

Lakeland Trails in Staveley

Kentmere Trail Run10km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
Kentmere Trail Run10km							
1.	1350	Gary Bailey	m		Pudsey Pacers	0:49:05	0:49:04
2.	1353	Paul Graham	m		Derwent AC	0:50:46	0:50:44
3.	1503	Stu Windsor	m	Veteran 40	DH Runners	0:51:21	0:51:21
4.	1347	Paul Metham	m		U/A Altrincham,	0:51:31	0:51:31
5.	1058	John Widdrington	m		U/A Newcastle upon Tyne,	0:52:36	0:52:24
6.	1497	Paul Macfarlane	m		Helmhill / Batala	0:53:34	0:53:32
7.	1363	mark elsdon	m		U/A Hawick, Roxburghshire	0:54:34	0:54:31
8.	1187	Robbie Robson	m		South Axholme Academy	0:55:10	0:55:07
9.	1155	Murray Murray	m		Barrow stiders	0:56:16	0:56:16
10.	1376	Craig Marsh	m		Keswick AC	0:56:34	0:56:34
11.	1091	Thomas Deakin	m		U/A Stockport, Cheshire	0:56:54	0:56:53
12.	1164	Jane Thomas	f		Sale Harriers	0:56:59	0:56:59
13.	1409	Christopher Durkin	m		None	0:57:02	0:56:52
14.	1349	Thomas Young	m		U/A Gateshead, Tyne and wear	0:57:41	0:57:35
15.	1343	Paul Kelsall	m	Veteran 40	U/A New Mills ,	0:57:44	0:57:42
16.	1036	Lawrence Mannion	m	Veteran 50	U/A Kendal,	0:57:48	0:57:47
17.	1413	Karen Pickles	f	Lady Veteran 40	Pudsey Pacers	0:58:04	0:58:03
18.	1100	Martin Elsdon	m	Veteran 60	U/A Hawick, No preference	0:58:23	0:58:21
19.	1546	Victoria Graves	f		City of York AC	0:58:33	0:58:33
20.	1081	Ian Gibson	m	Veteran 40	U/A Ulverston, Cumbria	0:58:56	0:58:55
21.	1478	Robert Booth	m		N/A	0:59:07	0:58:53
22.	1483	Richard Todd	m	Veteran 40	Wigton road runners	0:59:13	0:59:09
23.	1390	Simon Maughan	m	Veteran 40	U/A Blackburn, Lancashire	0:59:16	0:59:14
24.	1025	Richard Whall	m		U/A Kirkham, Lancashire	0:59:20	0:59:19
25.	1296	Matt Smith	m		U/A Sunderland,	0:59:34	0:59:16
26.	1361	Adrian Stephenson	m	Veteran 50	U/A Preston, Lancashire	0:59:36	0:59:32
27.	1360	Stuart Taylor	m	Veteran 40	U/A Preston, Lancashire	0:59:36	0:59:32
28.	1344	Nick Kay	m		U/A Lancaster, Lancashire	0:59:54	0:59:53
29.	1094	Graham Jordan	m		U/A OLDHAM,	1:00:14	1:00:12
30.	1351	Suzanne Toppin	f	Lady Veteran 40	U/A Penrith, Cumbria	1:00:27	1:00:27
31.	1141	Andy Bennett	m		U/A Morecambe, Lancashire	1:00:58	1:00:57
32.	1339	Philip Luscombe	m		U/A Newcastle,	1:01:02	1:00:39
33.	1045	Louise Winter	f		Keswick AC	1:01:09	1:01:09
34.	1047	Ryan Mewis	m		U/A Preston,	1:01:11	1:01:05
35.	1062	andrew pye	m	Veteran 40	U/A skelsmergh,	1:01:19	1:01:07
36.	1111	Bob Wells	m	Veteran 60	Bedford Harriers AC	1:01:23	1:01:17
37.	1056	Lucy Ashton	f		U/A London,	1:01:53	1:01:50
38.	1477	phil herd	m		Beeston AC	1:02:05	1:01:55
39.	1162	David Mossop	m	Veteran 40	Banned out the multi.	1:02:31	1:02:25
40.	1235	Neil Baxter	m	Veteran 40	U/A Rhoose, Vale of Glamorgan	1:02:34	1:02:21
41.	1070	Wayne Barber	m	Veteran 40	U/A Kendal, Cumbria	1:03:16	1:02:50
42.	1461	Jon Tose	m	Veteran 40	U/A Manchester,	1:03:20	1:03:11
43.	1338	Emma Dewar	f		U/A Newcastle,	1:03:34	1:03:11
44.	1466	Peter Jobes	m		U/A Gateshead,	1:03:39	1:03:14
45.	1067	Jonathan Maxfield	m		Rotherham Harriers	1:03:41	1:03:37
46.	1146	Lee Lawrenson	m		U/A Preston, Lancs	1:03:49	1:03:40
47.	1163	JILL DOUGHERTY	f	Lady Veteran 40	Banned out the multi	1:04:06	1:04:00
48.	1465	Stephen Beard	m		U/A Thirnton, Lancashire	1:04:43	1:04:32
49.	1236	Sophie Cassidy	f		U/A Gateshead, Tyne and wear	1:04:46	1:04:22
50.	1334	Jonathan Fairhurst	m		U/A Wigan, lancashire	1:04:58	1:04:27
51.	1156	jon shard	m	Veteran 40	U/A manchester, lancashire	1:05:04	1:05:03
52.	1507	Jason Blagden	m	Veteran 40	Wesham Road Runners	1:05:19	1:05:11
53.	1286	fay tuffen	f	Lady Veteran 40	U/A troutbeck bridge, cumbria	1:05:24	1:05:22
54.	1212	Paul Mounsey	m	Veteran 60	Na	1:05:32	1:05:27
55.	1044	Lance Saxby	m	Veteran 40	U/A Harrogate, North Yorkshire	1:05:43	1:05:39
56.	1154	Michael Watson	m	Veteran 40	Banned out the multi	1:05:51	1:05:31
57.	1229	Harvey Woods	m	Veteran 40	U/A Wilmslow,	1:06:03	1:06:01
58.	1173	andrew foster	m	Veteran 40	U/A southport,	1:06:08	1:06:05
59.	1487	Glenn Morris	m	Veteran 40	U/A Lancaster, Lancs	1:06:17	1:06:15
60.	1369	John Burthem	m	Veteran 50	U/A Bolton, Lancs	1:06:45	1:06:32
61.	1120	Ian Waddingham	m		Red Rose Road Runners	1:07:07	1:07:00
62.	1024	Andrew Hemsley	m	Veteran 50	U/A Penrith, Cumbria	1:07:09	1:07:02
63.	1245	Andrew Metcalfe	m	Veteran 40	Penistone Footpath Runners	1:07:11	1:06:18
64.	1158	Steve Boston	m	Veteran 40	U/A Manchester,	1:07:16	1:07:04
65.	1170	Claire Platt	f		Tri Preston	1:07:19	1:07:14
66.	1283	Jonny Grisedale	m	Veteran 40	n/a	1:07:30	1:07:29
67.	1230	Mark Dewell	m	Veteran 40	U/A Wilmslow,	1:07:34	1:07:09
68.	1420	Michael Bolton	m		U/A Preston,	1:07:40	1:07:34
69.	1262	Richard Manley	m		U/A Wirral, Merseyside	1:07:48	1:07:33
70.	1513	Joanne Wilson	f		Wigton Road Runners	1:08:03	1:07:53
71.	1074	Lisa Bolton	f		Red rose road runners	1:08:09	1:08:03
72.	1175	Fiona Sharp	f	Lady Veteran 40	U/A Preston , Lancashire	1:08:14	1:08:06
73.	1370	Chris Taylor	m	Veteran 40	U/A Bolton, Lancs	1:08:30	1:08:22
74.	1215	Sarah Fanthorpe-Smith	f		Goyt Valley Striders	1:08:36	1:08:24
75.	1264	Adam Birch	m		U/A Kendal, Cumbria	1:08:37	1:08:15
76.	1496	Matt Knagg	m		Ulverston Tri Club	1:08:45	1:08:19
77.	1330	Elizabeth Watson	f		Derwent AC	1:08:58	1:08:40

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
78.	1220	pete coe	m	Veteran 60	U/A Kendal,	1:08:58	1:08:43
79.	1127	David Ashworth	m	Veteran 60	U/A Bolton, Lancs	1:09:16	1:09:16
80.	1540	Michael Letheren	m			1:09:17	1:08:58
81.	1082	Toby Gregory	m		U/A Preston, Lancashire	1:09:18	1:09:08
82.	1251	Robin Lees	m	Veteran 60	U/A Ambleside, Cumbria	1:09:24	1:09:22
83.	1246	William Belcher	m	Veteran 50	U/A West Yorks	1:09:28	1:09:00
84.	1136	Liam Aplin	m	Veteran 40	U/A Cockermouth, Cumbria	1:10:05	1:10:01
85.	1046	Ruth Mewis	f		U/A Preston,	1:10:08	1:10:03
86.	1080	Nicola Gibson	f	Lady Veteran 40	U/A Ulverston, cumbria	1:10:21	1:10:19
87.	1033	Gerard Hurst	m	Veteran 60	U/A Wigan,	1:10:41	1:10:32
88.	1233	Will Smith	m		U/A Lancaster,	1:11:01	1:10:09
89.	1030	Angie Trippitt	f	Lady Veteran 40	Kendal Tri Club	1:11:17	1:11:14
90.	1447	Tod Christopher	m	Veteran 40	U/A Leeds, West Yorkshire	1:11:21	1:11:17
91.	1105	Jackie Welburn	f		Holme Pierrepont RC	1:11:31	1:11:25
92.	1547	Samantha Webb	f			1:11:52	1:11:48
93.	1194	Andrew Taylor	m	Veteran 50	Clayton Le Moors Harriers	1:11:59	1:11:45
94.	1438	Chris Harrop	m	Veteran 40	U/A Warrington, Cheshire	1:12:03	1:11:49
95.	1119	Darren Entwistle	m	Veteran 40	Fylde Coast Runners	1:12:04	1:11:30
96.	1121	Paul Shawcross	m	Veteran 40	Banned out the multi	1:12:06	1:11:46
97.	1122	Jonty Tarbuck	m	Veteran 40	U/A Newcastle upon Tyne,	1:12:09	1:12:01
98.	1083	Sara Brookes	f	Lady Veteran 40	U/A Preston, Lancashire	1:12:22	1:12:07
99.	1004	Thomas Ward	m		U/A Lancaster, Lancashire	1:12:22	1:11:40
100.	1548	Emma Matthews	f			1:12:23	1:12:19
101.	1147	Andy Hale	m	Veteran 40	U/A Preston,	1:12:24	1:12:15
102.	1087	James Aiston	m		U/A Carlisle, Cumbria	1:12:24	1:12:13
103.	1356	Catherine Wardell	f		U/A Northampton,	1:12:28	1:11:58
104.	1217	Kath Hooper	f		U/A Newcastle upon Tyne, Tyne and Wear	1:12:36	1:12:10
105.	1287	Dawn Jones	f	Lady Veteran 40	Harlow Athletic Club	1:12:40	1:12:37
106.	1439	Stephanie Lace	f		U/A Ellesmere Port, cheshire	1:12:46	1:12:33
107.	1440	Silas Heys	m		U/A Wigan, Lancashire	1:12:46	1:12:32
108.	1424	Libby Dixon	f		U/A Ambleside, cumbria	1:12:49	1:12:36
109.	1302	Gill Weatherill	f	Lady Veteran 40	Wallsend Harriers	1:13:11	1:12:45
110.	1112	Julian Coulthard	m	Veteran 50	Border Harriers	1:13:14	1:13:09
111.	1207	emma wrathall	f	Lady Veteran 40	U/A preston, lancashire	1:13:15	1:12:37
112.	1321	Grant Folley	m		U/A Newcastle,	1:13:21	1:12:55
113.	1124	ian mitchell	m	Veteran 50	helm hill runners	1:13:33	1:13:17
114.	1206	Jane Mellor	f		U/A Bridge of Weir,	1:13:34	1:12:52
115.	1464	James Alderson	m		U/A Thornton Cleveleys , Lancashire	1:13:40	1:13:30
116.	1126	Simon Osmond	m	Veteran 40	U/A Carnforth, Lancashire	1:13:54	1:13:44
117.	1299	Tim Lynch	m		U/A Altrincham,	1:14:04	1:13:41
118.	1432	Emily Linsdell	f		U/A Gateshead,	1:14:05	1:13:39
119.	1208	Clare Ashton	f	Lady Veteran 40	U/A Warrington, Cheshire	1:14:07	1:13:58
120.	1444	Przemyslaw Dziejatkowski	m		U/A Kendal,	1:14:15	1:14:11
121.	1305	Matthew Ward	m	Veteran 40	U/A Stockport, Cheshire	1:14:25	1:13:50
122.	1384	Derek Woolley	m	Veteran 60	U/A Heysham, Lancashire	1:14:25	1:14:14
123.	1366	David Pugsley	m	Veteran 50	U/A Lytham,	1:14:28	1:14:11
124.	1134	Rebecca Hodgson	f		U/A Kendal, Cumbria	1:14:28	1:14:24
125.	1402	katharine murugesan	f		U/A lytham,	1:14:28	1:14:12
126.	1051	Hayley Livesey	f	Lady Veteran 40	U/A Lincoln, Lincolnshire	1:14:33	1:14:24
127.	1031	Lesley Goodson	f	Lady Veteran 50	North Wales Road Runners Club	1:14:54	1:14:53
128.	1508	Daniel Hotchkiss	m	Veteran 40	N/A	1:15:08	1:14:25
129.	1274	Roland Jones	m	Veteran 50	None	1:15:20	1:15:05
130.	1258	Haris Kaloudis	m		U/A Lancaster,	1:15:22	1:14:39
131.	1294	Kayleigh Dunn	f		U/A Newcastle,	1:15:24	1:14:56
132.	1149	Laurence Wilkinson	m		N/A	1:15:27	1:15:08
133.	1009	David Jones	m	Veteran 50	U/A Spital, cheshire	1:15:30	1:15:05
134.	1394	john edge	m	Veteran 60	none	1:15:34	1:15:09
135.	1318	Ian Hartwell	m		U/A Manchester,	1:15:36	1:14:44
136.	1006	Beth Irving	f	Lady Veteran 40	U/A Carlisle,	1:15:47	1:15:44
137.	1232	Nick Postill	m		U/A Ormskirk,	1:15:52	1:14:59
138.	1221	Gemma Helme	f		U/A Carlisle,	1:16:24	1:16:12
139.	1138	Lee Johnston	m	Veteran 40	U/A SOUTHPORT,	1:16:30	1:16:13
140.	1137	Nicola Stanley	f	Lady Veteran 40	U/A SOUTHPORT,	1:16:30	1:16:14
141.	1486	Mark Lovering	m	Veteran 40	U/A Chorley, Lancashire	1:16:35	1:16:32
142.	1428	Philip Harland	m	Veteran 50	U/A Warrington, Cheshire	1:16:36	1:16:12
143.	1479	paul norman	m	Veteran 40	U/A warrington, cheshire	1:16:38	1:16:09
144.	1397	Slavomir Petrik	m		U/A Hitchin, Hertfordshire	1:17:10	1:16:40
145.	1329	Sam Cherrington	m		U/A Ashton-in-Makerfield, Greater Manchester	1:17:13	1:16:41
146.	1108	Gerry Burns	m	Veteran 50	U/A Kendal,	1:17:19	1:16:44
147.	1531	Phil Collinson	m		Asics	1:17:20	1:16:43
148.	1243	Chloe Larkin	f		Denby Dale Travellers	1:17:21	1:16:29
149.	1000	Andrew Goodson	m	Veteran 50	U/A Bowness on Windermere, Cumbria	1:17:41	1:17:38
150.	1035	Hilde Krynen	f	Lady Veteran 50	U/A Kendal, Cumbria	1:17:45	1:17:43
151.	1282	Vicky Gore	f	Lady Veteran 40	Red Rose Road Runners	1:17:47	1:17:32
152.	1335	Bob Garland	m	Veteran 40	U/A Manchester, Greater Manchester	1:17:50	1:17:00
153.	1032	Linda Gant	f	Lady Veteran 50	St.Bees Triers	1:17:56	1:17:52
154.	1529	David Johnson	m		Asics	1:17:56	1:17:23
155.	1188	Jackie Ellis	m		U/A Llanymynech,	1:18:04	1:17:47
156.	1106	Andrew Whitehead	m	Veteran 50	U/A Carnforth, Lancashire	1:18:11	1:18:02
157.	1451	Nadia Tripp	f		U/A Newcastle-upon-Tyne,	1:18:16	1:17:29

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Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
158.	1090	Thomas Pearson	m		U/A Grange Over Sands, Cumbria	1:18:26	1:18:11
159.	1131	Ellena Gamberini	f		Rocktart Runners	1:18:41	1:17:56
160.	1165	Rebecca Hilland	f		Banned out the multi	1:18:42	1:18:36
161.	1358	sara cook	f	Lady Veteran 40	U/A carnforth, lancs	1:18:43	1:18:23
162.	1357	nick cook	m	Veteran 40	U/A carnforth, lancs	1:18:43	1:18:23
163.	1354	Sarah Henderson	f	Lady Veteran 40	U/A Kendal,	1:18:58	1:18:21
164.	1412	Rachel Allison	f		U/A Grasmere, Cumbria	1:19:04	1:18:52
165.	1322	Mathew Fairhurst	m		U/A Wigan, Lancashire	1:19:08	1:18:37
166.	1186	Carol Brough	f		Chorlton Runners	1:19:12	1:18:39
167.	1398	Ken Graywahl	m	Veteran 60	U/A Sheffield,	1:19:27	1:18:42
168.	1263	andrew marrison	m	Veteran 40	U/A kendal, Cumbria	1:19:43	1:19:24
169.	1198	Catherine Haggerty	f		U/A St Helens,	1:20:01	1:19:41
170.	1039	Susan Sharp	f	Lady Veteran 50	U/A Wakefield, west Yorkshire	1:20:08	1:19:57
171.	1038	Nick Sharp	m	Veteran 40	U/A Wakefield, West Yorkshire	1:20:08	1:19:58
172.	1537	Viv Riley	f	Lady Veteran 50	Black Combe Runners	1:20:13	1:19:46
173.	1449	Nia weinzweig	f		U/A Bridgend, Bridgend	1:20:13	1:19:25
174.	1382	gary clay	m	Veteran 50	U/A huddersfield, west yorkshire	1:20:20	1:20:08
175.	1222	Alexandra Ashworth	f		U/A Preston,	1:20:35	1:19:57
176.	1279	paul glover	m		U/A scunthorpe ,	1:20:39	1:20:08
177.	1205	Hannah Caulfield	f		Darwen Dashers RC	1:20:58	1:20:25
178.	1291	Nicole Spibey	f		U/A Cartmel ,	1:21:00	1:20:41
179.	1327	Maxine Wilson	f	Lady Veteran 40	U/A Haltwhistle,	1:21:17	1:20:39
180.	1411	Barbara Deane	f		U/A Penrith,	1:21:22	1:20:34
181.	1028	Annika Unsworth	f		Asics	1:21:25	1:20:53
182.	1488	gillian atkinson	f	Lady Veteran 50	U/A neston, cheshire	1:21:28	1:20:42
183.	1437	Jayne Dore	f	Lady Veteran 40	U/A Formby,	1:21:30	1:21:17
184.	1268	Jo-Anna Robson	f	Lady Veteran 40	U/A Formby,	1:21:30	1:21:18
185.	1443	Adam Townsend	m		U/A Radstock,	1:21:31	1:20:56
186.	1475	Lee Hardwick	m	Veteran 40	Team Rocket slippers	1:21:33	1:20:59
187.	1297	Jo Briley	f	Lady Veteran 40	U/A Durham,	1:21:35	1:20:48
188.	1414	Martha Smith	f		U/A Lancaster,	1:21:42	1:21:30
189.	1160	Karen Charlesworth	f	Lady Veteran 50	U/A Cowan Bridge, Lancs	1:21:44	1:21:15
190.	1171	Peter Lane	m		U/A Newark, Nottinghamshire	1:21:47	1:21:13
191.	1063	Patricia White	f	Lady Veteran 50	U/A Kendal, Cumbria	1:21:48	1:21:27
192.	1541	Ryan Deakin	m		U/A Haxby, North Yorkshire	1:21:50	1:21:12
193.	1172	Andrew Jones	m		U/A Prescot, Merseyside	1:21:52	1:21:19
194.	1385	Marilyn Grant	f	Lady Veteran 50	Keswick AC	1:21:56	1:21:34
195.	1315	Michael Crozier	m	Veteran 50	U/A Colne,	1:22:00	1:21:46
196.	1328	James Leach-Holt	m		The Brick Homeless Project	1:22:04	1:21:30
197.	1267	Claire Crosbie	f	Lady Veteran 40	U/A Bridge of Weir,	1:22:06	1:21:26
198.	1535	Emily Roberts	f		Asics	1:22:11	1:21:21
199.	1332	Louise Firby	f		U/A Cockermouth, Cumbria	1:22:17	1:21:58
200.	1416	Susan Seddon	f		Women on the run	1:22:18	1:21:42
201.	1554	Kate Maynard	f			1:22:19	1:21:55
202.	1502	Alex Zglobis	m		U/A Ambleside, Cumbria	1:22:20	1:22:13
203.	1365	Louise Addy	f		U/A Kendal, Cumbria	1:22:30	1:22:22
204.	1244	Karlotta Larkin	f		Denby Dale Travellers	1:22:31	1:21:38
205.	1242	Charlotte Coleman	f	Lady Veteran 40	Penistone Footpath Runners	1:22:32	1:21:38
206.	1434	David Stephenson	m		U/A Ottringham,	1:22:34	1:21:39
207.	1450	Daniel Laing	m		U/A YORK, North Yorkshire	1:22:41	1:22:10
208.	1092	catherine wileman	f		na	1:22:41	1:22:37
209.	1256	Kevin Gelder	m	Veteran 50	U/A Cleckheaton, West Yorkshire	1:22:44	1:22:22
210.	1331	Alison Bibby	f	Lady Veteran 40	U/A Cockermouth, Cumbria	1:22:45	1:22:27
211.	1113	Catherine Betley	f		N/A	1:22:47	1:22:28
212.	1368	Sarah Sandell	f		U/A Richmond, North Yorkshire	1:22:52	1:22:19
213.	1367	Aimee Roblin	f		U/A Richmond, North Yorkshire	1:22:52	1:22:19
214.	1228	Jane Davies	f	Lady Veteran 50	U/A Manchester,	1:22:54	1:22:10
215.	1355	Jon Gilson	m	Veteran 40	U/A Leek,	1:22:57	1:22:19
216.	1388	Paul Donnelly	m	Veteran 40	Unattached	1:22:59	1:22:06
217.	1326	Ian Wilson	m	Veteran 50	U/A Haltwhistle,	1:23:00	1:22:20
218.	1551	lisa whetter	f	Lady Veteran 40	U/A Levens, Cumbria	1:23:05	1:22:44
219.	1085	amy wright	f		U/A tarporley, cheshire	1:23:16	1:22:38
220.	1123	Dianne Stanford	f	Lady Veteran 40	U/A Wigan, Lancashire	1:23:20	1:22:52
221.	1041	Louise Corrigan	f		Swinton RC	1:23:25	1:23:05
222.	1364	Kate Trippitt	f		U/A Bowness on Windermere, Cumbria	1:23:26	1:23:23
223.	1523	Mark Drummond	m	Veteran 40	DH Runners	1:23:55	1:23:38
224.	1421	Helen Yates	f		Silverdale	1:23:56	1:23:31
225.	1101	Gary Goodall	m		U/A Morecambe, lancs	1:24:01	1:23:34
226.	1010	Vicky Johnston	f	Lady Veteran 40	St Bees Triers	1:24:03	1:23:59
227.	1191	Anna Senior	f		U/A Wantage, Oxfordshire	1:24:12	1:23:29
228.	1522	Ian Harvey	m	Veteran 50	Wigton Road Runners	1:24:33	1:23:37
229.	1512	anneke ramsay	f	Lady Veteran 40	U/A silloth, cumbria	1:24:44	1:24:33
230.	1049	Jane Taylor	f	Lady Veteran 40	Women on the Run - Preston	1:24:52	1:24:23
231.	1538	Jo Still	f	Lady Veteran 40	U/A Crosthwaite	1:24:59	1:24:12
232.	1042	Claire Bewsher	f	Lady Veteran 40	U/A Chorley, Lancashire	1:25:04	1:24:16
233.	1492	Tony Orr	m	Veteran 50	U/A burton in kendal, cumbria	1:25:05	1:24:38
234.	1020	Liz Bamber	f	Lady Veteran 40	Lancaster Women's Running Club	1:25:05	1:24:36
235.	1460	Sheila Tose	f	Lady Veteran 40	U/A Manchester,	1:25:09	1:24:34
236.	1514	Claire Buchanan	f	Lady Veteran 40	U/A Grangemouth, Falkirk	1:25:14	1:24:38
237.	1098	Sharron Elsdon	f		U/A Hawick, Scottish Borders	1:25:16	

Lakeland Trails in Staveley

Kentmere Trail Run10km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
238.	1423	Chris Yates	m	Veteran 60	Silverdale	1:25:27	1:25:08
239.	1078	Lindsey McGahey	f		Women on the Run	1:25:29	1:24:59
240.	1140	Jenna Butler	f		U/A Kendal, Cumbria	1:25:29	1:25:24
241.	1234	Simon Nicholson	m		U/A Galgate, Lancaster,	1:25:44	1:24:51
242.	1524	Andrea Young	f	Lady Veteran 40	DH Runners	1:25:46	1:25:30
243.	1375	davina bowling	f	Lady Veteran 60	redrose road runners	1:25:48	1:25:32
244.	1543	Clare Mason	f	Lady Veteran 40		1:25:56	1:25:46
245.	1542	Ray Bessant	m	Veteran 50		1:25:57	1:25:46
246.	1516	Jenny Bradley	f	Lady Veteran 40	Red Rose Road Runners	1:26:04	1:25:51
247.	1099	Emma Johnson	f		Red Rose Road Runners	1:26:04	1:25:49
248.	1515	Kate Clipston	f	Lady Veteran 40	Red Rose Road Runners	1:26:04	1:25:51
249.	1474	Claire Welburn	f		U/A Grange over Sands , Cumbria	1:26:09	1:26:02
250.	1211	Gail Clegg	f	Lady Veteran 40	U/A Penrith, Cumbria	1:26:23	1:25:37
251.	1317	Catherine Thomson	f	Lady Veteran 40	U/A Manchester,	1:26:35	1:25:43
252.	1027	Steph Dale	f		Asics	1:26:37	1:26:01
253.	1181	Nicola McGrath	f	Lady Veteran 40	U/A Chorley, Lancashire	1:26:39	1:26:33
254.	1285	Andrew Reid	m		U/A Merseyside,	1:26:50	1:26:38
255.	1505	Diane Blagden	f	Lady Veteran 40	Wesham Road Runners	1:26:53	1:26:28
256.	1550	sue woods	f	Lady Veteran 50	U/A levens, cumbria	1:26:58	1:26:38
257.	1248	Vera Sugar	f		U/A London,	1:27:04	1:26:41
258.	1300	Emma Cattermole	f	Lady Veteran 40	U/A Kendal, Cumbria	1:27:27	1:27:19
259.	1422	Brad Lorson	m		Silverdale	1:27:36	1:26:57
260.	1301	Karen Christou	f	Lady Veteran 40	U/A Milnthorpe, CUMBRIA	1:27:39	1:27:00
261.	1190	Helen Larkin	f	Lady Veteran 40	U/A Motherwell,	1:27:40	1:26:45
262.	1498	Marie Stolbrink	f		U/A Liverpool,	1:27:42	1:26:46
263.	1499	Eliza Pye	f		U/A Liverpool,	1:27:42	1:26:47
264.	1435	sarah anne wareing	f	Lady Veteran 40	U/A southport, merseyside	1:27:56	1:27:32
265.	1034	Laura Robson	f		York Postal Harriers	1:28:03	1:27:49
266.	1480	kathryn norman	f	Lady Veteran 40	U/A warrington, cheshire	1:28:03	1:27:35
267.	1539	Catherine Higson	f			1:28:05	1:28:00
268.	1484	Susan Taylor	f		U/A Milnthorpe, Cumbria	1:28:06	1:27:37
269.	1177	Patricia Hayes	f	Lady Veteran 60	none	1:28:10	1:28:01
270.	1218	Helen Scott	f		U/A Osgodby, North Yorkshire	1:28:11	1:27:57
271.	1052	Heather Gilbert	f	Lady Veteran 40	U/A Disley, Cheshire	1:28:16	1:28:15
272.	1054	Kevin Bloor	m	Veteran 40	U/A Rothwell,	1:28:16	1:28:15
273.	1012	Jan Molyneux	f	Lady Veteran 40	U/A Manchester,	1:28:20	1:28:00
274.	1501	Jayne Smith	f		U/A Ambleside, Cumbria	1:28:27	1:28:14
275.	1202	Maureen Lees	f	Lady Veteran 40	U/A Strathaven, Lanarkshire	1:28:28	1:27:33
276.	1379	Heather Berrill	f		U/A Preston, Lancashire	1:28:28	1:27:58
277.	1266	louise weller	f	Lady Veteran 50	styal running club	1:28:35	1:28:30
278.	1196	Sarah Wright	f	Lady Veteran 40	U/A Penrith, Cumbria	1:28:39	1:28:37
279.	1395	anita dennis	f	Lady Veteran 50	U/A leeds,	1:28:49	1:28:39
280.	1295	Caron Smith	f	Lady Veteran 40	U/A Sunderland,	1:28:53	1:28:06
281.	1068	Elaine Tompkins	f		U/A Colne, Lancashire	1:28:55	1:28:38
282.	1224	Laura Cox	f		U/A Wotton-under-Edge,	1:28:56	1:28:07
283.	1489	sam perkins	f	Lady Veteran 40	U/A Ingleton, n. yorkshire	1:29:00	1:28:42
284.	1429	Jackie Harland	f	Lady Veteran 50	U/A Warrington, Cheshire	1:29:02	1:28:18
285.	1405	Sally Cottrill	f	Lady Veteran 40	Burnden Road Runners	1:29:02	1:28:48
286.	1404	Alec Cottrill	m	Veteran 50	Burnden Road Runners	1:29:02	1:28:47
287.	1084	Dave Newton	m		None	1:29:03	1:28:47
288.	1320	Faith Folley	f		U/A Newcastle,	1:29:05	1:28:39
289.	1468	Eilidh Simpson	f	Lady Veteran 50	U/A East Kilbride, Lanarkshire	1:29:07	1:28:13
290.	1427	Adam Clarke	m		U/A Derby,	1:29:23	1:29:01
291.	1457	Andy Scorer	m	Veteran 40	U/A Durham,	1:29:25	1:28:37
292.	1534	Chris Bolton	m	Veteran 50	Asics	1:29:28	1:28:40
293.	1426	Kate McBlane	f		U/A Derby, Derbyshire	1:29:45	1:29:22
294.	1225	Hans Ebben	m	Veteran 50	U/A Hedel,	1:30:02	1:29:26
295.	1093	Janine Jordan	f		U/A Oldham,	1:30:03	1:29:37
296.	1271	Marion Conlon	f	Lady Veteran 50	U/A Heswall, Merseyside	1:30:09	1:29:21
297.	1493	Becky Goulding	f		U/A Brighouse, West Yorkshire	1:30:30	1:30:11
298.	1393	maddi hodgson	f	Lady Veteran 50	Victoria Park Running Club	1:30:34	1:30:10
299.	1269	Kirsty Mackie	f		U/A Bridge of Weir, Renfrewshire	1:30:38	1:29:57
300.	1491	Simon Baxendale	m	Veteran 50	Baxi	1:30:48	1:30:35
301.	1007	Tracey Barker	f	Lady Veteran 40	U/A Rowlands Gill, --- Please Select ---	1:30:54	1:30:26
302.	1280	Emma Glover	f		U/A Scunthorpe , N Lincolnshire	1:31:01	1:30:26
303.	1455	Nicholas green	m		U/A penrith, cumbria	1:31:01	1:30:16
304.	1510	Gill Fenna	f	Lady Veteran 50	Batala	1:31:11	1:30:45
305.	1066	Anouska Kent	f		U/A Oldham, Lancashire	1:31:12	1:30:36
306.	1521	Carol Harvey	f	Lady Veteran 50	Wigton Road Runners	1:31:31	1:30:39
307.	1396	Donna Higgens	f		U/A Wigan , Lancashire	1:31:33	1:30:52
308.	1069	Leanne Morgan-Hillam	f		U/A Wigan, Lancs	1:31:34	1:30:53
309.	1553	Joanne Auty	f	Lady Veteran 40	U/A Huddersfield , West Yorkshire	1:31:39	1:31:24
310.	1168	Lesley Allison	f	Lady Veteran 50	U/A Penrith, Cumbria	1:31:54	1:31:48
311.	1378	Simon Berrill	m		U/A Preston, Lancs	1:31:55	1:31:25
312.	1482	Sohel Islam	m	Veteran 40	U/A Clitheroe, Lancashire	1:32:03	1:31:20
313.	1275	Vicky Booth	f		U/A Huddersfield, West Yorkshire	1:32:03	1:31:16
314.	1504	Anne Lewis	f	Lady Veteran 60	Independent	1:32:04	1:31:30
315.	1494	Alison Wright	f		U/A Carlisle,	1:32:07	1:31:49
316.	1130	David Cassels	m	Veteran 50	Rocktart Runners	1:32:11	1:31:26
317.	1481	Elizabeth Islam	f		U/A Clitheroe, Lancashire	1:32:17	1:31:35

Lakeland Trails in Staveley

Kentmere Trail Run10km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
318.	1415	Ashley Newsham	f		U/A Preston, Lancashire	1:32:25	1:32:02
319.	1337	Helen Eastham	f	Lady Veteran 40	U/A lancaster, lancashire	1:32:28	1:32:01
320.	1260	Neil Stirling	m	Veteran 70		1:32:38	1:32:09
321.	1380	Deborah Thorneycroft	f	Lady Veteran 50	U/A Stoke on Trent, Staffs	1:32:38	1:32:03
322.	1530	Sophie Collinson	f		Asics	1:32:41	1:32:04
323.	1293	Sarah Gunn	f	Lady Veteran 40	U/A Nottingham, Nottinghamshire	1:32:47	1:32:09
324.	1545	Gillian Graves	f	Lady Veteran 50	U/A York, North Yorkshire	1:32:57	1:32:45
325.	1252	claire bellingham	f	Lady Veteran 50	U/A Johnstone, Scotland	1:32:57	1:32:06
326.	1298	Sophie Lynch	f		U/A Altrincham,	1:33:01	1:32:38
327.	1001	Laura Clements	f	Lady Veteran 50	U/A Penrith, Cumbria	1:33:02	1:32:43
328.	1333	Lorna Clement	f		U/A Brampton, Cumbria	1:33:05	1:32:25
329.	1276	Katie Robinson	f		U/A Huddersfield, West yorkshire	1:33:12	1:32:25
330.	1470	Helen Kilner	f	Lady Veteran 40	U/A York,	1:33:30	1:33:10
331.	1216	Sarah Oram	f	Lady Veteran 40	Chorlton Runners	1:33:38	1:33:21
332.	1519	Tanya Hancock	f	Lady Veteran 40	U/A Golborne,	1:33:57	1:33:27
333.	1518	Paul Hancock	m	Veteran 40	U/A golborne,	1:33:57	1:33:27
334.	1048	Theresa Murray	f	Lady Veteran 50	U/A Troutbeck Bridge, Cumbria	1:34:07	1:33:43
335.	1016	Alison Spiby	f	Lady Veteran 40	U/A Windermere, Cumbria	1:34:10	1:33:46
336.	1506	Nicky Graves	f	Lady Veteran 50	Batala Drummers	1:34:16	1:33:50
337.	1254	Louise Atkin	f	Lady Veteran 50	U/A Manchester,	1:34:20	1:33:30
338.	1071	Peter Phillips	m	Veteran 60	Loftus and Whitby AC	1:34:33	1:34:28
339.	1072	Gareth Phillips	m	Veteran 40	Gateshead harriers	1:34:33	1:34:28
340.	1430	Patrick Stanley	m	Veteran 40	Victoria Park Running Club	1:34:55	1:34:28
341.	1116	Paul Crawford	m	Veteran 50	U/A Altrincham, Cheshire	1:35:20	1:34:42
342.	1259	claire cooper	f	Lady Veteran 40	U/A southport, merseyside	1:35:24	1:35:17
343.	1086	Lorraine Yuill	f	Lady Veteran 40	U/A Lancaster ,	1:35:28	1:34:47
344.	1312	BARRY GREEN	m	Veteran 60	NONE	1:35:28	1:34:57
345.	1197	Niki Stockton	f	Lady Veteran 40	Swinton Running Club	1:35:41	1:35:01
346.	1459	Gaynor Riley	f	Lady Veteran 50	U/A Ilkley, West Yorkshire	1:35:46	1:35:08
347.	1371	Heather Minshull	f	Lady Veteran 40	U/A Bolton,	1:35:51	1:35:20
348.	1316	Emma Robinson	f		U/A Ramsbottom,	1:35:57	1:35:08
349.	1226	Carlita Rossou	f	Lady Veteran 50	U/A Hedel, The Netherlands	1:36:01	1:35:25
350.	1552	Lisa Whitehead	f	Lady Veteran 50	Swinton	1:36:14	1:35:35
351.	1511	Louise Hodgson	f	Lady Veteran 40	U/A Grasmere,	1:36:22	1:36:10
352.	1310	Danny Smith	m	Veteran 50	Roundhay Runners	1:36:33	1:35:56
353.	1311	Deb Bloom	f	Lady Veteran 50	U/A Leeds, Choose a County	1:36:34	1:35:56
354.	1383	Helene Ghosh	f	Lady Veteran 40	U/A Gomersal,	1:36:50	1:36:41
355.	1454	angela green	f		U/A penrith, cumbria	1:37:04	1:36:18
356.	1549	Susan Averill	f	Lady Veteran 50	U/A Nottingham,	1:37:15	1:37:02
357.	1023	joe dobbs	m	Veteran 70	independent	1:37:58	1:37:05
358.	1509	Susan Hotchkiss	f	Lady Veteran 50	N/A	1:38:03	1:37:14
359.	1040	Rachel Archer	f	Lady Veteran 40	Swinton Running Club	1:38:03	1:37:43
360.	1544	Louise Anderson	f		BATs	1:38:08	1:37:47
361.	1064	Rachel Brownsmith	f		U/A Lancaster,	1:38:23	1:37:56
362.	1418	Kelly Irvine	f	Lady Veteran 40	WOTR	1:38:24	1:37:42
363.	1270	Claire Bunting	f		U/A Johnstone, Renfrewshire	1:38:35	1:37:54
364.	1179	Graham Greenwood	m	Veteran 50	Probody Fitness	1:38:38	1:38:30
365.	1178	Sue Abram-Greenwood	f	Lady Veteran 40	Probody Fitness	1:38:38	1:38:30
366.	1359	Christine Sutherland	f	Lady Veteran 50	U/A Penrith, Cumbria	1:38:40	1:38:19
367.	1219	Ann Coe	f	Lady Veteran 70	U/A Kendal,	1:38:58	1:38:23
368.	1209	Clair Bonner	f	Lady Veteran 40	U/A Keighley, West Yorkshire	1:39:21	1:38:41
369.	1458	Kathryn Atkins	f	Lady Veteran 60	U/A Leeds, West Yorkshire	1:39:28	1:38:50
370.	1053	Jack Waite	m	Veteran 50	U/A Milnthorpe, Cumbria	1:39:32	1:39:00
371.	1442	Alan Townsend	m	Veteran 60	U/A Radstock,	1:39:39	1:38:56
372.	1342	Caroline Johns	f	Lady Veteran 40	U/A Selby, North Yorkshire	1:39:48	1:39:25
373.	1306	Ruth Little	f		U/A Sheffield, UK	1:39:48	1:38:54
374.	1525	Abi Burns	f		U/A Sheffield,	1:39:48	1:38:54
375.	1057	Rosa Elliott	f	Lady Veteran 50	U/A Sale, Cheshire	1:39:51	1:39:03
376.	1237	Dawn Evans	f	Lady Veteran 40	burnden road runners	1:39:58	1:39:24
377.	1372	Lisa Paxton	f		Women on the run	1:40:13	1:39:37
378.	1463	Sarah Thacker	f		U/A Milnthorpe, Cumbria	1:40:26	1:39:40
379.	1462	Elizabeth Foulds	f		U/A Carnforth , Lancs	1:40:27	1:39:41
380.	1200	Annie Ashton	f		U/A Wilmslow,	1:40:32	1:39:46
381.	1144	Louise Murray	f	Lady Veteran 50	U/A Manchester,	1:40:36	1:39:52
382.	1433	Nicola Cave	f	Lady Veteran 40	U/A Lytham St Anne's , Lancashire	1:40:41	1:40:20
383.	1431	Robert Hudson	m	Veteran 40	BATS MNCC Runners	1:40:41	1:40:19
384.	1176	Gwen Beeken	f	Lady Veteran 40	U/A Holyhead, Gwynedd	1:41:45	1:41:36
385.	1180	Helen Canty	f		Pro body Fitness	1:41:45	1:41:37
386.	1199	Karen Cummings	f	Lady Veteran 40	U/A St Helens, Merseyside	1:41:52	1:41:33
387.	1192	Isla Fitzgerald	f	Lady Veteran 40	U/A Kendal, Cumbria	1:41:57	1:41:12
388.	1214	samantha hodgson	f	Lady Veteran 40	U/A grange over sands, cumbria	1:42:08	1:41:19
389.	1261	Ann Myatt	f	Lady Veteran 50	Cheadle	1:42:15	1:41:40
390.	1289	Theresa Wilkie	f	Lady Veteran 60	FROCS	1:42:50	1:42:21
391.	1319	Hannah Jowett	f	Lady Veteran 40	Hyde Park Harriers	1:43:03	1:42:32
392.	1227	Sean Smith	m	Veteran 40	None	1:43:04	1:42:41
393.	1490	Sally Kenyon	f		U/A Liverpool,	1:43:15	1:42:25
394.	1473	Caroline Kenyon	f	Lady Veteran 50	U/A Liverpool,	1:43:35	1:42:45
395.	1060	Lee Smith	m	Veteran 40	U/A Wigan, Lancs	1:44:09	1:43:36
396.	1059	Rebecca Moon	f	Lady Veteran 40	U/A Wigan, Lancs	1:44:09	1:43:40
397.	1132	Ursula Collie	f	Lady Veteran 50	U/A Richmond, North Yorks	1:45:14	1:44:47

Lakeland Trails in Staveley

Kentmere Trail Run10km

Pos	Bib	Name	M/F	Age Cat	Club	Gun Time	Chip Time
398.	1150	Clare Proctor	f		U/A Manchester,	1:45:15	1:44:52
399.	1419	Kirsty Brown	f		WOTR	1:45:36	1:45:00
400.	1079	Helen Borking	f	Lady Veteran 50	Women on the Run	1:45:48	1:45:15
401.	1417	Sandra Hill	f	Lady Veteran 40	WOTR	1:45:48	1:45:05
402.	1277	louisa corlett	f	Lady Veteran 40	U/A whitworth, lancashire	1:46:51	1:46:07
403.	1253	Nina Colquhoun	f		U/A Hoghton, PRESTON	1:47:29	1:47:12
404.	1189	Dot Carr	f	Lady Veteran 60	U/A harrogate, yorkshire	1:48:27	1:48:17
405.	1533	Vicky Moss	f		Asics	1:48:49	1:48:00
406.	1345	Peter Swift	m	Veteran 50	U/A wigan,	1:49:22	1:48:49
407.	1336	Paul McConville	m	Veteran 50	U/A Chorley, Lancashire	1:49:26	1:48:35
408.	1532	Niki Roberts	m		Asics	1:49:27	1:48:36
409.	1471	Kate Thomson	f	Lady Veteran 40	U/A Penicuik, Midlothian	1:49:42	1:48:53
410.	1441	J Howard	m	Veteran 60	U/A Ashton under Lyne, Lancs	1:50:27	1:49:34
411.	1183	Gillian O'boyle	f	Lady Veteran 40	U/A warrington, Cheshire	1:50:52	1:50:01
412.	1278	Andrew O'Boyle	m	Veteran 50	U/A Warrington, Cheshire	1:50:52	1:50:02
413.	1340	Kathryn Wesley	f	Lady Veteran 50	U/A Livingston, West Lothian	1:51:41	1:50:49
414.	1341	Coral Wesley	f		U/A Tranent , East Lothian	1:51:41	1:50:49
415.	1325	Mick Findlay	m	Veteran 60	U/A Haltwhistle,	1:51:42	1:51:01
416.	1324	Lorraine Findlay	f	Lady Veteran 50	U/A Haltwhistle, Northumberland	1:51:42	1:51:01
417.	1456	Chris Robson	m	Veteran 70	U/A St Bees, Cumbria	1:52:26	1:51:32
418.	1313	Gina Scorer	f	Lady Veteran 40	U/A Durham, Durham	1:53:37	1:52:49
419.	1161	Sue Smith	f	Lady Veteran 40	U/A Morecambe, Lancs	1:53:39	1:53:05
420.	1117	Fiona McAuley	f	Lady Veteran 50	U/A Manchester, Greater Manchester	1:54:17	1:53:37
421.	1115	Clare Crawford	f	Lady Veteran 50	U/A Altrincham, Cheshire	1:54:27	1:53:47
422.	1184	Mary Moden	f	Lady Veteran 40	U/A Hyde, Cheshire	1:55:29	1:54:38
423.	1389	Julia Kidd	f	Lady Veteran 40	Unattached	1:55:31	1:54:37
424.	1231	Anne Kirkwood	f	Lady Veteran 40	U/A Glasgow, Scotland	1:56:15	1:55:24
425.	1292	Tira Moore	f	Lady Veteran 40	U/A Durham, Durham	1:56:34	1:55:46
426.	1401	Dawn McLean	f	Lady Veteran 50	Women On The Run	1:57:23	1:56:40
427.	1118	Christine Fildes	f	Lady Veteran 50	Nics Nordic Walks	1:57:50	1:57:08
428.	1114	Karen Braddon	f	Lady Veteran 60	Crocwalkers	1:57:52	1:57:10
429.	1381	alison buckle	f	Lady Veteran 50	U/A huddersfield, west yorkshire	1:58:55	1:58:45
430.	1088	Chris Pearson	m	Veteran 50	U/A Grange Over Sands, Cumbria	2:07:25	2:07:06
431.	1089	Claire Pearson	f	Lady Veteran 40	U/A Grange Over Sands, Cumbria	2:07:26	2:07:08
432.	1193	Shonagh Pearsoon	f	Lady Veteran 40	U/A Wilmslow, Cheshire	2:12:52	2:12:07
433.	1203	Michelle Abernethy	f		U/A Wilmslow, Cheshire	2:13:14	2:12:30
434.	1201	Kelly Abbott	f	Lady Veteran 40	U/A Wilmslow, Cheshire	2:13:38	2:12:54

Number of records: 434