	Under 16	U/A Kendal,	0:35:11
36.	1669	Jo-Anne Rouse	f		U/A Olney, Bucks	0:35:22
37.	1671	Natasha Sudds	f		Olney running club	0:35:22
38.	1756	Kate Irving	f	Under 16 Girl	U/A Carlisle, Cumberland	0:35:28
39.	1754	Kitty Cameron	f	Under 16 Girl	U/A Newark , Nottinghamshire	0:35:34
40.	1694	Jude Hockenhill	m		Radcliffe AC	0:35:40
41.	1744	Rebecca Sammut	f	Lady Veteran 40	U/A Liverpool ,	0:35:57
42.	1745	Sarah Cameron	f	Lady Veteran 40	U/A Newark, Nottinghamshire	0:36:06
43.	1691	Elly Mead	f		U/A Manchester ,	0:36:16
44.	1742	Rachael Lee	f		U/A Stoke-On-Trent,	0:37:29
45.	1702	Chris Pearson	m	Veteran 50	U/A Grange Over Sands, Cumbria	0:38:09
46.	1654	Maf Servante Haddow	f	Lady Veteran 40	Furness Fell Runners	0:38:31
47.	1651	Georgina Briffett	f	Lady Veteran 40	Lancaster Runners	0:39:10
48.	1688	Susan Genoves	f	Lady Veteran 70	U/A Huddersfield, West Yorkshire	0:39:32
49.	1661	Joanna Moore	f		U/A Salford, Greater Manchester	0:39:33
50.	1741	Pui Ngan	f		U/A Newcastle-under-Lyme, Staffs	0:39:38
51.	1667	Emma Owens	f		U/A Burnley , Lancashire	0:39:43
52.	1749	Karen Quan-Soon	f	Lady Veteran 50	U/A Preston , Lancashire	0:40:05
53.	1703	Jenny Handley	f	Lady Veteran 40	U/A Edinburgh, Midlothian	0:40:25
54.	1758	Sian Saxby	f	Under 16 Girl	U/A	0:41:06
55.	1674	Karol Whettlock	f	Lady Veteran 60	Athletes with Altitude	0:41:10
56.	1668	Fiona Diston	f		U/A Olney, Bucks	0:41:13
57.	1730	Jessica Blueitt	f	Under 16 Girl	Saltburn	0:41:16
58.	1690	Jim Beaton	m	Veteran 60	Parkside Panthers	0:41:43
59.	1689	Anne Fox	f	Lady Veteran 40	U/A Barrow-in-Furness , Cumbria	0:42:32
60.	1658	Karen Oldcorn	f	Lady Veteran 50	U/A Wantage, Oxon	0:42:36
61.	1737	Bev Dodd	f	Lady Veteran 40	Millom Striders	0:43:21
62.	1685	Lisa McCloskey	f	Lady Veteran 40	U/A Olney , Buckinghamshire	0:43:29
63.	1670	Roisin Lester	f	Lady Veteran 40	Olney Runners	0:43:48
64.	1687	Sharon Hill	f	Lady Veteran 50	Parkside Panthers	0:44:42
65.	1750	Harriet Stokes	f	Under 16 Girl	U/A Ormskirk, Lancashire	0:46:01
66.	1698	Catriona MacInnes	f		U/A Glasgow,	0:46:19
67.	1760	Sarah Nottingham	f		Team inov-8	0:48:19
68.	1693	Jane Patel	f	Lady Veteran 50	COLT	0:48:35
69.	1660	Marilyn Moore	f	Lady Veteran 60	U/A Ulverston, Cumbria	0:49:47
70.	1680	Jennifer Hale	f		U/A Ulverston, Cumbria	0:50:14
71.	1708	Ellena Marron	f	Under 16 Girl	U/A Wigan, Lancashire	0:50:40
72.	1664	Charlotte Bennett	f		U/A Wigan, Lancashire	0:50:40
73.	1738	Rhoda Wilkinson	f	Lady Veteran 40	U/A Liverpool,	0:51:07
74.	655	Tira Moore	f	Lady Veteran 40	U/A Durham, Durham	0:51:23
75.	1734	Steph Gribbin	f	Lady Veteran 40	Cumberland AC	0:51:24

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Pos	Bib	Name	M/F	Age Cat	Club	Finish Time
76.	1735	Paul Ovans	m	Veteran 70	U/A Torrisholme Lincs	0:53:33
77.	1700	Claire Pearson	f	Lady Veteran 40	U/A Grange Over Sands, Cumbria	0:54:36
78.	1695	Michael Sanders	m	Veteran 50	U/A Glossop , Derbyshire	0:55:50
79.	1681	Adrian Hale	m	Veteran 40	U/A Ulverston, Cumbria	0:57:26

Number of records: 79