

Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
Helvellyn Sport Trail 5k						
1	323	Zander Gribbon	m	U16	New Marske Harriers	0:20:14
2	804	Logan MacNamara	m	U16	Craven Energy Triathlon Club	0:22:36
3	740	Edward Ivings	m	U25		0:22:43
4	664	james Galloway-Booth	m	U25		0:22:55
5	1058	Ross Whitaker	m			0:23:44
6	659	Magnus Foxwell	m	U16	Ambleside AC	0:23:48
7	871	Simon Northcott	m	MV 40	Peterborough and Nene Vally Athletic Club	0:24:31
8	429	Simon Broxton	m	MV 50		0:25:06
9	468	Luca Rizzi	m	U16		0:25:50
10	771	Mark Lazenby	m	MV 50		0:27:12
11	1007	Emily Thompson	f	U16		0:28:08
12	121	Eve Briffett	f	U16	Lancaster & Morecambe AC	0:28:31
13	465	Eve Hollowbread	f	U16	Durham City Harriers	0:28:36
14	785	Graham Livesey	m	MV 50		0:28:57
15	463	Jack Clancy	m	U16	Liverpool Pembroke and Sefton	0:29:04
16	929	Daisy Ritson	f	U16		0:29:06
17	162	Helen Sullivan	f	U16		0:29:13
18	649	Patricio Fernandez Quintana	m	MV 40		0:29:21
19	721	Martin Hill	m			0:29:41
20	621	Tamsin Davies	f	FV 40		0:29:44
21	174	Arabella Gribbon	f	U16	New Marske Harriers	0:30:11
22	1199	Andrew Reekie	m	U16		0:30:19
23	1182	Clare Thorpe	f			0:30:22
24	422	Gavin Simpson	m	MV 50		0:30:36
25	1185	Nicola Vallins	m		Edmonton Runners	0:31:05
26	228	Kevin Harber	m	MV 50		0:31:56
27	1125	Jacqui Foster	f	FV 50	Ilkley Harriers	0:32:09
28	152	Caroline Maxted	f	FV 40		0:32:30
29	1130	James Grayston	m			0:33:25
30	215	Rob Chaffe	m	MV 50		0:33:33
31	1115	GEMMA CORRAN	f			0:33:40
32	783	Theo Lines	m	U21		0:34:16
33	780	Beth Lines	f	U16		0:34:28
34	680	Angela Gribbon	f	FV 40		0:34:30
35	1183	Stephen Tysome	m	MV 50		0:34:44
36	1145	Bryony Jones	f			0:35:09
37	665	Gemma Garcia	f	U25		0:35:10
38	1126	Tracy Foulkes	f	FV 40		0:35:26
39	877	Jemima Oboyle	f	U21		0:36:09
40	203	Peter Thomas	m	MV 60	N/a	0:36:15
41	322	Martyn Green	m	MV 60		0:36:26
42	1094	Hannah Young	f			0:36:32
43	1025	Sophie Tull	f	U25		0:37:26
44	1191	Jacqui White	f	FV 40		0:37:55
45	1117	Georgia Davies	f	U16		0:38:33
46	997	Chloe Taylor	f			0:39:16
47	1200	Deborah Reekie	f	FV 40		0:39:40
48	207	Becki Barnes	f	FV 50	Wigan and district harriers ac	0:40:14
49	113	Claire Williams	f	FV 40		0:40:32
50	1041	Tom Ward	m	U25	Ambleside AC	0:40:36
51	1040	Jonathan Ward	m	MV 50	Ambleside	0:40:37
52	131	Sue France	f	FV 60	Wigan Harriers	0:40:48
53	1118	Tracey Dennett	f	FV 40	Wigan Harriers	0:40:48
54	1083	Carmel Woods	f	FV 60		0:41:00
55	101	Joanne Rizzi	f	FV 40		0:41:05



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
56	568	Mary Byrne	f	FV 50		0:41:40
57	92	FIONA MCKEAN	f	FV 50	eden runners	0:41:41
58	105	Francesca Sinclair	f	FV 50		0:41:41
59	927	Zane Richards	m	U16	Woodhey high school	0:42:15
60	1176	Abigail Salter	f	FV 40		0:42:19
61	666	Marta Garcia	f			0:43:27
62	88	Nicola Loftus	f		N/A	0:43:31
63	461	Lyndon Woolley	m		N/A	0:43:52
64	980	Betty Stephenson	f			0:46:44
65	58	Caroline Bones	f	FV 40	Warrington Running Club	0:46:50
66	164	Georgina Swift	f			0:46:51
67	358	Lindsay Plumb	f	FV 40		0:46:51
68	77	Gill Greaves	f	FV 60		0:47:01
69	1116	Christina Davies	f	FV 40		0:47:04
70	722	Hazel Hindle	f	FV 60	MDOC	0:47:45
71	1137	Simon Hey	m	MV 70		0:47:46
72	209	Angela Bell	f	FV 50		0:47:50
73	349	Jane Mooney	f	FV 40		0:48:38
74	758	Nicola Joyce	f	FV 50		0:48:54
75	46	julie taylor	f	FV 50		0:48:59
76	548	Mary Bloye	f	FV 60		0:49:03
77	967	Emma Smith	f	FV 40		0:49:09
78	605	Helen Craven	f	FV 50	Snaith & Cowick Running Club	0:49:25
79	1012	John Thomson	m	MV 60		0:49:31
80	630	Turid Dinsmore	f	FV 60		0:49:42
81	201	Norrie Omalley	m	MV 50	Jog Scotland penicuik	0:50:05
82	176	Emily O'Malley	f	U16		0:50:06
83	876	Yvonne O'malley	f	FV 40	The Kilted Lassies	0:50:06
84	60	Caroline Bowsher	f	FV 60		0:51:22
85	435	Louise Forwood	f	FV 50		0:51:28
86	348	Lynda McMullen	f	FV 50		0:51:28
87	363	Caroline Roden-davies	f	FV 70	Lincoln And District Runners	0:53:45
88	1013	Kate Thomson	f	FV 50		0:56:34
89	41	Isobel Povey	f	FV 60	Westbury Harriers	0:58:24
90	1110	Judy Carter-Brown	f	FV 70		1:06:31
91	1111	Nina Carter-Brown	f	FV 40		1:06:31
92	139	Lauren Hatton	f		None	1:08:33
93	427	Susan Beardsworth	f	FV 40	None	1:09:00
94	260	Ian Paul	m	MV 60	Lonely Goat Running Club	1:18:31
95	1109	Hannah Carter-Brown	f			1:23:30



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96	840	Chris Miles	m		Sale Harriers	1:06:24
97	406	Jacob Goodwin	m		Chapel Allerton Runners	1:06:39
98	1188	Matthew Whipple	m			1:08:15
99	1181	Will Swan	m	U25		1:09:02
100	1122	Martin Ellison	m			1:10:25
101	657	Andrew Foster	m	MV 50	Liverpool Pembroke & Sefton	1:11:57
102	1143	Ian Johnson	m	MV 50		1:13:57
103	820	Scott Mason	m			1:14:02
104	681	James Grinbergs	m	MV 40	Eden Runners	1:14:12
105	1073	Joshua Wilson	m			1:15:02
106	1114	David Connolly	m	MV 50		1:16:50
107	562	Peter Burke	m			1:18:12
108	387	Luke Wilson	m			1:18:25
109	524	Crawford Barber	m			1:19:10
110	937	Peter Roll	m	MV 50	Ilkley Harriers	1:21:04
111	1112	Neil Cholmondeley	m	MV 40	N/a	1:21:15
112	787	David Logan	m	MV 40		1:21:23
113	1105	Nick Bunney	m			1:21:55
114	411	Dylan Lawton	m	MV 40	N/a	1:22:00
115	374	Ewan Taylor	m		Victoria Park Running Club, Warrington	1:22:20
116	1032	Nick Valentine	m			1:22:41
117	381	Samuel Watts	m			1:23:27
118	1135	Jamie Harrison	m			1:23:29
119	210	Chris Bone	m	MV 40	St Bees Triers	1:23:33
120	653	Andrew Fleming	m	MV 40		1:23:39
121	651	Joanna Fitch	f			1:23:44
122	173	Julia Gray Carnaffin	f	FV 60	Jog On The Tyne	1:23:47
123	763	Jim Kellow	m	MV 40		1:24:21
124	529	Ben Barnard	m	MV 40		1:24:46
125	1042	Victor Ward	m	MV 50	Wolds Vets athletic club	1:25:16
126	218	Chris Craven	m	MV 40	LPS	1:26:05
127	1163	Callum Norris	m			1:26:41
128	712	Laura Hewitson	f	FV 40	St Bees Triers	1:26:47
129	1156	Alan McTavish	m	MV 40		1:27:00
130	555	Callum Broadleday	m			1:27:16
131	455	Tom Smith	m			1:27:16
132	750	Brett Johnson	m	MV 40		1:27:18
133	1062	John Wiggans	m	MV 50	Chorley Athletic and Tri Club	1:27:41
134	1164	Glen Norris	m			1:27:55
135	1124	Nick Fletcher	m	MV 50		1:28:11
136	438	Robert Harper	m	MV 50		1:28:23
137	1198	Nathan Lord	m			1:28:24
138	830	John McCoy	m			1:28:42
139	829	Chris Mccoy	m		Mersey Tri	1:28:42
140	240	Find Jorgensen	m	MV 60		1:28:49
141	626	Michael Devlin	m	MV 40		1:29:09
142	609	Andrew Cunliffe	m	U25		1:29:19
143	797	James Lynch	m			1:29:19
144	257	owen panton	m			1:30:23
145	204	Brendan Ashton	m	MV 50		1:30:26
146	735	Phillip Humphries	m			1:30:43
147	1017	Jennifer Thornton-Smith	f			1:30:45
148	413	Jimmy Mcquillan	m			1:30:46
149	826	Dean McCluskey	m			1:30:47
150	135	Kerry Grinbergs	f	FV 40	Eden runners	1:30:49



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
151	1044	John Waring	m			1:30:51
152	600	Lucy Courtney	f	FV 50	Jog on Tyne	1:30:52
153	938	Gerard Rooney	m	MV 60	Dalston Caldew Runners	1:30:57
154	350	Raymond Mooney	m	MV 60	Stainland Lions	1:31:06
155	292	Ravind Bhangal	m			1:31:11
156	320	Stephen Gornall	m	MV 60		1:31:26
157	436	Adam Gornall	m			1:31:27
158	1148	Pete Lashley	m	MV 50		1:31:32
159	776	Chris Lever	m	MV 50		1:31:36
160	926	Steven Reynolds	m	MV 40		1:31:37
161	853	anton moss	m			1:31:49
162	325	John Halliday	m			1:32:25
163	854	Terry Moss	m	MV 50		1:32:28
164	220	Neil Croskery	m	MV 50		1:32:58
165	83	amy kirk	f			1:33:00
166	305	Sam Davis	m			1:33:02
167	259	Ben Patterson	m	MV 40		1:33:05
168	321	Callum Grant	m			1:33:25
169	395	Gail Bone	f	FV 40	St Bees Triers	1:33:53
170	266	Joe Richardson	m			1:34:07
171	1119	Rachel Dimelow	f			1:34:31
172	602	Sam Coward	m			1:34:32
173	1100	Jamie Birks	f			1:34:36
174	566	David Butler	m	MV 50	Blackpool Freedom Runners	1:34:47
175	1134	Eva Harker	f	U21		1:35:05
176	277	Richard Thomas	m			1:35:18
177	1136	Roger Harrison	m	MV 60	Cheshire Hash House Harriers	1:35:39
178	652	William Fitch	m			1:36:02
179	515	Mark Austin	m	MV 50		1:36:16
180	316	Claire Faulkner	f			1:36:23
181	667	Hayley Gardner	f			1:36:23
182	567	Jamie Butler	m		Birstall Rc	1:36:24
183	454	Scott Rosevere	m		Radcliffe AC	1:36:25
184	742	Leanne Jackson	f	FV 40		1:36:34
185	888	Nat Pawlowski	m	MV 50	Kendal Tri	1:36:43
186	755	Dawn Jones	f	FV 50	Harlow Athletic Club	1:36:44
187	961	Felicia Singleton	f	FV 60	Victoria Park Running Club, Warrington	1:36:48
188	339	Stephen King	m	MV 60	Ilkley Harriers	1:36:51
189	293	Mark Blundell	m	MV 60	Edge Pistols	1:37:00
190	361	Matthew Riley	m			1:37:05
191	615	Zoe Dale	f	FV 50	Yorkshire Wolds runners	1:37:10
192	1184	Helen Tyson	f	FV 40	Eden Runners	1:37:40
193	432	Martyn Earle	m	MV 40		1:37:52
194	1092	Simon Yates	m	MV 50		1:37:53
195	1067	Sally Williamson	f	FV 40		1:37:54
196	552	Alex Bowling	m			1:37:57
197	640	simon else	m	MV 50		1:38:00
198	1133	Catherine Harker	f	FV 40		1:38:29
199	691	rikki hammond	f	FV 50	Stainland Lions	1:38:31
200	1051	Philippe Wery	m	MV 50		1:38:47
201	1101	Phil Blaylock	m	MV 40	Team Lakeland Trails	1:39:27
202	506	Louise Anderson	f	FV 50		1:39:41
203	399	Julie Cook	f	FV 50	Tynedale Harriers	1:40:19
204	863	Hannah Newcomb	f	FV 40		1:40:24
205	264	Richard Rayner	m	MV 50		1:40:25
206	96	Sarah Nutt	f	FV 40		1:40:33
207	767	Timothy Knowles	m	MV 60	None	1:40:51



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208	612	Hannah Daglish	f			1:40:53
209	874	Stuart O'connor	m	MV 50		1:40:53
210	55	Kelly Barrett	f			1:41:00
211	848	Terri Moore	f			1:41:01
212	219	Jack Croskery	m	U21		1:41:05
213	891	Mark Pearson	m	MV 50		1:41:44
214	525	Kerry Barker	f	FV 40		1:41:48
215	584	Louise Chicken	f	FV 50	Tynedale Harriers	1:42:12
216	362	Gareth Robinson	m	MV 40		1:42:26
217	1089	Jan-Friedrich Wulf	m	MV 50	Settle Harriers	1:42:35
218	1120	Jeremy Dyke	m	MV 50		1:42:38
219	614	Stephen Dale	m	MV 60	Yorkshire wolds runners	1:42:40
220	238	Glyn Jones	m	MV 50		1:42:44
221	1010	Liz Thompson	f	FV 50		1:42:46
222	1008	Ian Thompson	m	MV 50		1:42:46
223	283	Glyn Williams	m	MV 50	Prestwich AC	1:43:02
224	1070	Abbey Wilson	f		Yorkshire Wolds Runners	1:43:02
225	774	Joanna Ledson	f			1:43:06
226	1173	Jo Rolls	f	FV 50	Keswick AC	1:43:08
227	947	Katie Samuelson	f	FV 40	Todmorden Harriers	1:43:09
228	155	Jane Mellor	f	FV 40		1:43:16
229	57	Bernice Blundell	f	FV 60	Skelmersdale Boundary Harriers	1:43:22
230	278	Martin Tilbury	m	MV 50		1:43:30
231	449	Brodie Peers	m	MV 40		1:43:35
232	811	Elaine Malyn	f	FV 50	Eden runners	1:43:40
233	102	Lana Roy	f	FV 50		1:44:05
234	1078	Sara Wolstenholme	f	FV 50		1:44:05
235	885	Nick Pape	m	MV 50	Hermitage Harriers	1:44:07
236	675	Chris Green	m	MV 50		1:44:07
237	1107	Nigel Burkitt	m	MV 60		1:44:11
238	1050	Maxime Werckx	m			1:44:16
239	922	Jill Reed	f	FV 50	Billingham Marsh House Harriers	1:44:16
240	108	jane THOMAS	f			1:44:18
241	916	Kim Ramshaw	f	FV 50	Eden Runners	1:44:26
242	973	Jamie Southern	f			1:44:28
243	1098	Louise Battey	f	FV 40		1:44:32
244	134	Caroline Greenen	f	FV 50	Sunnywood Ladies on Tour	1:44:35
245	138	Lisa Harrop	f	FV 50	Sunnywood Ladies On Tour	1:44:35
246	1047	Brian Weatherington	m	MV 40	Poulton Running Club	1:44:38
247	404	Lucy Dunlop	f	FV 50	Tynedale Harriers	1:44:55
248	1169	Dorothy Pelly	f	FV 60	Ambleside Ac	1:45:06
249	377	Lucy Vine	f	U21		1:45:07
250	971	James Snutch	m	MV 40	Birstall Running Club	1:45:14
251	222	Tom England	m			1:45:27
252	231	Luke Harris	m			1:45:27
253	249	Ben Melrose	m			1:45:27
254	130	Anna Fishpool	f	FV 50	Blackpool Freedom Runners	1:46:00
255	620	Owen Davies	m	MV 70		1:46:06
256	290	Gary Anderson	m	MV 50		1:46:12
257	243	Paul Kirton	m	MV 50	Tetbury Dolphins Running Club	1:46:15
258	670	Darren Gillman	m	MV 50	Todmorden Harriers	1:46:24
259	1187	Michael Welsh	m	MV 50		1:46:26
260	1086	Ella Wragg	f		NA	1:46:36
261	1201	Shane Lynas	m			1:46:46
262	761	Robina Kane	f			1:46:48
263	1196	George Woodfield	m			1:46:54
264	773	Chris Ledson	f	FV 50		1:46:59



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265	827	John McConnell	m	MV 50		1:47:07
266	89	Louise Lowe	f		Craven Energy	1:47:15
267	94	Lucy Moss	f			1:47:18
268	583	Ben Cheetham	m			1:47:20
269	126	Claire Crewe	f		Eden Runners	1:47:20
270	394	Susan Black	f	FV 50	Tynedale Harriers	1:47:21
271	136	Jo Hall	f	FV 50		1:47:21
272	71	Helen Fairgrieve	f	FV 50		1:47:23
273	692	Gayle Hanson-Jones	f	FV 50		1:47:32
274	140	Leonie Hayler	f	FV 50	Tynedale Harriers	1:47:34
275	1087	Emma Wragg	f	FV 50		1:47:35
276	765	Simon King	m			1:47:44
277	166	Debbie Torr	f	FV 40		1:48:02
278	855	Margaret Mossman	f	FV 50	Eden Runners	1:48:10
279	393	Leonie Bell	f	FV 40		1:48:11
280	233	Neil Hawkes	m	MV 50		1:48:11
281	894	Kate Peers	f	FV 40		1:48:23
282	1140	Kim How	m	MV 40		1:49:04
283	958	Ann Shellard	f	FV 50	Derwent Athletic Club	1:49:04
284	878	Steven Ohara	m	MV 40		1:49:06
285	705	Andrew Hemsley	m	MV 60	Walney Wind Cheetahs	1:49:20
286	418	Stephen Race	m	MV 50		1:49:34
287	99	Sandy Race	f	FV 40		1:49:35
288	1064	Anna Williams	f	FV 40	Skelmersdale Boundary Harriers	1:49:41
289	1121	Rose Egan	f	FV 60	Cheshire Hash House Harriers	1:49:55
290	909	Chris Probert	m	MV 60	Penny Lane Striders	1:49:55
291	245	Patrick Loughlin	m			1:50:10
292	132	Eve Frost	f			1:50:11
293	405	Mary Entwistle	f	FV 50		1:50:27
294	421	Ruth Sibly	f		Headington Road Runners	1:50:46
295	531	Martin Barrett	m	MV 50		1:50:50
296	658	Ray Foulkes	m	MV 60	Redcar Running Club	1:50:55
297	459	Paul Wilson	m	MV 50	Yorkshire wolds runners	1:50:56
298	445	Alex Meir	m	MV 40		1:51:03
299	342	Robin Lee	m	MV 40		1:51:03
300	852	William Moscrop	m	MV 50		1:51:09
301	810	Daniel Maltman	m	MV 40		1:51:14
302	809	Jane Maloney	f	FV 60	Easingwold Running Club	1:51:25
303	520	Stephanie Bairet	f	FV 40		1:51:36
304	901	Russell Pilling	m	MV 60	North Shields Poly	1:51:51
305	107	Lesley Strickland	f	FV 50	Hartlepool Burn Road Harriers	1:52:02
306	1166	Teresa Onions	f	FV 60		1:52:20
307	519	Joan Bailey	f	FV 40		1:52:28
308	903	Becky Plummer	f	U25		1:52:41
309	897	Issy Pettit	f	U25		1:52:43
310	858	Ellie Murray	f	U25		1:52:44
311	556	Ben Brock	m	U25		1:52:47
312	1167	Geraldine O'Grady-Thomas	f	FV 50	Pennine fell runners	1:52:48
313	1158	Ian Midgley	m	MV 50		1:52:49
314	1088	Diane Wright	f	FV 50	Calder Valley Fell Runners	1:52:49
315	1003	Robert Terry	m	MV 50	Belper Harriers	1:53:11
316	253	Adam Morton	m	MV 50		1:53:15
317	904	Louisa Porter	f	FV 50	Blackpool Freedom Runners	1:53:39
318	637	Collette Eames	f	FV 60	JogOnTheTYne	1:53:46
319	352	Fiona O'brien	f	FV 50	Jog On The Tyne	1:53:48
320	1093	Anthony Young	m			1:53:49
321	170	Wendy Birkett	f	FV 60	Ambleside Athletic Club	1:53:53



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
322	212	Matthew Burrows	m	MV 40		1:54:24
323	601	Emma Cousins	f			1:54:26
324	110	Martina Trapani	f			1:54:29
325	565	Jenni Burrows	f			1:54:29
326	66	Hannah Croskery	f			1:54:32
327	137	Ciara Harper	f	U21	Yorkshire Wilds Runners	1:54:34
328	832	Andrea McEwan	f	FV 50		1:54:34
329	1036	Peter Wallwork	m	MV 40		1:54:37
330	81	Karyn Harper	f	FV 50	Yorkshire Wolds Runners	1:54:44
331	117	Gillian Felton	f	FV 50		1:54:46
332	61	Miriam Brion	f	FV 40		1:54:56
333	713	Geb Hewlett	m	MV 40		1:55:07
334	1106	Hilary Burkitt	f	FV 70	Caistor rc	1:55:19
335	563	Harriet Burkitt	f			1:55:19
336	911	Sophie Puzey	f			1:55:33
337	104	Rebecca Simmons	f			1:55:57
338	391	Millie Atkinson	f	U25		1:56:06
339	906	Chris Price	m	MV 60	Kendal AAC	1:56:10
340	376	Alex Trowsdale	m	U25		1:56:11
341	756	Simon Jones	m	MV 50		1:56:22
342	955	Karen Sharpe	f	FV 60	Eden Runners	1:56:29
343	1123	Kim Firstbrook	f	FV 60		1:56:29
344	1066	Isobel Williamson	f	FV 70		1:56:37
345	1000	Emma Teggart	f	FV 40	Lonely goat	1:57:03
346	510	Nigel Ash	m	MV 50	Trail Running Assoc	1:57:04
347	267	Gareth Rickerby	m	MV 40	Invictus Triathlon Club	1:57:07
348	84	Claire Kirk	f	FV 40	Invictus Triathlon Club	1:57:07
349	302	Jo Critchley	f	FV 50	Sunnywood ladies on tour	1:57:14
350	1001	Christine Teller	f	FV 60		1:57:16
351	103	Susanna Sewell	f	FV 50	Sunnywood Ladies on Tour	1:57:31
352	994	Lynn Swift	f		Sunnywood ladies on tour	1:57:31
353	846	Lisa Moizer	f	FV 40		1:58:17
354	796	Margaret Lupton	f	FV 50	Red Rose Road Runners	1:58:28
355	786	Lucy Lodge	f			1:58:28
356	941	Charles Rowell	m			1:58:28
357	51	Alex Abbott	f	FV 40		1:58:47
358	33	Jane Hornby	f	FV 40	Yorkshire Wolds Runners	1:58:57
359	910	Jennifer Pugh	f	FV 40		1:59:09
360	598	Penny Coulthard	f	FV 50	Ilkley Harriers	1:59:12
361	946	Richard Sabey	m	MV 60		1:59:18
362	674	Robert Gould	m	MV 80	Na	1:59:42
363	469	Helen Schofield	f	FV 40	Stamford Striders	1:59:48
364	1043	Charlotte Warden	f	FV 40		1:59:50
365	1165	Cameron O'Connor	f	U25		2:00:04
366	1178	Grace Sheridan	f	U25		2:00:05
367	815	david martin	m	MV 60		2:00:25
368	907	Rachael Price	f	FV 40		2:00:28
369	428	Kevin Brocklebank	m	MV 50		2:00:33
370	351	Elise Norbury	f	FV 40		2:00:49
371	462	Tumkeen Badulla	f			2:00:50
372	383	Debbie Whitehead	f	FV 60	Alton Runners	2:00:59
373	36	Helyn McConnell	f	FV 50	SE Fitness	2:01:05
374	160	Lorna Spalding	f	FV 40		2:01:24
375	47	Anna Warner	f			2:01:27
376	1002	Lynne Terry	f	FV 50		2:01:34
377	559	Nicola Brown	f	FV 40		2:01:34
378	503	Matthew Almond	m	MV 40	Lancaster Runners	2:01:45



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
379	389	Chloe Almond	f		Lancaster Runners	2:01:45
380	76	Jane Grantham	f	FV 40	Sunnywood on Tour	2:03:05
381	1045	Luke Watkins	m			2:03:12
382	447	Michael Moss	m	MV 50	Total Transition Triathlon Club	2:03:51
383	870	Alison Nordon	f	FV 50		2:03:57
384	695	Emma Harris	f	FV 40		2:04:02
385	1016	Elizabeth Thornton	f			2:04:02
386	617	Lynda Davenport	f	FV 40		2:04:02
387	80	Sian Hacker	f	FV 40		2:04:02
388	1175	Julia Rothwell	f	FV 50		2:04:14
389	639	Nick Ellmore	m			2:04:57
390	638	Jo Ellmore	f			2:04:57
391	326	Cerys Hanson-Jones	f	U25		2:05:07
392	693	Tim Harper	m			2:05:32
393	78	Kathryn Greenlees	f	FV 40		2:05:54
394	671	Maria Gomez	f	U21		2:05:55
395	158	Rona Ricioppo	f	FV 60	Sunnywood Project	2:06:09
396	816	emily martin	f	FV 40		2:06:11
397	289	Emily Alston	f	FV 40	Hook Norton Harriers	2:06:20
398	370	Mark Sherwood	m	MV 50		2:06:39
399	443	Mark Lightfoot	m	MV 50		2:06:40
400	444	Steve Longney	m	MV 50	Yorkshire Wolds Runners	2:06:40
401	49	Lynn Wilson	f	FV 50	Yorkshire Wolds Runners	2:06:41
402	1061	Luke Whitfield	m			2:06:48
403	123	Mandy Burton	f	FV 60	Loftus & Whitby	2:07:14
404	857	Lorna Mundy	f	FV 40		2:07:43
405	1150	Jill Leader	f	FV 60		2:07:58
406	1024	Ian Trencher	m	MV 40	Billinge Running Club	2:08:32
407	806	Jo Maher	f	FV 50		2:08:56
408	585	Colette Clarkson	f	FV 50		2:09:26
409	450	David Rand	m	MV 40	Penny Lane Striders	2:09:57
410	996	Aimee Taylor	f			2:10:00
411	899	Laura Pilkington	f			2:10:32
412	900	Tony Pilkington	m	MV 60	PENWORTHAM PANTHERS	2:10:32
413	111	Suzy Vine	f	FV 50		2:10:34
414	280	Nick Vine	m	MV 50		2:10:34
415	439	John Irvine	m	MV 40		2:10:35
416	1096	Rachel Armer	f			2:10:56
417	536	David Battersby	m	MV 50		2:11:13
418	893	Elspeth Peddie	f	FV 50		2:11:17
419	409	Joanne Lally	f	FV 50	Jog on the Tyne	2:11:18
420	586	Kevin Clarkson	m	MV 50		2:11:33
421	106	Amy Smithson	f			2:11:44
422	464	Cat Gooch	f	FV 50	Ponteland Runners	2:12:52
423	93	Lynne Midgley-ward	f	FV 50	Ponteland Runners	2:13:17
424	1029	Lindsay Turner	f	FV 40	Ramsbottom Running Club	2:13:30
425	959	Louise Shield	f	FV 40	Sunnywood Ladies on Tour	2:13:31
426	501	Laura Aiken	f		Radcliffe athletics club	2:13:31
427	72	Gail Farr	f	FV 50	west hull ladies	2:13:47
428	631	Nic Dixon	f	FV 50		2:14:29
429	799	Ursula Macfarlane	f	FV 40		2:14:42
430	54	Alison Barnes	f	FV 50	Women on the Run - Kendal	2:14:54
431	25	Beth Billington	f	FV 40		2:14:55
432	833	Sean Mcgleenan	m	MV 60	Dumfries Running Club	2:15:02
433	918	Rachael Raw	f			2:15:04
434	419	Louise Roberts	f	FV 50	Border Reavers	2:15:08
435	1079	Simon Wong	m			2:15:13



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
436	694	John Harrington	m			2:15:19
437	227	Marie Guttridge	f	FV 40		2:15:20
438	360	Clare Riley	f	FV 50	Sunnywood Ladies on tour	2:15:23
439	38	Jo Oliver	f	FV 50	Sunnywood Ladies on Tour	2:15:23
440	69	Angela Duff	f	FV 40	Ealing Eagles	2:15:55
441	230	John Harris	m	MV 40		2:16:45
442	875	Helen O'Donnell	f			2:16:50
443	1023	Kathryn Tranter	f			2:16:53
444	676	Jefferson Green	m	MV 40		2:16:53
445	414	Lucy Owens	f	FV 40	Stockton Striders	2:17:26
446	355	Sophie Owens	f	FV 40	Stockton Striders	2:18:19
447	1015	Julia Thornley	f	FV 50	Sunnywood Crazy Trail Girls	2:18:30
448	366	sacha roy	f	FV 40	Sunnywood Ladies On Tour	2:18:30
449	109	Laura Tracey	f	FV 40	Sunnywood Ladies on Tour	2:18:31
450	75	Tina Gee	f	FV 60		2:19:57
451	224	Wayne Lee Farr	m	MV 50		2:21:04
452	364	Louise Rooney	f	FV 60		2:22:10
453	39	Teresa Palmer	f	FV 50	Birtley Athletics	2:22:18
454	98	Amanda Peplow	f	FV 50	Sunnywood Ladies on Tour	2:23:31
455	22	Samantha Akik	f	FV 50	Sunnywood Ladies on Tour	2:23:33
456	32	Helen E Eddie	f	FV 40	Macclesfield Harriers	2:23:38
457	1052	Catherine Wernham	f	FV 60		2:25:49
458	147	Melanie Jones	f	FV 50		2:26:25
459	172	Evvie Feingold	f	FV 50	Prestwich AC	2:26:26
460	594	Nichola Cooke	f	FV 40	Prestwich Ac	2:26:26
461	732	Jo Houghton	f	FV 50	Prestwich AC	2:26:26
462	1091	Jacinta Yates	f	FV 50	Prestwich Athletic Club	2:26:26
463	100	Lisa Riley	f	FV 40	Sunnywood Ladies on Tour	2:26:41
464	221	Cath Dyson	f	FV 40	West Hull Ladies	2:27:26
465	991	Neil Sutcliffe	m	MV 60		2:30:07
466	1179	Jacqueline Shore	f	FV 60		2:30:56
467	177	Angela Pollitzer	f	FV 70	Hampstead Heath Parkrun	2:34:34
468	285	Jenny Woodhams	f	FV 40	Sunnywood Ladies on Tour	2:34:57
469	275	Emma Taylor	f	FV 40	Sunnywood Ladies on Tour	2:34:58
470	40	Elizabeth Partington	f	FV 50	Sunnywood Ladies on Tour	2:34:58
471	45	Rachel Scholes	f			2:36:40
472	1054	Chris Westwell	m	MV 40		2:39:44
473	1055	Clare Westwell	f	FV 40		2:39:44
474	1071	Annette Wilson	f	FV 50		2:39:45
475	1075	Ricky Wilson	m	MV 50		2:39:46
476	159	Gillian Sharpe	f	FV 60		2:44:06
477	35	Helen Knowles	f	FV 60	None	2:44:06
478	661	Wendy Fraser	f	FV 60		2:44:34
479	1049	Anthony Welham	m	MV 70		2:44:35
480	731	Katherine Horner	f	FV 40	Common Runners	2:45:50
481	751	Kirsten Johnson	f	FV 40	Hash House Harriers	2:46:04
482	1202	Mr Tom Mitchell	m		tri central	2:46:30
483	1028	JACQUELINE JANE TURNBULL	f	FV 50		2:47:21
484	714	Julie Heyes	f	FV 60		2:47:21
485	715	Steven Heyes	m	MV 60		2:47:21
486	30	Lauren Dean-Ashton	f	FV 40		2:55:34
487	743	Samantha Jackson	f	FV 50		3:00:03
488	744	Sarah Jackson	f	FV 50	Kendal AAC	3:00:07



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
489	1153	Brogan McCawley	m		Leeds City AC	0:58:29
490	682	Joe Gridale	m			1:03:50
491	924	Paul Reilly	m	MV 40	Coniston Fell Runners	1:04:30
492	656	James Forrest	m	MV 40		1:05:45
493	401	John Cull	m	U21		1:08:09
494	294	Macauley Bond	m			1:08:52
495	710	Paul Heron	m	MV 40		1:09:04
496	1157	Jacob Mennell	m			1:09:16
497	914	Barrie Quigley	m			1:09:27
498	628	Peter Dinsmore	m			1:11:27
499	560	Lorenzo Brunero	m			1:11:27
500	775	Jordan Lee	m			1:12:28
501	943	Andrew Rutter	m	U25		1:12:42
502	662	Nicole Frisby	f		Springfield Striders	1:12:46
503	287	James A Jackson	m			1:12:58
504	962	John Singleton-Hardy	m		Lancaster	1:13:42
505	1177	Helen Sharman	f		Keswick AC	1:13:51
506	1099	Martin Bewick	m	MV 40		1:15:03
507	532	David Bartlett	m			1:15:06
508	270	Nick Saxton	m			1:15:08
509	507	Jim Andrews	m	MV 50	Ambleside	1:15:19
510	390	Ben Ashton	m	MV 50	DORunning	1:15:22
511	1141	Michael Ives	m			1:15:31
512	1192	Laura Whitehouse	f			1:15:33
513	668	Katie Georgeson	f	FV 40		1:15:40
514	902	Sonny Playforth	m			1:15:53
515	353	Phil O'Sullivan	m			1:16:09
516	650	Peter Fishpool	m	MV 50	Yorkshire Wolds Runners	1:16:40
517	688	Stuart Haigh	m	MV 40	North Shields Polytechnic	1:16:52
518	608	Michelle Crowley	f	FV 40	Ambleside AC	1:17:02
519	234	Ewan Head	m	U21		1:17:04
520	1108	Mark Cameron	m	MV 50		1:17:06
521	632	Simon Dodd	m	MV 40		1:17:12
522	571	David Calder	m	MV 60	Westerlands Cross Country Club	1:17:14
523	1103	Eilidh Brown	f	U25		1:17:17
524	281	Neil Ward	m	MV 50	Ponteland Runners	1:17:19
525	945	Steven Rutter	m			1:17:25
526	936	Heidi Rogers	f			1:18:02
527	357	Bruce Penhale	m	MV 60		1:18:03
528	1160	Aoife Moss	f			1:18:05
529	346	Paul Mcgreevy	m	MV 50	In2 The Wild	1:18:07
530	960	Kash Singh	m			1:18:07
531	577	Andy Cartridge	m			1:18:13
532	1159	Ray Monk	m	MV 50		1:19:09
533	769	Jack Lawton	m	U25		1:19:23
534	527	Lee Barker-field	m	MV 50		1:19:25
535	837	Callum Meadows	m		40% run club	1:19:26
536	244	Jack Lee-Thompson	m			1:19:52
537	550	Carlos Botello	m			1:19:59
538	851	Paul Morris	m	MV 70	Keswick AC	1:20:04
539	274	Benn Stephenson	m	MV 40		1:20:12
540	1097	Alan Barr	m	MV 50	Howgill Harriers	1:20:42
541	986	Andrew Stuart	m	MV 50		1:23:27
542	789	Martin Loveless	m	MV 60	Hardley Runners	1:24:05
543	343	Adam Long	m		40% club	1:24:07



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
544	338	Michiel Kieft	m	MV 40		1:24:24
545	549	Paul Blundell	m	MV 60	Hardley runners	1:24:31
546	308	Mike Duff	m	MV 40	Ealing Eagles	1:24:38
547	354	John Orrell	m	MV 50	Hoghton Flyers	1:24:40
548	993	Natalie Swarbrick	f	FV 40		1:24:49
549	931	Simon Robb	m			1:25:16
550	642	Matthew Eustace	m	MV 40		1:25:33
551	757	Mihir Joshi	m	MV 40		1:25:56
552	373	Ian Stainthorpe	m	MV 60	Rochdale Harriers	1:26:49
553	1056	William Whall	m	MV 50	North Norfolk Beach Runners	1:26:59
554	145	Nicola Hughes	f			1:27:26
555	279	Dave Tonge	m	MV 60		1:27:27
556	1147	Phil Kitchman	m	MV 50		1:27:39
557	573	Peter Cantwell	m	MV 40		1:27:42
558	91	Kay Mcgreevy	f	FV 60	In2 The Wild	1:27:45
559	942	Gillian Rowland	f	FV 60		1:27:49
560	944	Brenda Rutter	f	FV 60		1:28:27
561	987	Stephen Stuart	m	MV 50		1:29:09
562	1080	Albert Wood	m			1:29:54
563	541	Karl Bescoby	m	MV 50	Chorlton Runners	1:29:54
564	905	Nick Postill	m			1:30:23
565	791	Jason Loveridge	m			1:30:27
566	580	Marieke Chalmers	f	FV 40		1:32:19
567	762	Stuart Kane	m	MV 40	Lancashire Constabulary	1:32:46
568	868	Rozanne Nolte	f			1:33:52
569	508	Jo Andrews	f	FV 50	Ambleside	1:35:37
570	304	Leon Dack	m	U25		1:36:09
571	696	Kate Harrison	f		Abbey Runners	1:36:12
572	963	Simon Slatter	m		4ZERO	1:36:14
573	1102	Kate Bowden	f	FV 50	Glossopdale Harriers	1:36:26
574	431	Ben Clay	m		Slaithwaite Striders	1:37:57
575	574	Elizabete Carmo-silva	f	FV 40		1:38:16
576	879	Doug Orr	m	MV 40		1:38:16
577	964	Laurel Sleet	f			1:39:31
578	319	Paul Gibbons	m	MV 60		1:42:27
579	611	Peter Cushion	m	MV 50	Wirral Vikings Trc	1:42:32
580	70	Rebecca Egerton	f			1:42:39
581	125	Anne Cox	f	FV 60		1:42:41
582	528	Nicholas Barlow	m		4ZERO Run Club	1:46:12
583	250	Miguel Menes	m			1:47:32
584	523	Josie Bamford	f		4Zero	1:48:29
585	167	Femke van Dreven	f	FV 50	Durham City Harriers	1:49:22
586	407	Ellaney Hayden	m		40% Club	1:50:32
587	365	Alasdair Roxburgh	m		Skelmersdale Boundary Harriers	1:58:15
588	417	Claire Pepper	f	FV 40		1:58:15



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
Helvellyn Trail Run 10k						
589	933	Alex Robinson	m			0:38:44
590	627	Karl Dickenson	m		Lonely Goat Rc	0:39:51
591	379	Stephen Walker	m	MV 40	Tadcaster Harriers	0:40:51
592	1204	Mr Simon Stainer	m	MV 50		0:42:21
593	412	Stephen Leahy	m	MV 40		0:42:42
594	728	Simon Holt	m	MV 50	Rotherham Harriers AC	0:45:01
595	1149	Reuben Lazenby-wood	m	U21		0:45:46
596	310	Fergal Duffy	m	MV 50		0:45:51
597	146	Sophie Hunt	f			0:47:45
598	684	Frankie Guidi	m	U21		0:47:48
599	303	Jack Cuff	m	U25		0:48:10
600	748	Bethany Jellinek	f			0:48:16
601	538	Nicholas Bee	m			0:48:29
602	295	Denis Brice	m			0:48:35
603	314	Stephen Entwistle	m	MV 60	Wirral Vikings TRC	0:48:41
604	530	Charlie Barnes	m	U21		0:48:45
605	747	Alistair Jellinek	m			0:49:04
606	271	Alfie Smith	m	U21		0:49:21
607	807	Jonathan Male	m	MV 40		0:49:55
608	729	Anna Hoogkamer	f			0:50:00
609	808	Louise Male	f	FV 40		0:50:03
610	1195	brendan wood	m	MV 40		0:50:07
611	309	Raymond Duff	m	MV 50		0:50:23
612	738	Richard Hunter	m			0:51:24
613	236	Trevor Hindle	m	MV 60	Goyt Valley Striders	0:51:34
614	647	Andrew Fairweather	m	MV 40	Red rose road runner	0:51:36
615	273	Jason Smith	m		North Shields Poly	0:51:38
616	241	Carl Joynson	m	MV 40		0:51:38
617	385	Ian Williamson	m	MV 50	Chorton Runners	0:51:42
618	802	Andy Mackenzie	m	MV 50		0:51:51
619	995	ADAM TASKER	m	MV 40		0:52:35
620	940	Rupert Rowe	m			0:53:00
621	872	Andrew O'boyle	m	MV 50		0:53:09
622	1031	Andrew Unitt	m	MV 60	Barrow Runners	0:53:18
623	1009	Jamie Thompson	m			0:53:30
624	540	Ashley Benton	m			0:53:47
625	1138	Ben Hindley	m			0:53:48
626	753	Stu Jolly	m	MV 40		0:54:04
627	402	Martin Dick	m	MV 50		0:54:06
628	949	Lewis Saunders	m			0:54:08
629	1194	Jack Whiting	m			0:54:10
630	299	Chris Clark	m	MV 40		0:54:11
631	974	Adrian Spencer	m	MV 50	Barrow Runners	0:54:16
632	500	Luke Addison	m			0:54:34
633	1162	Finlay Nichols	m	U21		0:54:39
634	371	Elliot Shorrock	m	U21		0:54:50
635	777	Ralph Liddell	m	MV 70	Eden Runners	0:54:50
636	978	Nicola Stanley	f	FV 50		0:54:59
637	211	David Brooks	m	MV 60		0:55:32
638	734	Alistair Hudson	m			0:55:40
639	458	Mark Wilson	m	MV 50	No Drama Llamas Running	0:55:52
640	698	Matthew Harvey	m			0:55:52
641	835	Anthony McLaughlan	m	MV 50	Altrincham Old Fellers	0:55:52
642	335	Peter Jones	m	MV 50		0:56:41
643	1033	Philip Vautier	m			0:56:52



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
644	655	Matthew Flynn	m			0:56:53
645	542	Calum Bickerton	m		Backworth Cricket Club	0:56:57
646	1180	Peter Stokes	m			0:57:23
647	956	Korinne Shaw	f			0:57:30
648	171	Caroline Clark	f	FV 40		0:57:42
649	553	Alan Boyd	m	MV 50		0:57:45
650	269	David Robson	m	MV 50	Barrow Runners	0:58:02
651	332	Laura Hindle	f		FVO	0:58:11
652	1193	Mike Whiteman	m	MV 50	None	0:58:15
653	724	Darren Hodgson	m	MV 50	RHBoys	0:58:23
654	977	Jason Stanley	m	MV 40		0:58:24
655	31	Caroline D'Arcy	f	FV 50		0:58:44
656	616	Louise Daniels	f	FV 40		0:58:47
657	1142	Lydia Jackson	f		My Fam	0:58:49
658	607	Rachel Crow	f			0:58:56
659	514	Graeme Atkinson	m	MV 50		0:59:04
660	850	Chris Morphet	m	MV 40	My Fam	0:59:06
661	420	Rosie Sibley	f		Eton Manor	0:59:22
662	300	Tim Coles	m			0:59:22
663	709	Hannah Heron	f	FV 40		1:00:02
664	388	Alexander Wrigley	m		Black Combe Runners	1:00:31
665	864	Liam Nichol	m		Training for the trails	1:00:38
666	460	James Woodford	m	MV 40		1:00:52
667	318	Robert Fisher	m	MV 40		1:00:56
668	426	Christopher Barnes	m	MV 40		1:00:57
669	397	Dawn Chilton	f	FV 50		1:01:25
670	641	CLIFF ETHERDEN	m	MV 70		1:01:33
671	592	Sandra Connell	f	FV 60		1:01:38
672	575	Lynne Carruthers	f	FV 60	Dch	1:01:42
673	1014	Simon Thorne	m	MV 60		1:01:57
674	646	Victoria Eze	f	FV 60	Hampstead Heath Park Run	1:01:58
675	1104	Cora Bryan	f			1:02:21
676	716	Jim Higham	m	MV 50		1:03:02
677	934	Lizzie Robinson	f			1:03:03
678	717	Karen Higham	f	FV 50		1:03:29
679	87	Rebecca Leahy	f			1:03:40
680	981	Craig Stephenson	m	MV 40	SUMMIT ULVERSTON	1:04:50
681	216	Julie Cole	f	FV 50	Jog on the Tyne	1:04:51
682	255	Julie Murrell	f	FV 50	Jog on the Tyne	1:04:51
683	122	Elin Brooks	f		North Shields Poly	1:04:56
684	467	Claudia Pagoulatou	f	FV 50	Pensby Runners	1:05:02
685	64	Briony Cogan	f		SUMMIT ULVERSTON	1:05:03
686	403	Alison Duggan	f	FV 40	Washlands Women	1:05:04
687	347	Frank McKeown	m	MV 50	Glaxo Hoad Hill Harriers	1:05:19
688	845	Rebecca Modeley	f			1:05:43
689	896	Sam Perkins	f	FV 40		1:05:44
690	128	Dawn Fahy	f	FV 60	Burgess Hill Runners	1:05:51
691	982	Hilary Stephenson	f	FV 40	Hoad Hill Harriers	1:05:57
692	1197	Nicola Woods	f	FV 40		1:06:03
693	262	Tony Priest	m	MV 50		1:06:13
694	378	Ian Walker	m	MV 60	Glaxo Hoad Hill Harriers	1:06:14
695	1132	James Hall	m			1:06:29
696	331	Rebecca Hilton	f		St Bees Triers	1:06:35
697	912	Alison Pye	f	FV 40		1:06:38
698	356	Iain Peacock	m	MV 40		1:06:41
699	554	Zoe Bridges	f	FV 50	Trail Running Association	1:06:42
700	920	Dave Raynor	m	MV 60	Red Rose Road Runners	1:06:48



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
701	988	Rachel Summers	f	FV 50		1:07:01
702	957	Mark Shaw	m	MV 60		1:07:02
703	817	Daniel Martino	m	MV 40		1:07:09
704	867	Rebecca Noblett	f	FV 50		1:07:12
705	913	Aneesa Quan-Soon	f	FV 40		1:07:14
706	730	Asma Hopkinson	f	FV 40		1:07:14
707	825	Michelle McCarthy	f			1:07:31
708	400	Simon Cowling	m	MV 50		1:07:33
709	633	Jayne Dore	f	FV 50		1:07:34
710	1026	Simon Turgoose	m	MV 50		1:07:37
711	766	Mart Kissick	m	MV 40		1:07:40
712	1113	Sarah Cholmondeley	f	FV 40		1:08:10
713	701	Paul Haydon	m	MV 50	F.r.a.	1:08:21
714	752	Jan Jolly	f	FV 40		1:08:23
715	367	Chris Rugg	m	MV 40		1:08:24
716	654	Debbie Flesher	f	FV 50	Helm Hill	1:08:49
717	703	Hannah Hayhurst	f			1:08:58
718	968	Jenny Smith	f			1:08:59
719	702	Andy Hayes	m	MV 50		1:09:09
720	268	Giancarlo Rizzi	m	MV 60		1:09:17
721	736	Alex Hunter	f			1:09:32
722	311	miriam eaton	f	FV 60	Kirkby Milers AC	1:09:36
723	683	Clare Guidi	f	FV 50	Parbold Pink Panthers	1:09:38
724	1085	Paul Woods	m	MV 60		1:09:39
725	677	Kathryn Green	f	FV 60		1:09:59
726	1152	Niamh Luff	f	U21		1:10:04
727	1174	William Ross	m			1:10:04
728	143	Anna Howard	f	FV 40	Tadcaster Harriers	1:10:13
729	1203	Keith Hardcastle	m	MV 60		1:10:16
730	1189	James Whiston	m	U21		1:10:19
731	179	Hazel Ward	f	FV 70	Jog On The Tyne	1:10:50
732	844	Susan Miller	f	FV 50		1:11:17
733	344	Claire Madden	f	FV 40	New Marske Harriers	1:11:18
734	502	Annabelle Allen	f	FV 60	BodyFit Cumbria Running Club	1:11:22
735	707	Mary Henderson	f	FV 60	JOTT	1:11:42
736	456	Alexia Taylor	f	FV 40		1:11:47
737	202	Andrew Speakman	m	MV 40		1:12:04
738	223	Tony Fahy	m	MV 70		1:12:08
739	423	Sara Williamson	f	FV 50	Chorton Runners	1:12:11
740	226	David Goodyear	m	MV 50		1:12:31
741	437	Tom Halliwell	m	MV 40	Nob End Run club	1:12:40
742	424	Ryan Armitage	m	MV 40	Nob End Run club	1:12:43
743	1006	Julie Thomas	f	FV 60		1:13:10
744	518	Sam Bagshaw	f	FV 60	Fellside Ladies	1:13:17
745	989	Sara Summers	f	FV 50		1:13:29
746	895	Claire Penhallurick	f	FV 40	Lonely Goat Running Club	1:13:31
747	985	Jo Storey	f	FV 50	Jogonthetyne	1:13:34
748	737	Jane Hunter	f	FV 60		1:13:44
749	558	Toby Brothers	f	FV 50	Hampstead Heath Park Run	1:14:05
750	1030	Selena Tye	f	FV 50	Washlands Womens Running Club	1:14:16
751	118	Catherine Aitken	f	FV 60		1:15:38
752	79	Melissa Grove	f			1:15:38
753	119	Aby Biles	f			1:15:39
754	44	Sue Rugg	f	FV 40		1:15:44
755	398	Gemma Clarke	f	FV 40		1:15:46
756	883	Clare Pain	f	FV 40		1:15:57
757	720	Jennifer Hill	f	FV 40		1:15:57



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
758	535	Jennie Bateson	f	FV 40		1:15:57
759	919	Niki Ray	f	FV 40		1:15:57
760	1076	Alison Wingate	f	FV 50	Southport Strollers AC	1:16:25
761	288	Shelly Allen	f	FV 50		1:16:49
762	784	David Littlefair	m	MV 50		1:17:11
763	866	Lesley Nixon	f	FV 50	Red Rose Road Runners	1:17:17
764	34	Helen Jones	f	FV 40		1:17:28
765	425	David Ash	m	MV 40		1:17:38
766	873	Gillian O'boyle	f	FV 50		1:17:52
767	672	John Gore	m	MV 40	Rochdale Tri Club	1:18:00
768	699	Chris Haselden	m	MV 50		1:18:46
769	579	Richard Cawdell	m	MV 60	Highgate Harriers	1:18:54
770	1082	Andrew Woods	m	MV 60	Millom Striders	1:18:59
771	1161	John Munro	m			1:19:06
772	999	Mark Taylor	m	MV 60	Audenshaw Asthmatics	1:19:14
773	793	Brenda Lowry	f	FV 50	Red Kites	1:19:37
774	206	Ros Barbour	f	FV 40	West hull ladies	1:19:38
775	26	Georgina Briffett	f	FV 50	Lancaster & Morecambe AC	1:19:53
776	648	Julie Farron	f	FV 50	Atherton Running Club	1:20:02
777	372	Gavin Spickett	m	MV 60	Tynedale Harriers	1:20:19
778	1035	Sarah Walker	f	FV 40		1:20:20
779	546	Amanda Blessington	f	FV 50		1:20:20
780	324	Melissa Grocock	f	FV 40		1:20:41
781	408	Lola Jimenez	f	FV 40	Southport Strollers	1:20:54
782	1038	Josephine LOUISE Walsh	f	FV 50		1:21:20
783	660	Jackie Frank	f	FV 40		1:21:26
784	1084	Margaret Woods	f	FV 70	Millom Striders	1:22:05
785	284	Brian Winder	m	MV 70	Trailblazers	1:22:09
786	814	Christian Martin	m			1:22:49
787	446	John Melling	m	MV 60		1:23:31
788	838	Edward Melling	m	MV 60		1:23:32
789	685	Fiona Gutteridge	f	FV 40	Red Rose Road Runners	1:23:51
790	795	Julie Luckman	f	FV 50	Oldham and Royton HAC	1:23:53
791	517	Chris Bagshaw	m	MV 50		1:23:59
792	336	Nick Kaufmann	m	MV 60	Hampstead Heath parkrun	1:24:12
793	869	Caroline Noon	f	FV 60		1:24:46
794	43	Judith Robson	f	FV 60		1:25:05
795	24	Kathryn Atkinson	f	FV 40	Trawden Athletic Club	1:25:15
796	788	joanna lorenz	f	FV 60	Hampstead Heath parkrun	1:25:24
797	689	Tom Hailwood	m	MV 40		1:25:58
798	28	Cheryl Chaffe	f	FV 50		1:26:20
799	115	Pat Wyke	f	FV 60	Run in Wirral	1:26:20
800	1190	Philip Whiston	m	MV 40		1:26:23
801	849	Hannah Moorhouse	f	FV 50	Delamere Spartans	1:26:39
802	50	Katie Wishart	f	FV 50	Jog on the Tyne	1:26:46
803	727	Emma Holt	f	FV 50		1:26:53
804	337	Tarrin Kennaway	f			1:27:25
805	175	Ann Kisluk	f	FV 50	Eccleshill Road Runners	1:28:43
806	836	Melanie McNeil	f	FV 50		1:29:14
807	952	Mande Scott	f	FV 50	None	1:29:17
808	700	Kathryn Hatton	f	FV 40		1:29:26
809	794	Rowan Luck	f	FV 50		1:29:27
810	1127	Alana Fraser	f			1:29:28
811	606	Debbie Crouch	f	FV 50	Holme Pierrepoint running club	1:29:31
812	859	Joanna Muzzell	f	FV 40		1:31:25
813	812	Al Marron	f	FV 50		1:31:56
814	1019	Donna Thorpe	f	FV 40		1:31:57



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
815	157	Helen Patten	f	FV 50	Red Rose Runners	1:32:50
816	68	Alison Dick	f	FV 50	Red Rose Road Runners	1:32:53
817	890	Kathryn Pearson	f	FV 50		1:36:28
818	37	Gill Morgan	f	FV 50	A&T running club	1:36:28
819	415	Sarah Parker	f	FV 40	Jog on The Tyne	1:37:28
820	265	Christine Richards	f	FV 50	Border Reivers	1:52:30



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
Helvellyn Trail Run 10k Early Start						
821	1146	Christopher Joyce	m	MV 40		0:43:05
822	578	Mathew Carver	m			0:44:45
823	954	Stephen Sewell	m	MV 40		0:45:44
824	333	Alistair Holl	m	MV 50		0:47:46
825	749	Graham Jenkins	m	MV 50	Ribble Valley Runners	0:48:44
826	1170	Soroush Pourhashemi	m	MV 40		0:49:51
827	596	Lewis Corran	m			0:49:57
828	781	Georgia Lines	f	U21		0:52:34
829	782	Mike Lines	m	MV 40		0:52:34
830	669	Stephen Gilks	m	MV 40		0:52:45
831	247	Al McKain	m			0:52:50
832	884	Katie Palmer	f	FV 40		0:55:15
833	644	Peter EVANS	m	MV 50	Kings heath rc	0:55:23
834	430	James Campbell	m	MV 40		0:58:23
835	1131	John Green	m	MV 50		0:58:24
836	569	Tim Byrne	m	MV 50	Bramhall Runners	0:58:50
837	1139	Lucie Hodgson	f			1:00:13
838	803	Holly Mackenzie	f	FV 40		1:02:38
839	1057	Simon Whelan	m	MV 50		1:05:12
840	239	Phil Jones	m	MV 50		1:06:10
841	396	Janette Canfield	f	FV 50		1:06:11
842	1129	Charlie Garner	m	U25		1:06:18
843	643	Julie EVANS	f	FV 50	Kings heath rc	1:06:20
844	297	Jacq Charles	f	FV 40	Wirral Vikings Trc	1:06:40
845	434	Nigel Eddy	m	MV 60	Quakers running club	1:07:22
846	62	Lindsay Brown	f	FV 50	DH Runners	1:08:33
847	150	Karen Lee	f	FV 50	DH Runners	1:08:34
848	161	Shirley Spratt	f	FV 60		1:09:14
849	148	Andrea Lancaster	f	FV 40		1:09:21
850	590	Dale Collins	m	MV 50		1:09:33
851	673	Scott Goude-McCabe	m		ScottRunsTrails	1:09:42
852	1144	Sarah johnson	f	FV 50		1:09:44
853	169	Irene Williams	f	FV 50		1:09:47
854	410	Paula Lawson	f	FV 50		1:09:53
855	340	Emma Kirkwood	f			1:10:19
856	704	Jamie Hayton	m	MV 40		1:11:02
857	618	Alan Davidson	m	MV 70		1:11:10
858	341	Lisa Kirkwood	f			1:11:27
859	296	Richard Campbell	m	MV 40		1:11:40
860	725	Andrew Hollowbread	m	MV 50		1:12:13
861	286	David Wrathall	m	MV 60		1:12:33
862	990	Samantha Sunderland	f	FV 60		1:12:52
863	291	Jayne Batt	f	FV 60		1:13:18
864	213	Faye Campbell	f	FV 50		1:13:48
865	165	Jennie Thelen	f	FV 50		1:14:23
866	375	Lucy Thomas	f	FV 50	Hampstead heath parkrun	1:14:24
867	90	Emma Luebke	f	FV 40		1:14:42
868	1172	Jill Robertson	f	FV 50		1:14:53
869	739	Trish Hynes	f	FV 60		1:15:46
870	59	Helen Bowerman	f	FV 50		1:16:02
871	979	Laura Stanton	f	FV 40		1:19:49
872	823	Tracy Mault	f	FV 40		1:19:49
873	951	Sian Saxby	f	U21	DCH Run Club	1:24:00
874	950	Dawn Saxby	f	FV 60	DCH Run Club	1:24:01
875	21	Jocelyn Coppard	f	FV 60		1:24:29



Pos	Bib	Name	Gender	Age Cat	Club	Finish Time
876	534	Martin Bates	m	MV 60	Wesham Road Runners	1:24:49
877	114	Carole Wood	f	FV 60		1:25:29
878	52	Sandra Allan	f	FV 60	Fellside Ladies	1:27:58
879	539	Jude Bennett	f	FV 50	Fellside Ladies	1:27:58
880	1021	Fiona Tidbury	f	FV 60	Eden Runners	1:27:59
881	29	Clare Clarke	f	FV 50	Evenwood Road Runners	1:28:15
882	42	Gail Richards	f	FV 40	Evenwood Road Runners	1:28:16
883	127	Vicky Evans	f	FV 50		1:28:39
884	1081	Ruth Wood	f	FV 40		1:28:54
885	587	Wyn Clayton	f	FV 70	Women On The Run	1:29:07
886	246	Jane Malcolm	f	FV 50	The Kilted Lassies	1:30:10
887	442	Paul Kelly	m	MV 50		1:34:03
888	441	Gillian Kelly	f	FV 50		1:34:06
889	392	Catherine Ball	f	FV 50	Wirral Viking Trc	1:35:04
890	466	Kathryn Linker	f	FV 50		1:35:04
891	433	Emilie Eccles	f			1:35:29
892	56	Helen Billingham	f	FV 60		1:36:44
893	754	Andrea Jones	f	FV 50		1:36:44
894	1168	Sue Parker	f	FV 40		1:36:50
895	301	Lizzie Coleshill	f	FV 70		1:36:54
896	589	Paul Coldham	m	MV 60	DCH Run Club	1:37:23
897	129	Karolina Faithfull	f	FV 40	Skelmersdale boundary harriers	1:37:48
898	133	Clare Gavan	f		Skelmersdale Boundary Harriers	1:37:49
899	998	Jemma Taylor	f		Skelmersdale Boundary Harriers	1:37:49
900	65	Amy Court	f		Skelmersdale Boundary Harriers	1:37:49
901	178	Susie Quinn	f	FV 50	Lakeside Runners	1:45:51
902	327	Chris Harbord	m	MV 70	Great Yarmouth RR & Bungay Black Dog	2:06:43

Number of records: 902

