

Lakeland Trails in Staveley
Kentmere Trail Race 17km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
Kentmere Trail Race 17km							
1.	64	Ben Livesey	m		Lincolnshire Runner	1:08:56	1:08:56
2.	1	Christopher Holdsworth	m		Clayton-le-moors Harriers	1:12:46	1:12:46
3.	2	Matthew Lewis	m		U/A London,	1:13:35	1:13:34
4.	52	Charlie Lowther	m		Eden	1:16:05	1:16:05
5.	81	Peter Abraham	m	Veteran 40	Altrincham & District AC	1:21:33	1:21:32
6.	289	Paul Reilly	m		Coniston Fell Runners	1:21:44	1:21:43
7.	162	Timothy Nicholson	m		Wallsend Harriers	1:21:51	1:21:48
8.	70	Mark Morgan-Hillam	m	Veteran 40	Wigan Harriers	1:22:05	1:22:03
9.	74	Richard Stevenson	m	Veteran 40	Clayton Le Moors Harriers	1:22:23	1:22:22
10.	230	Stephen Cooper	m		U/A Ealing, London	1:22:23	1:22:21
11.	114	Ian Hammett	m		Bedford Harriers AC	1:22:36	1:22:32
12.	167	Laurie Kearsey	m		U/A Droitwich,	1:23:16	1:23:13
13.	175	Joe Kenny	m		U/A Ambleside,	1:23:29	1:23:28
14.	223	Tim Gears	m		Oswestry Olympians	1:24:14	1:24:12
15.	243	Martin Haworth	m		U/A Blackburn, Lancashire	1:24:19	1:24:10
16.	194	Lee Winter	m	Veteran 40	GB Bootcamps	1:24:40	1:24:40
17.	163	Dan Weatherill	m	Veteran 40	Wallsend harriers	1:24:47	1:24:44
18.	144	Richard Purser	m		U/A York, North Yorkshire	1:26:09	1:26:07
19.	152	Christopher Swire	m	Veteran 40	East Cheshire Harriers	1:26:50	1:26:48
20.	234	Dale Grimshaw	m		Trawden AC	1:26:53	1:26:50
21.	47	Rebecca Winter	f		Ackworth road runners	1:27:00	1:26:58
22.	246	Mark Rochester	m		n/a	1:27:04	1:27:03
23.	83	Rachel Kane	f		U/A Carlisle, Cumbria	1:27:05	1:27:00
24.	273	Paul Atkinson	m		U/A Kendal ,	1:27:20	1:27:08
25.	108	Robert Wadsworth	m		Dragons Running Club (Sale)	1:27:46	1:27:44
26.	232	Simon Thompson	m		Keswick AC	1:27:55	1:27:54
27.	98	Mike Allison	m	Veteran 50	U/A Penrith, Cumbria	1:28:07	1:28:06
28.	228	Adam Armata	m		U/A Carlisle ,	1:28:21	1:28:15
29.	65	peter fishpool	m	Veteran 40	U/A driffield, east yorks	1:28:21	1:28:19
30.	187	Graeme Flatman	m	Veteran 50	Darlington Tri	1:28:44	1:28:37
31.	99	Adrian Filipek	m		U/A Coniston, Cumbria	1:29:17	1:29:14
32.	27	Garry Owens	m	Veteran 50	NFR	1:29:52	1:29:47
33.	109	John Douglas	m	Veteran 40	Allithwaite Running Club	1:30:17	1:30:13
34.	156	Bruce Penhale	m	Veteran 50	U/A Manchester, Greater Manchester	1:30:54	1:30:50
35.	248	Tim Major	m		U/A Sevenoaks, Kent	1:31:32	1:31:30
36.	122	Melanie Eyre	f		U/A Guildford,	1:31:50	1:31:44
37.	285	Peter Roome	m	Veteran 50		1:31:52	1:31:49
38.	75	Stuart Towns	m	Veteran 40	Wigan Harriers	1:32:07	1:32:04
39.	97	Ian Crook	m	Veteran 40	Barrow Striders	1:32:16	1:32:15
40.	136	Kristina Jackson	f		Allithwaite Running Club	1:32:27	1:32:24
41.	227	Paul Milburn	m		Mersey Tri	1:32:42	1:32:34
42.	236	Chris Howarth	m		U/A Bootle, Merseyside	1:32:43	1:32:34
43.	284	Jonathan Astle	m			1:33:16	1:33:11
44.	48	Ian Stainthorpe	m	Veteran 50	Rochdale Harriers	1:33:22	1:33:15
45.	119	Andrew Stuart	m	Veteran 40	U/A Lancaster, Lancashire	1:33:23	1:33:22
46.	218	Tom Hobbins	m		Stafford Harriers	1:33:57	1:33:53
47.	209	Steve Sadler	m	Veteran 50	Richmond & Zetland Harriers	1:34:40	1:34:35
48.	67	Phil Anderson	m		U/A Preston, Lancs	1:34:53	1:34:51
49.	261	Cameron Whyte	m		Edinburgh Athletics Club	1:35:05	1:34:58
50.	112	Sebastian Rule	m		Mornington Chasers	1:35:22	1:35:16
51.	269	Sam Crompton	m		U/A Crosthwaite , Cumbria	1:35:28	1:35:21
52.	287	Robert Maynard	m	Veteran 40		1:35:32	1:35:19
53.	251	Zoltan Monostori	m		U/A Kendal,	1:35:37	1:35:35
54.	102	nick cox	m	Veteran 40	U/A ambleside, cumbria	1:35:43	1:35:39
55.	24	Anthony Irving	m	Veteran 40	U/A Carlisle,	1:36:04	1:35:59
56.	160	Fiona Belgian	f		Jog On The Tyne	1:36:30	1:36:16
57.	45	Andy Letheran	m	Veteran 50	U/A Kendal	1:36:45	1:36:34
58.	49	Paul Rawlinson	m		DH Runners	1:36:49	1:36:33
59.	195	Richard John	m		Clayton le Moors Harriers	1:37:06	1:37:03
60.	188	Allen Clement	m	Veteran 50	U/A Brampton, Cumbria	1:37:08	1:36:53
61.	231	James Duffy	m		Thornton cleveleys running club	1:37:10	1:37:04
62.	25	Siobonne Brewster	f	Lady Veteran 40	U/A Carlisle, Cumbria	1:37:11	1:37:06
63.	225	Ben Joynson	m		Likely harriers	1:37:12	1:37:09
64.	262	Andrew Dawson	m		Spectrum Striders	1:37:21	1:37:14
65.	14	Abigail Tiplady	f		U/A Stockton, Cleveland	1:37:26	1:37:22
66.	290	Damien Kimmins	m			1:37:35	1:37:29
67.	166	Emma Johnston	f		U/A Droitwich,	1:38:03	1:37:52
68.	84	Ashley Barnes	m		U/A Burnley,	1:38:12	1:38:07
69.	53	James Smith	m		U/A Keighley, West Yorkshire	1:38:33	1:38:14
70.	179	Stephen Crook	m	Veteran 40	U/A Wilmslow,	1:38:35	1:38:21
71.	193	Jonny lambert	m	Veteran 40	U/A Oswestry,	1:38:45	1:38:39
72.	280	Bev Ganose	f	Lady Veteran 50	Altrincham And District Athletic Club	1:38:51	1:38:49
73.	206	Scott Robertson	m	Veteran 40	at Helen Striders	1:38:58	1:38:46
74.	37	Richard Hawkins	m		York Postal Harriers	1:39:02	1:38:48
75.	86	Sarah Atkinson	f		U/A Kendal, Cumbria	1:39:22	1:39:19
76.	93	Jonathan Sadler	m		U/A Manchester,	1:39:28	1:39:24
77.	212	Tara Stott	f		Low Fell	1:39:57	1:39:54

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
78.	87	Richard Toller	m	Veteran 60		1:40:00	1:39:55
79.	271	Nick Brookes	m	Veteran 50	U/A Standish,	1:40:25	1:40:10
80.	82	Michael Storey	m		DH Runners	1:40:26	1:40:11
81.	244	Gordie Taylor	m	Veteran 50	Highland Hill Runners	1:40:42	1:40:31
82.	221	anja coulthard	f		KESWICK AC	1:40:46	1:40:43
83.	222	Tom Stafford	m		U/A Sedbergh, Cumbria	1:41:07	1:40:58
84.	41	Dave Raynor	m	Veteran 50	Red Rose Road Runners	1:41:14	1:40:53
85.	118	Stephen Stuart	m	Veteran 40	U/A Banbury, Oxfordshire	1:41:36	1:41:26
86.	125	Tim Waldron	m		U/A Liverpool, Merseyside	1:41:56	1:41:46
87.	107	Gary Oakford	m	Veteran 40	Merseyside Fire & Rescue Service	1:42:03	1:41:51
88.	229	Ashley Howell	m		Eden Runners	1:42:25	1:42:21
89.	105	Nickey Russell	f	Lady Veteran 40	U/A Lancaster, Lancs	1:42:38	1:42:34
90.	89	Gareth Cosens	m		Wigan Phoenix	1:42:41	1:42:36
91.	286	Simone Rouse	f			1:42:41	1:42:25
92.	140	Chris Lawrence	f	Lady Veteran 50	U/A Congleton, Cheshire	1:43:00	1:42:50
93.	256	Paul Barker	m		U/A Loveclough,	1:43:18	1:43:07
94.	260	Steven scott	m		U/A st annes ,	1:43:18	1:43:12
95.	272	Paul Leary	m	Veteran 50	Rochdale Harriers	1:43:22	1:43:15
96.	178	Stephen Davenport	m	Veteran 40	U/A Warrington, Cheshire	1:43:48	1:43:32
97.	266	Andrew O'Neil	m		U/A Preston, Lancashire	1:44:05	1:43:51
98.	146	Harry Vaneris	m		U/A London,	1:44:12	1:44:11
99.	76	Laura Davies	f		U/A Whitley Bay,	1:44:27	1:44:19
100.	279	Kay Steinkamp	m		U/A North Shields, Tyne and Wear	1:44:28	1:44:12
101.	57	Gary Cattermole	m	Veteran 50	U/A Kendal, cumbria	1:44:34	1:44:30
102.	184	Colin Cowan	m	Veteran 40	U/A Clarkston,	1:44:44	1:44:42
103.	254	Andrew Quinn	m		U/A Lancaster, Lancashire	1:45:52	1:45:44
104.	176	mark young	m	Veteran 40	U/A leeds, West Yorkshire	1:46:27	1:46:20
105.	77	Hilary Davies	f		U/A Sale,	1:46:36	1:46:28
106.	111	Martyn Willacy	m	Veteran 40	U/A Grange-Over-Sands, Cumbria	1:46:37	1:46:30
107.	58	Nicola Raby	f	Lady Veteran 40	Chorley Athletic and Tri Club	1:46:42	1:46:36
108.	158	Charlie Madge	m		U/A Ambleside , Cumbria	1:47:02	1:46:47
109.	283	Beth Dutson	f		U/A Penrith, Cumbria	1:47:21	1:47:09
110.	200	Louise Watson	f	Lady Veteran 40	ASICS	1:47:22	1:47:13
111.	250	Francesca Best	f		DVRC	1:47:33	1:47:25
112.	154	Scott Liddell	m	Veteran 60	U/A Warrington, Cheshire	1:47:44	1:47:35
113.	267	Simon Andreassen	m	Veteran 40	Allendale valley striders	1:47:58	1:47:42
114.	139	Sophie Johnstone	f		Roundhay Runners	1:48:02	1:47:45
115.	115	Richard Slack	m	Veteran 50	Claremont Road Runners	1:48:03	1:47:52
116.	186	David Smith	m	Veteran 50	U/A Glasgow,	1:48:08	1:48:05
117.	278	Emily Whittome	f		U/A North Shields, Tyne and Wear	1:48:12	1:47:56
118.	247	Hannah Astle	f		U/A Edinburgh,	1:48:28	1:48:23
119.	253	Suzanne McArdle	f		U/A Carlisle, Cumbria	1:48:44	1:48:38
120.	117	George Critchley	m	Veteran 50	Holcombe Harriers	1:48:57	1:48:46
121.	258	Dale McCready	m	Veteran 40	London Trail Runners	1:49:04	1:48:51
122.	54	Larry Horne	m	Veteran 50	Eden runners	1:49:32	1:49:17
123.	44	Tamsin Cass	f		Tynedale Harriers	1:49:40	1:49:25
124.	242	Marcus Byron	m	Veteran 50	Tynedale Harriers	1:49:42	1:49:26
125.	219	Jonathan Gardiner	m		U/A Thornton-Cleveleys, Lancashire	1:49:48	1:49:42
126.	132	Chris Devlin	m		U/A Manchester, LANCS	1:49:53	1:49:34
127.	80	Nathan Davies	m	Veteran 40	U/A Kendal, Cumbria	1:50:07	1:49:55
128.	59	Marc Vincent	m		Penny Lane Striders	1:51:13	1:50:59
129.	51	Stephen Harding	m	Veteran 40	Jog Scotland	1:51:22	1:51:13
130.	141	Graham Carson	m	Veteran 60	U/A London,	1:51:33	1:51:21
131.	257	John Hargreaves	m	Veteran 40	U/A Burnley, Lancashire	1:52:01	1:51:50
132.	216	Angela White	f	Lady Veteran 40	U/A Carlisle, Cumbria	1:52:16	1:52:12
133.	268	Ian Davenport	m	Veteran 40	None	1:52:19	1:52:06
134.	220	paul roche	m	Veteran 50	merseyside police	1:52:24	1:52:17
135.	956	Anna McClarnon	f	Lady Veteran 40	U/A Eastleigh, Hampshire	1:53:05	2:37:04
136.	259	austin burrows	m		U/A blackpool, lancs	1:53:46	1:53:40
137.	103	Gill Cox	f		U/A Ambleside, Cumbria	1:53:57	1:53:51
138.	78	Helen Walker	f	Lady Veteran 40	U/A Kendal, Cumbria	1:53:59	1:53:45
139.	91	John Bamforth	m	Veteran 50	U/A Seascale,	1:54:06	1:53:58
140.	277	Ian Silburn	m		U/A Edenhall, Cumbria	1:54:27	1:54:09
141.	39	Neil Paterson	m	Veteran 50	U/A Hexham, Northumberland	1:55:17	1:55:08
142.	123	Russell Thompson	m	Veteran 50	U/A Barrow-in-Furness,	1:55:41	1:55:27
143.	55	peter reed	m	Veteran 60	Northumberland Fell Runners	1:55:46	1:55:40
144.	20	Malcolm Marshall	m	Veteran 50	Scunthorpe & District AC	1:56:08	1:55:55
145.	168	Stuart Dunning	m		U/A Whitley Bay, Tyne and Wear	1:56:24	1:56:05
146.	104	John Humphryes	m		U/A Chester, Cheshire	1:56:34	1:56:26
147.	202	Adrian Cross	m	Veteran 40	U/A Arnside, Cumbria	1:56:48	1:56:35
148.	199	Kevin Sutherland	m	Veteran 40	ASICS	1:56:59	1:56:48
149.	282	Olivia Wiggans	f		U/A Preston, Lancashire	1:57:15	1:57:08
150.	281	John Wiggans	m	Veteran 40	U/A Preston, Lancashire	1:57:15	1:57:08
151.	264	Max Beddall	m		U/A London,	1:57:31	1:57:27
152.	133	Peter Murray	m		U/A Davyhulme, MANCHESTER	1:57:45	1:57:27
153.	252	Mark Haslam	f	Lady Veteran 40	U/A Bolton, Lancs	1:58:36	1:58:16
154.	173	Debi Ives	f		U/A Fife,	1:58:53	1:58:39
155.	128	Jonathan Green	m	Veteran 40	U/A Birkenhead,	1:59:59	1:59:48
156.	155	Wayne McIntosh	m		Trawden AC	2:00:14	2:00:05
157.	288	Chloe Summerfield	f			2:01:05	2:01:00

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
158.	249	sasha ban	f	Lady Veteran 40	DVRC	2:01:32	2:01:23
159.	142	Alan Davidson	m	Veteran 60	U/A Witney,	2:01:46	2:01:29
160.	217	Marcia Frith	f	Lady Veteran 40	Helm Hill	2:01:49	2:01:34
161.	192	yvonne garry	f		U/A east kilbride,	2:02:18	2:02:01
162.	255	Charlotte Stevenson	f		Swinton Running Club	2:02:32	2:02:22
163.	183	Robert Moody	m	Veteran 60	None	2:02:53	2:02:51
164.	181	Michael Edwards	m	Veteran 50	U/A Liverpool,	2:03:02	2:02:49
165.	96	Renata Ruskiewicz	f	Lady Veteran 50	Ealing Eagles	2:03:05	2:02:53
166.	153	Bruce Carlisle	m	Veteran 40	U/A Whitley Bay,	2:03:11	2:02:52
167.	29	Diane Wilson	f	Lady Veteran 40	U/A Richmond, North Yorkshire	2:03:16	2:03:00
168.	174	Daniel Towers	m		U/A Kendal, Cumbria	2:03:53	2:03:41
169.	130	Roj Fawcett	m	Veteran 40	U/A Northwich, Cheshire	2:04:11	2:04:00
170.	116	Carole Critchley	f	Lady Veteran 50	Holcombe Harriers	2:04:26	2:04:09
171.	233	Ian Grimshaw	m	Veteran 50	Trawden ac	2:05:05	2:05:00
172.	28	Martyn Wigglesworth	m	Veteran 40	U/A Richmond, North Yorkshire	2:05:23	2:05:07
173.	159	Dave Candlish	m	Veteran 40	Saltwell Harriers	2:05:31	2:05:22
174.	131	Simon Funnell	m	Veteran 40	U/A Guildford, Surrey	2:05:35	2:05:28
175.	79	Heather Acton	f	Lady Veteran 40	U/A Preston, Lancashire	2:05:49	2:05:35
176.	170	Jacqui Candlish	f	Lady Veteran 40	Saltwell Harriers	2:05:50	2:05:39
177.	60	Richard Clements	m	Veteran 40	U/A Manchester,	2:07:14	2:06:55
178.	129	Matt Wynne	m	Veteran 40	U/A Cairndow, Argyll & Bute	2:09:19	2:09:07
179.	239	Peter Hodgson	m	Veteran 40	U/A Bury,	2:09:56	2:09:36
180.	157	Jane Warner	f	Lady Veteran 50	Skelmersdale Boundary Harriers	2:10:09	2:09:52
181.	161	Bryony Catlow	f		U/A Gateshead, Tyne And Wear	2:10:13	2:10:02
182.	62	Rebecca Greaves	f		U/A Blackpool,	2:11:35	2:11:15
183.	263	Michael Milburn	m	Veteran 50	U/A Milnthorpe, Cumbria	2:12:18	2:12:04
184.	95	Sally Robinson	f	Lady Veteran 40	Veloart	2:12:36	2:12:25
185.	241	Sophie Baker	f		U/A Alfreton, Derbyshire	2:13:18	2:13:00
186.	240	Joanne Baker	f	Lady Veteran 60	U/A Whaley Bridge, High Peak	2:13:18	2:13:01
187.	106	Chris Lockley	m	Veteran 50	Eden Runners	2:16:08	2:15:52
188.	270	Stephen Ralston	m	Veteran 50	Lonsdale Fell Runners	2:17:58	2:17:47
189.	63	Di Newton	f	Lady Veteran 60	U/A Kendal,	2:20:29	2:20:12
190.	211	Caroline Jones	f	Lady Veteran 50	U/A Northwich, Cheshire	2:48:16	2:47:58
191.	210	Morag Sutton	f	Lady Veteran 40	Northwich Running Club	2:48:17	2:48:00

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